

GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

BOOK LOOKS

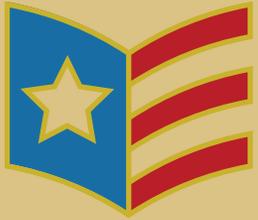


What's trending in 2019 yearbooks

> 2019 GLORIA SHIELDS NSPA MEDIA WORKSHOP

Gary Lundgren

National Scholastic Press Association/Associated Collegiate Press



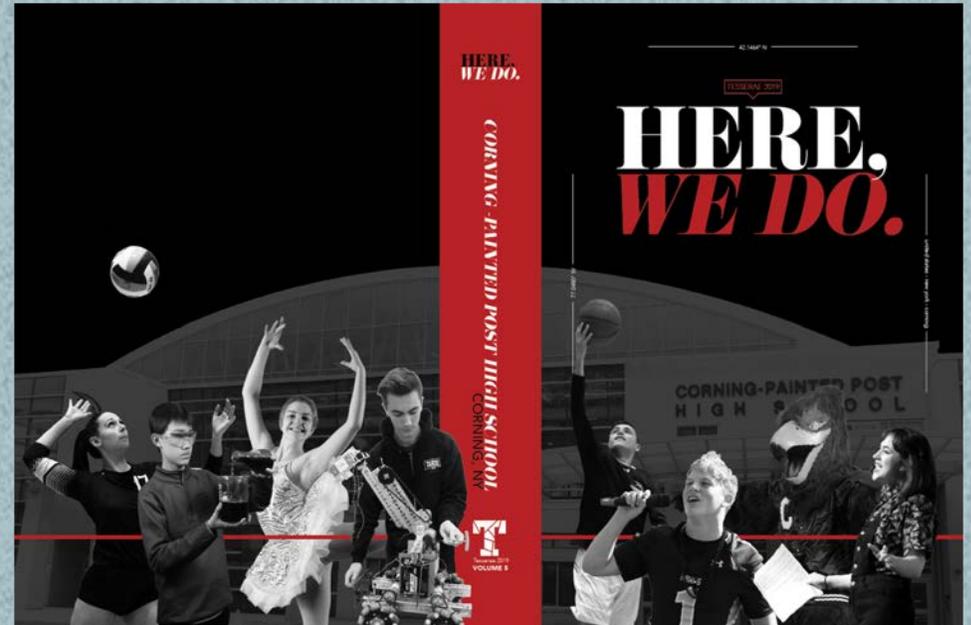
GLORIA SHIELDS
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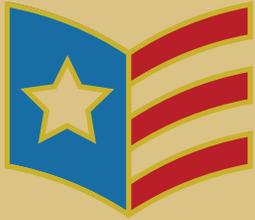
> COVER



> TESSERÆE

*Corning-Painted Post High School
New York*





GLORIA SHIELDS NSPA MEDIA WORKSHOP

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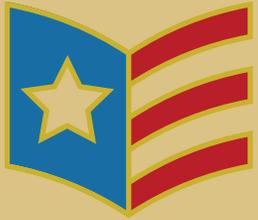
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Full Swing During the halftime show on Oct. 5, junior **Katlyn DiNardo** does a swing flag routine to the theme from 'Superman' with the Performance Band. "Here, it's different than if you were at a smaller school, because you have coaches who are really supportive of the kids and are willing to put in the time and effort. With a large pool of students, our sports teams are more competitive. Within clubs and groups like color guard, at a smaller school you don't have as many teachers to pull from. Here, you can find someone who is really interested in investing their time in the students—that pushes the students to become more involved and invested as well, when you have a teacher who's passionate about what they're doing." junior **Abigail Deneka** said.
photo by **Alexis Woodcock**

Cover (L. to R): Front - Justin Rodriguez (10), Adam Ziegler (12), Mo the Hawk, Jules Gillemot (12)
Back - Kaitlyn DiNardo (10), Wesley Wu (10), Frances Mack (11), William Boychuck (11)



GLORIA SHIELDS
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> OPENING 1

HERE, we do what others don't.

In our labs

Where we don't cure cancer, but Jerry finds ways to detect it much sooner.

By the river

Where we test our handmade airplanes in Aerospace and Engineering.

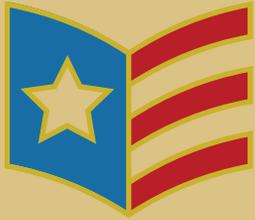
Sectional champions play
and robots go head-to-head
here, in the Field House,
where we dream
what others won't.

Should we continue to show up at
the pool at 6 a.m. for track practice?
I don't know, do you want
to beat your PR?

Of course you do.
Of course we do.



Groundbreaking Results After an extensive amount of research during vacation, junior Jerry Hou tests for biomarkers with the use of gold nanoparticles. "Over the summer, I was researching at Binghamton University with a mentor of mine and essentially we were testing for the presence of a biomarker in a solution," Hou said. "Based on how much biomarker is present, we can gauge how intense diseases throughout the body are, so we're working on detecting the side biomarker through nanoparticles."
photo by Alexis Woodcock



GLORIA SHIELDS
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WORKSHOP

004 **OPENING**
Thematic design by Kristin Hauptman

HERE, WE INSPIRE WHEN OTHERS NEED IT.

On the sidelines

Where we cheer on our teammates through the end of the game, even when we lose by 19.

In the theater

Where we perform 'Just Around the Corner' from 'The Addams Family.'

Should we continue to take care of others in our community? I don't know—did you see the overflowing boxes of donations for the food pantry?

Of course you did. Of course we will.

We may get lost in the halls on Freshman First Day (where's the B hall again?), but **here, we aspire to do more—to go beyond our fields and classrooms.**

On Market

Where we fuel our ambitions with over-stuffed burritos and iced coffee.

At Sullivan Park

Where we spend our summer coding for a Fortune 500 company.

In Orlando

Where we bump, set and spike our way to stronger bonds as a team.



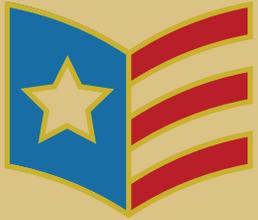
005

Sideline Support The girls varsity basketball team cheers from the bench at the game against Elmira on Dec. 13. "Overall, I would describe this season as fun and emotional considering that this is my last year playing basketball with a group of girls that I've played with since elementary school," senior Lauren Desjardins said. "This season was a lot of fun and I could always look forward to an eventful and exciting practice with the team and coach Tete Williams and coach Michelle Clark. Every practice brought a new memory that we could all share together and we could always joke around with each other and that made the season so much more fun." **photo by Megan West**

**SLEEP DEPRIVATION?
SNOW DAY SUPERSTITIONS?
SUNY SCHOOL VISITS
EVERY OTHER WEEKEND?**

Yeah, we do that.

> **OPENING 2**



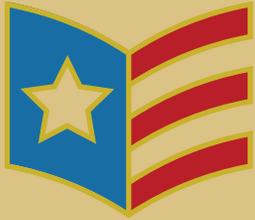
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Community,
education,
passion and
more—it's
what *WE DO.*



All in The Family The Addams Family ancestors and Morticia, played by junior Seika Dingel, perform the song 'Just Around the Corner' during the second act of 'The Addams Family.' 'Addams Family was very fun and felt like a real family. Everyone supported everyone no matter how big their role. Everyone felt like they brought something to the show,' senior Brandon Spaugh said. 'My favorite part was how together we all felt through the entire process and being around all my friends making memories together.'
photo by Sara Gamon-Munarriz

HERE.



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> DIVIDER

LOOK INSIDE.

That's where we find the drive
to take three art classes each semester,
The means to step into the sound booth
and combine four different visions into one song.

Inside, we think, struggle, dream.

Our inner strength gets us through those times
when we stay up until 3 a.m. finishing AP homework
and playing 'Fortnite' even though we have
two quizzes and a test the next day.

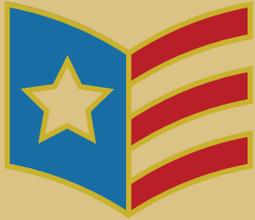
It gives us the confidence to spend a year
studying in a foreign country.

Inside, we find the courage to
come to terms with our sexuality
and trust our friends to accept us just the same.

It starts with us.

Record Time In the Music Production class' studio, senior **Maxwell Simpson** records a track during sixth period. "The studio gives students a space where they can create and be themselves," music teacher **Brian Ellison** said. "It brings down a lot of walls for the kids. They're creating for the same purpose—making music. These kids who might not give each other the time of day in the hallway are up there feeding off one another, collaborating, being supportive of what one another is doing. Sophomore **Benjamin Storbien** is a leader in that group, but he's also stepping back and showing the rest of them how to do it, which is pretty cool." **photo by Alexis Woodcock**





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Sparks Fly On the morning of Feb. 28, senior Isaac Andrews welds a piece of metal during his day on the BOCES campus. "I got involved in the welding program because it was something that I was interested in and I needed to figure out what I wanted to do in the coming years. I said to myself, 'Let's get into a trade and figure something out,'" Andrews said. "My favorite part about this class is that to me, it is a passion and an art, and you really get to like what you are doing. The more you do is the more skills you learn and you get impressed with yourself. It's something that you can't believe that you did." photo by Alexis Woodcock

What do we do?

On the BOCES campus,
We practice our welds four hours
a day, every day, so we can earn
our certifications.

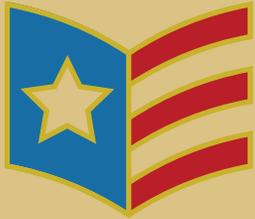
At the high school
We create in the Makerspace
and get extra help in the Learning Lab.

The future is happening here.

At CCC
Where we put in the work to
keep up with a full course load
and a full social calendar.

On campuses across the country
Where we envision ourselves sitting
in lecture halls and relaxing on quads.

Together, we create, innovate, do—
**WHEN WE'RE
ON CAMPUS**



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> DIVIDER

We go and we do.

At The Armory,
Where six of us are named
All-American at Indoor Nationals.

In Wales,
Where we exchange our everyday lives
for a year of new experiences abroad.

WE PUT OURSELVES OUT THERE

At CMOG,
Where we suppress our opening night jitters
so we can make it to the standing ovation.

In California and Boston,
Where we stay up for 46 hours straight for the chance
to audition for the top music schools in the country.

In Washington,
Where we join up with thousands like us
to march for the thousands that will come after us.

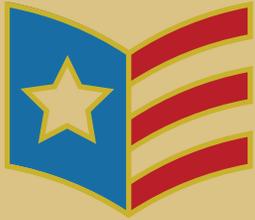
We go to Canada to perform with the band while others
band together in Albany to protect student press rights.

Out in the world we make an impact every day.

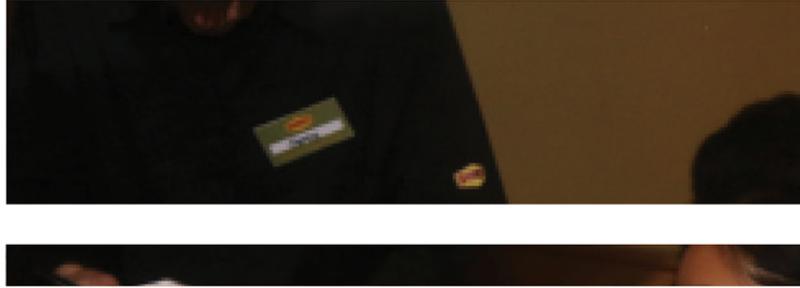
**Being here prepares us
to go out there.**



Mask Off In the finale of the 171 Cedar Arts story ballet "Phantom," at the Corning Museum of Glass, senior *Carolina Kelly Steele* dips senior *Jennifer Roush*. "I started dancing at 171 as soon as I moved here in first grade. I have been doing the story ballet for six years now," freshman *Laure Wentzel* said. "I think the show went pretty well, there wasn't anything that went wrong and it went as smoothly as it was supposed to go. I was a Spirit of Darkness. We were kind of like the bad characters, so we would come in whenever the Phantom came out and dance in the background." photo by *Alivia Jiang*



GLORIA SHIELDS
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77.1065°W

DENNY'S • PAINTED POST

DRAMA AT DENNY'S

reporting by Merica Griffin

Family dinner at the Painted Post Denny's is a tradition that the Drama Club upholds after every Friday night performance of musicals and plays, including this year's performance of 'The Addams Family'

1,954

Population of
Painted Post

912 FT

Elevation

1953

Year Denny's was
founded

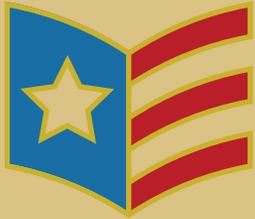
From crew to cast members, all Drama Club students are welcome at Denny's for an annual tradition after Friday night performances. Before arriving en masse at Denny's, senior stage manager Nicholas Reyeski had the job of organizing the late-night dinner. "I call Denny's and talk to their manager and tell them approximately how many people are going to show up and how long we're going to be there. I don't think I've ever called and they've been upset or said 'no,'" Reyeski said. "'Addams Family,' in particular, left me a little frazzled because our theater director, Bryan Kelley, paid out upwards of \$800 for everyone. That was very interesting to have somebody dish out that much money for Drama Club. He said that he wanted to give back to all of us amazing kids." ▶

Family Dinner As the night proceeds, seniors Deserae Shepard, Cassidy Owens-Kashorek and Sophie Szutkowski order food after the Friday night performance of 'The Addams Family.' "It was complete chaos. I don't even think it was about getting the food itself but about taking a breath after the show. We stuck around until 12 to one in the morning," senior Austin Parrish said. The show was directed by Dean of Students, Michael Hurd. **photo by Elizabeth Hogrefe**



42.5176°N

> JUMP
COVERAGE



GLORIA SHIELDS NSPA MEDIA WORKSHOP

FEATURE • PAINTED POST
Design by Kristin Hauptman

► "For 'Addams Family,' it was a really small cast, and it was the first time I have been in a show with such a small cast, so it was really nice to be able to connect with each other. It was nice to have a cast of like 30 people that you could become close friends with," senior Jennifer Roush said.

After going to Denny's, Drama Club members thought it helped connect the cast and crew. "I am not exactly sure whether, in a positive or negative way, Denny's helped bridge the gap between actors and tech crew because, as we went on with the musical you get different bonds with different actors and techies along the way, so it really depends on the person," freshmen Alexandra Galligan said. "I think it was definitely a great way to get everyone together in a very stress free environment to just chill for once."

As a third year Drama Club member, junior Silas Weiland felt that Denny's closed the gap between cast and crew members. "Denny's is a place where we all can talk freely amongst each other, and that is really interesting," Weiland said. "I would say Denny's definitely closes that gap, or it really displays how small that gap is. When you are surrounded by all of your friends, it does not matter if they are techies or actors. We are all friends and just part of Drama Club."

After the Friday show, freshman Piper Holleran, a Drama Club tech crew member, made a musical connection to the club's past. "There was a guy that works there that was actually part of Drama Club back when he was in high school. He came over to the group and he had a little ukulele and he started singing songs to all the cast and crew members and that was really cool," Holleran said.

At the end of a two-and-a-half hour show, the theater cast was able to relax in the seats of Denny's. "There is an equal amount of chaos in both Denny's and the theater, but it's definitely louder in Denny's. It's way more relaxed because it's after the show so everyone is way less stressed out," senior Felicia Lash said. "This year has been a lot more chaotic than other years, so getting to relax after the show is nice. It's something we do that makes us a family."

Some members of the cast and crew continued the night after Denny's. "I think that Denny's is really a lot of fun. It's like a pre-cast party because you just did two shows, and it's a way to hype everybody up for the next two nights. It's another way to bond and have fun," sophomore David Maxim said. "Myself and six other guys



1. Techies in the Light After their three hour show, the tech crew sits together and converses while waiting for their food. "We all collectively find people we can carpool with so we head over there in a huge swarm," junior Seika Dingel said. "Even though things are stressful, milkshake machines are broken, and people's food comes at a wide variety of times, everyone is still very nice and polite." **2. Bon Appétit** At the Painted Post Denny's, the actors and tech crew look over menus while talking amongst themselves. "Everyone traditionally gets a milkshake every single time. We actually call ahead and they make a bunch of them for us so everyone can have one," senior Brandon Spough said. **3. Order Up** With many still wearing their show makeup, the actors and actresses put in their orders. "I don't mind going in my makeup because I want people to know I'm in the show," senior Deserae Shepard said. "I think this was one of my favorite Denny's experiences because I love the cast so much." **photos by Elizabeth Hogrefe**

actually went to someone's house after, so we stayed at Denny's until two o'clock in the morning, but then right after that we went straight to his house and played video games until 6 a.m. Then we all crashed and woke up and spent the whole day Saturday healing ourselves before the Saturday night show."



A SPOOKTACULAR SHOW

1. Mission Mariachi Dressed up in mariachi outfits, juniors Robert Kesterson, Matthew Reif, Otto Sutton and Alex Hoover march in the annual Painted Post Halloween parade. "My favorite part of the parade was seeing all the little children get excited when they saw us in our costumes," freshman Cathenne Santilli said. **photo provided by Robert Kesterson** **2. Mons-terrific** After a night of music and costumes, juniors Abigail Dejncka and Talia Christiansen pose for a photo. "It was really fun to perform 'Thriller' with all my friends, and dressing up in costumes is definitely the best part. Usually we all get together to get ready before the parade," Christiansen said. **photo provided by Talia Christiansen** **3. Honey I'm Home** Greeting each other with a hug, juniors Jenna Case and Elizabeth Tucker show off their 'Winnie the Pooh' costumes. "This was one of my favorite parades because it's very relaxed and we get to dress up in our costumes instead of playing in our normal uniforms," Tucker said. "It's also one of the first parades of the year and gets everyone ready for the season." **photo provided by Liz Tucker**



HISTORY HAPPENED HERE

reporting by Laura Wentzel
The Painted Post Native American statue has been an area landmark for 125 years. Here are five things you might not know about THE Painted Post

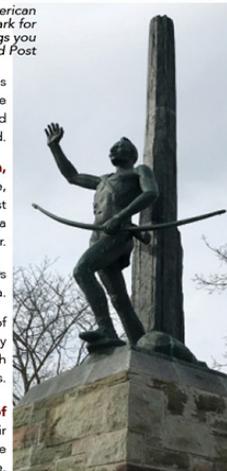
1 227 years before Twitter, Senecas used an un-painted post at the junction of the Cohocton, Tioga, and Chemung rivers as a message board.

2 According to local frontiersman, tavern owner and bridge-namesake, Benjamin Patterson, the original post marked the burial site of a Seneca chief killed in the Revolutionary War.

3 The post was painted in the 1800s by the first white settlers in the area.

4 The fourth generation statue of Chief Montour that is standing today was sculpted by a Painted Post High School art teacher in the 1940s.

5 In 1950, the schoolchildren of Painted Post donated their pennies to help pay for a stone base for the new statue.



Denny's, Madelyn Beale, The Painted Post, Halloween Parade

GIFT FROM ABOVE

For sophomore Madelyn Beale and her family, Sunday night youth group at Immaculate Heart of Mary RC Church is an important part of their week reporting by Kaitlyn Williams

"I've always grown up going to Sunday school, so going to youth group is very normal to me. I really like it because it's on Sunday night, so it's a good way to end the weekend and start the next week. A lot of my friends are there so we get to hang out and talk.

"We start off by having the first 15 minutes in the game room, playing ping-pong or things like that. Then, we go into the main room, and that's usually where our lesson is. We talk about the Gospel and things like that. We also have snacks and usually end the day by going over to the church for adoration for the last 10 minutes.

"When I moved here four years ago, youth group was at Rogers Hall, next to Immaculate Heart. I like it there because it is right next to a church so we can go in there for adoration. There's also a TV game room, which has ping-pong and pool tables, and a bean bag room there—it has everything.

"Rogers Hall is where my mom became the youth minister. It's pretty weird because my mom is running it, but I try to make the best of it. I am always making jokes about it and she's always making jokes about it. Everybody knows so we're used to it.

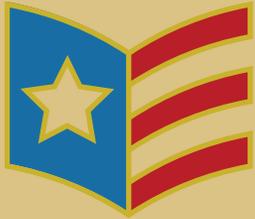
"I like the socialization aspect of it. Not everyone comes every week and there's different people that come each week. I like seeing everybody there. It's a nice way to learn new things because you are surrounded by all your friends.

"Youth group is meant to be fun and different. It's less like a class, which is nice and it's a place you can go to if you want to know more about God. If you went to slowly learn about it or are interested in it, it's a good place to be."

Madelyn Beale, 10



> JUMP
COVERAGE



GLORIA SHIELDS
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it's electric

reporting by Sofia Buduchina

Why did you decide to purchase a Tesla?

"First thing is, I am a technology-lover, so if there's something new I want to try it and be one of the first ones to do it. Secondly, I am also a 'tree hugger.' I try to bring my own water bottle everyday and try in every way I can to help the environment. I would say a Tesla helps me keep that mindset going because it pollutes less than typical cars."

How do you fuel your car?

"I just plug it in. Let's say my battery is at zero, it will take eight hours to fully charge with the charger I have at home because mine is not a supercharger. It charges enough to drive 308 miles, and if using a supercharger it would only take two to three hours to fully charge. How long the battery actually lasts though depends on a lot, especially the weather. Like if you have the air conditioning on or heating it will make the distance it goes vary, since that uses some of the energy."

What is the best part about your Tesla?

"The ease of using it and how it's all digital. The pickup is really smooth, so after I stop and have to pick up and go, I barely feel it. Like BMW also has a quick pickup but it's not as smooth as the Tesla, since it's electricity so it just goes. Everything is digital, and really simple. The dashboard is just a monitor, and a steering wheel, of course. Air flow and music is all adjusted on the monitor."

Do you think a Tesla is a good investment?

"Yes, I think it's a good investment because the car ride that used to cost me like 20 dollars to go to Rochester and come back now costs me about six dollars, so now the price is a fourth of what I spent before. A Tesla has a small carbon footprint too, and is very economical for long distance trips, in my opinion."

Jayasree Mangalagiri, Math Teacher



Looking Sharp In the school parking lot, math teacher Jayasree Mangalagiri poses with her new Tesla. "My family was all over it. It took about a year and a half to actually get the car. They took too long to deliver it so my daughter and I ended up going to NYC to pick it out ourselves," Mangalagiri said. **photo by Rob O'Dell**

> SECTION
DESIGN



1. Listen up Ladies During a timeout in the basketball game on Dec. 13 against Elmira, the girls varsity basketball team receives advice from coach Tate Williams on what play to run next.

"During a game, to keep my energy up, we have this thing with Sara Gamen-Munantz where we would jump and high-five each other during warm ups," sophomore and JV player Elif Can said.

"Also, before the game would start, we'd go into the locker rooms and coach would give us a pep talk, which helps to keep my energy up." **photo by Alexis Woodcock**

2. Who's Open? After receiving the ball, senior Emma Webster looks for a teammate to pass to. "Before tournament games I eat bread, cereal or vegetables, which are all rich in complex carbohydrates," junior Anurshi Bhandari said. **photo by Brooke Yorke**

3. Let's Go Team Stepping around a Horseheads defender, sophomore Kalee Faulk goes up for a layup. "Before game and tournament days I usually try to get about eight hours of sleep like what's recommended," senior Erin Terwilliger said. "Eating at the start of the day really helps and is very important to feel well and do you good in the games because it brings up the energy." **photo by Megan West**

4. Tunnel Vision In a game against Binghamton, senior Kenna Newman looks for a teammate to pass to. "Before games I tend to eat pure eucalyptus leaves," sophomore Sophie McNamara said. "Before, I would eat an eucalyptus asparagus mixture. That wasn't good enough. Now I eat only eucalyptus and I'm all the better for it." **photo by Nicholas Jubilee**



PEP prep

reporting by Ella Perry
Before the start of each football game, the JV and varsity fall cheerleading teams fuel up mentally to get ready for their performance

"TO MENTALLY PREPARE FOR MY PERFORMANCES I MAKE SURE THAT I'M HAPPY WITH HOW I PRACTICE BEFOREHAND, LIKE HITTING ALL MY STUNTS WITH THE MUSIC."

— Makayla West, 10



Cheer This At the pep rally on Oct. 5, the JV and varsity fall cheerleading teams perform their routine. "In order to get our jumps ready we do partner stretches," junior Jewell Dickerson said. "We have a partner and they push down on our back to make sure we are going down all the way in our splits." **photo by Alexis**

reporting by Ella Perry CAFFEINE CRAZE

Whether it stems from an addiction or a lack of energy, reasons for drinking coffee throughout the day vary between students. "I bring in coffee every day. I make it at home because I don't want to waste my own money getting it at Dunkin' Donuts every day. Coffee helps me focus during class. I tasted my first sip of coffee when I was little and I didn't like it at all, but now my favorite flavor is caramel." **Kalea Faulk, 10**



Dunkin' For Days As junior Emily Ormsby waits for the morning bell, she drinks an iced Dunkin' Donuts coffee. "Caffeine is the best thing because it gets me hype for school," freshman Trinity Ford said. "If I didn't drink coffee before school I would probably fall asleep; I drink it every school day." **photo by Merica Griffin**

"I get my coffee from my house and sometimes in the media lab. Coffee helps me for school because if I don't drink it I get a killer headache because I am addicted to it. I started drinking it when I was 13 and I drink it every day now." **Matthew Snapp, 12**

BEFORE GAMES:

"On tournament days I usually wake up at around 6 a.m. because most of the time we have to be at the school by 7 a.m. or 7:30 a.m., depending on where the tournament is and what time we have to be at the location of our first game. Normally, on game day I try to eat a lot of carbs in the morning like bread, so that I have energy for the game. Before games, I always feel nervous, so it is important that I am full and have a lot of energy to get through warm ups and the game." **Aaryaa Donthu, 10**

"I usually eat toast with peanut butter and sliced bananas on it on days that we have tournaments. This helps me before the first game because it has protein, potassium and carbohydrates, which I think are all very important prior to a game. It also makes me feel light on my toes because it's not a huge breakfast; it's simple, but gives me enough energy to play." **Emma Webster, 12**

DURING GAMES:

"I prefer to drink water during my games, because I think that it is the best way to stay hydrated, and I am not a big fan of all the sugar in certain sport drinks." **Kenna Newman, 12**

"To stay hydrated during the games I like to drink Powerade to get the electrolytes to me. Besides that, I drink a lot of water to just stay hydrated in general." **Stofany Booker, 10**

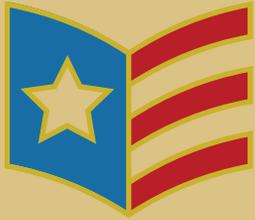
IN BETWEEN GAMES:

"During a tournament, usually if we've been sitting around for a while, we will stretch and do different exercises to warm our bodies up, like jumping jacks or other exercises. If we see that there are extra basketballs available, we will practice ball handling drills and other types of activities like that. Practicing our ball handling skills and other skills helps us to do better in the game because not only our bodies are warmed up, but our skills are too." **Madigan Wakefield, 10**

"We usually only have one game, but sometimes when there is multiple games it's tiring. Having morning games is hard because we are used to sleeping in before the tournament because of break, so we usually wake and pump ourselves up by playing loud music in the locker room, and just getting ready for the game. Music helps loosen us all up and gets us excited and hyped up for the game." **Lauren Beall, 12**

SNACK ATTACK

With tournaments lasting all day, the girls JV and varsity basketball team members eat, drink and do various things to stay energized throughout the day. **reporting by Nicholas Jubilee**



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> JUMP
COVERAGE

76.9603°W

FIRE HOUSE • BEAVER DAMS

IT'S GETTING HOT IN HERE

reporting by Alyssa Tenny

Firefighters that volunteer at the Beaver Dams and Hornby fire departments see firsthand what it takes to serve their community

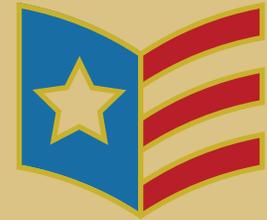
4,741	EST. 1826	111
Total Population	Hornby	C-PPHS Students

P Actively refuting the stereotype that teens are lazy and disengaged, student volunteers at the Beaver Dams Volunteer Fire Department risked their personal safety for the sake of helping their community. "I love to help people and the idea of being a volunteer firefighter is that I'm helping people for free," freshman Ashley Willis said. "I don't really get anything out of it and I don't really want anything out of it except the pleasure of helping people."

Until volunteers turned 18, or 16 in some departments, they were junior firefighters and had some restrictions on what they could and couldn't do. "As a junior firefighter I am only allowed to go to brush fires and tree downs," senior Alisa Willis said. ▶

It's a Family Thing For over a year, senior Joshua Brockway, sophomore Concetta Brockway, juniors Ross Hall and Alexander Barber and senior Michael McChesney have been volunteering at the Beaver Dams Fire Department. "It was kind of scary riding in the fire truck for the first time. Your adrenaline is pumping but then you're like 'I'm ready for this and nothing can hold me back,'" Barber said. **photo by Alexis Woodcock**





**GLORIA SHIELDS
NSPA MEDIA
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► “We can use the Indian Packs—a backpack full of water—to hit hot spots in brush fires. For tree downs, we move the branches that have been cut up.”

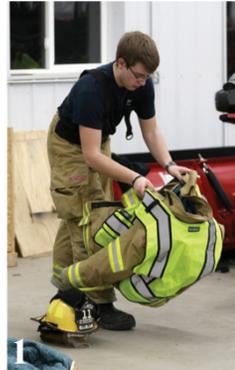
As firefighters, the volunteers had to learn how to save other people and also themselves through required classes and trainings. “The craziest thing that I’ve had to do would have to be my previous class, which was ice water rescue,” junior Alexander Barber said. “They cut a hole in the ice and you have to self-rescue yourself once without ice picks and once with ice picks.”

Every year, the fire departments put on the Harvest Festival and Trucker Treat at the fire hall on Halloween. “We have these firefighter games, where they have the hose and they have to shoot a ball. It’s two fire departments against each other and whoever gets the ball to the other side wins,” Ashley Willis said. “It’s crazy because everyone gets soaked and there’s a lot of yelling ‘higher, lower, just right, keep it there.’”

Firefighting wasn’t all fun and games though; they had to learn to deal with losses of fellow teammates and their families. “Losses are very hard,” sophomore Jeremy Willis said. “We have pastors come in every once in a while, especially with big emergencies. We’ve lost a lot of people. There are some very sad things that we have to go through.”

Firefighters did what they could to help those in need. “There are some people that you might not deem worthy of saving, but as a fire department, you can’t think as yourself, you have to think as a community. There are some people you don’t like, but you have to save them just as quickly as those you do like,” Jeremy Willis said. “I keep emotion out of it. I just think, ‘ok, this person is going to get hurt if we don’t get them out, we’ve got to get them out.’”

Being a firefighter came with many responsibilities and they had to know what they were able and unable to do. “My first structure fire was nerve wracking because I didn’t know how bad it was. The family lost everything but photos. It took from 2:30 p.m. to 6:45 p.m. to put the fire out,” junior



Mackenzie Wakeman said. “The most challenging thing is when I’m in school and we get a call out and I can’t respond.”

The unique experiences of the student volunteers fostered closer relationships amongst them. “When you’re looking death in the face, it’s amazing how close you get to people,” senior Joshua Brockway said. “Everyone in that department is like a brother or sister to me.”

reporting by Cerena Crowl

QUAD squad

Whether it’s helping out on his family’s farm or spending time with friends, freshman Michael Bonham finds many uses for his ATV



“I got my first ATV when I was four. Once, I was going too fast when I was six and I turned too fast and I rolled over four times.

“My favorite part about riding is going all over and having fun. I have friendly competitions with my friends such as freshman Trevor Minarovich and I ride every weekend with my cousins. Whoever goes the fastest and doesn’t wreck wins.

“I taught myself how to ride. Watching all of the adults do it made me interested in riding. My least favorite part about riding is that you have to fix the ATV when it breaks and when you are stupid with it, then you have to fix it a lot. I stuck with riding because it’s something that I find fun in and something that I can do outside of school.”
Michael Bonham, 9

1. Suit Up To maximize speed and accuracy, junior Ross Hall practices for an emergency call. “We learn the basics we need like how to use the jaws of life, make sure we know our gear inside and out and that we know where everything is on the trucks,” Hall said. “It took me three or four months to get comfortable with all of the gear.”
2. Playing with Fire During their training, junior Alexander Barber and seniors Michael McChesney and Joshua Brockway practice putting on their air packs. “I joined because the other members of the fire department are nice. It’s important to me because I do it with my brother Joshua,” sophomore Concetta Brockway said. **3. Locked and Loaded** As Deputy Chief Kirk Smith instructs them, the crew locks their face respirators into place. “On training days, which is Mondays, we usually do truck checks for the first hour, then go through some training. We do some medical, some hose training and some other fields,” senior Alisa Willis said. **4. This Girl is on Fire** At a Monday training, junior Mackenzie Wakeman practices putting her gear on and taking it off efficiently. “My best memory is telling my grandpa that I wanted to do it and ending up doing it,” Wakeman said. “He was very proud because he was a member.” **photos by Alexis Woodcock**



HUNTING grounds

reporting by Alyssa Tenry

Here are the top five hunting tips and need-to-knows from freshman Austin Fritsch, junior John Landolf and senior Michael McChesney

Know the Best Places to Look for Deer
John Landolf, 11: “The deer make the spot perfect, find a cornfield and sit right there—it’s your best bet. Deer like the cornfields because they are hungry and they go there to eat. Look for a good tree for cover and maybe a bedding spot. I sometimes use a tree stand that has good cover. Get a trail cam and put it on a tree to find the deer. We have a specific spot, it’s a tradition to go to the cornfield we go to. We’ve been going there for four years because I always get a deer there.”

Not Everything Happens as Quickly as You Would Like

Michael McChesney, 12: “I hunt to put food on the table, but you have to be patient and you have to have a passion for it. My least favorite things are the cold mornings. You just put your stand in a tree and hope to God—it is pretty much a game of luck. Watching the sunrise come up, watching the woods open up a little bit—it relaxes you a lot more.”

Let Someone Else Know Where You Are

Austin Fritsch, 9: “Always hunt with a partner. If you aren’t hunting with a partner, make sure people know where you are going. If you fall or get injured and someone doesn’t know where you’re at, you might sit there for days or you may die from a serious wound. Make sure no one is around while you are hunting and if there are people, make sure you know where they are at all times.”

Be Smart and Aware of Your Surroundings

AF: “Sometimes you are in a tree so you can see mostly everything because there’s no leaves in the trees. Make sure that if you are in a tree stand you are wearing a harness. You have to make sure in the hunting course you take you learn how to take in your surroundings. It’s important to know your surroundings before you do anything and be aware while hunting.”

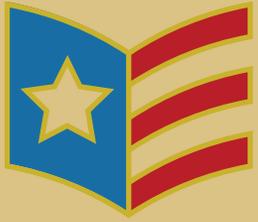
Know Your Restrictions and Safety Laws

MM: “Make sure you use your safety at all times, and that you know the laws so you don’t go to jail or hurt someone. When hunting, I don’t load the gun until I’m ready to go so I don’t have to worry about it falling out of the tree stand and shooting me in the face. I make sure I follow the rules by not doing anything stupid with it.”



1. It Takes Two After hunting, freshman Austin Fritsch and his friend Dale Beers stand proudly beside the day’s kills. “Hunting is all-around a good sport,” Fritsch said. “My favorite part about hunting is getting out in the woods, sitting there, sometimes with a family member, and having a good time.” **photo provided by Austin Fritsch**
2. Early Bird Gets the Worm In his hometown, senior Michael McChesney poses with a doe he shot with his father. “My favorite part of hunting is watching the sunrise,” McChesney said. “My best memory would have to be the second day of hunting season this year, I shot an eight point. Then my dad came out in the afternoon and we smacked a doe. It was pretty interesting trying to get that deer out of the woods.” **photo provided by Michael McChesney**

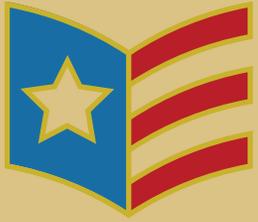
> **JUMP
COVERAGE**



GLORIA SHIELDS
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- > *Concept-driven sections*
- > *Dynamic theme copy presentation*
- > *Fewer images, large dominant photos*
- > *Detailed contents listings*
- > *Jump coverage*

TRENDING



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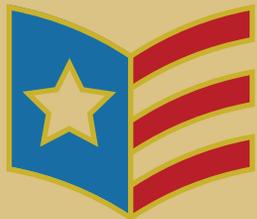
> COVER



> **SAGA**

*Loudoun Valley High School
Virginia*





GLORIA SHIELDS
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LOUD AND PROUD At the Homecoming pep rally, Jake Jones, Trent Dawson, Antwoin Stokes, Caleb Smith, Kathleen Grupe and Eva Swartz cheer with other juniors in a competition for who can be the loudest class. "The pep rally is a time for the junior class to mop the floor with all the other classes, and then get cheated out of a win," Caleb said.

LOUDOUN VALLEY HIGH SCHOOL
340 N. MAPLE AVE.
PURCELLVILLE, VA 20132

STUDENT POPULATION

FRESHMEN 342
SOPHOMORES 335
JUNIORS 347
SENIORS 335
TOTAL 1359

CONTACT

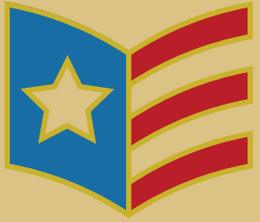
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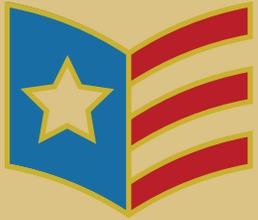
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GLORIA SHIELDS
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WORKSHOP

KEEPING IT
REAL
ANYTHING BUT
SIMPLE
DARE TO BE
DIFFERENT

> ENDSHEET



GLORIA SHIELDS
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REAL

THE FIRST DAY OF SCHOOL WAS LIKE ANY OTHER. YOU WALKED IN, blending with the freshmen struggling to find their way. You talked to your friends as you headed to Mr. Bailey's homeroom where you found your seat, Bailey took attendance, and then Ms. Ross came over the loudspeaker and asked "hallways, classrooms and offices alike to please pause for just a moment of silence." Then you went to your first class of the day. You wove your way down the itty bitty language hall and through the bustling mixing bowl to Ms. McConnell for "COWQLUS," and last to Mr. Reeves, where band students hung out, chatted and played music.

Simple

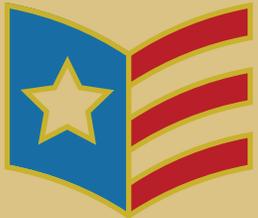
THINK BACK TO WHEN YOU CAME IN ON ANOTHER SEEMINGLY REGULAR day, and Bailey announced you couldn't go see teachers because there was a presentation about how PRIME was changing and that the school was also trying to go paperless. He then reached into a box and pulled out the new, county-distributed Chromebooks. Maybe it was then that you realized that life here wasn't so simple, especially after the senior cabinet and administrators brought in new furniture from the Chick-fil-A in Leesburg and scattered them across the school to make it feel more "homey."

DIFFERENT



PULL YOUR WEIGHT During Wellness Wednesday, James McClelland, Anis Ayouch, and Grant Strickland compete with and against their peers in a game of Tug-of-War. "My friends and I were excited to get on the field so we could redeem ourselves from our last loss," James said.

> OPENING 1



GLORIA SHIELDS
NSPA MEDIA
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I've known many of my bandmates for years, and we've all developed close bonds. This helped set us up for success, but as a drum major I had to learn what I could and couldn't control. We do everything we could to set ourselves up for success, but at the end of the day it's up to the individual.

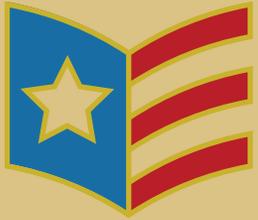
Bella Burgess

Chemistry has expanded my mind and my thought process more than I ever could have imagined. I have Mr. Dawson to thank for that!

Bailey Kuhn

It's important for the team to have a strong bond because it's those bonds that makes the team stay close whenever there is rough times on the team and it makes victories even better, too.

Noah Peterson



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



Blowing up the balloon was so hard! My favorite game at the pep rally was scooter soccer, that was the most interactive one. I got really nervous to be a part of the homecoming court because that meant I had to be in front of the whole school, but I focused on just having fun and making it a good high school memory.

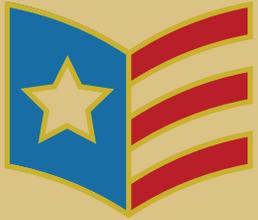
ERICA ROLAND

I was so excited leading up to Homecoming because it's my first year in high school and I've never been apart of something like this before. My friends and I were all excited about spirit week, and we celebrated by dressing up in all the costumes for spirit week, and then when Homecoming finally came, it was so fun to see everyone all glammed up!

ALISON PIKE

Getting ready for the show is crucial to a good performance. Starting with a bare face and slowly putting on the makeup helps me, as an actor, slip out of reality and into my role.

BRYNN LACKY



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

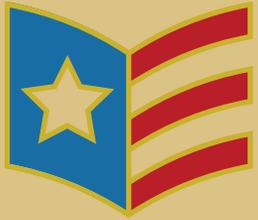
This pep rally was different because the homecoming court was only seniors. Instead of competing as individual couples, we often competed as teams. This didn't seem as competitive because the underclassmen didn't have a couple to cheer for like they normally do.

SADIE GRANT



CHRONO

- 10.....SUMMER
- 12.....HEY DAY
- 14.....WELLNESS WEDNESDAY
- 16.....WE'RE ALL HUMAN
- 18.....PROFILES
- 20.....POWDERPUFF
- 22.....HOMECOMING
- 28.....PROFILES
- 30.....HALLOWEEN
- 32.....DRAMA CAMP
- 34.....NHS INDUCTIONS
- 36.....EARTH SCIENCE TRIP
- 38.....HOLIDAY ASSEMBLY
- 40.....PROFILES
- 42.....TECH ED
- 44.....SPIRIT DAYS
- 46.....VALENTINE'S DAY
- 48.....REHEARSATHON
- 50.....PROFILES



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> SECTION
DESIGN

24 HOUR RELY JAMAICA MISSION TRIP, VIKING FEST

SUMMER REMINISCING While sitting with her teammates, Faith Crosser shares stories about her summer. "The 24-hour relay is so special to all of us because it's a place where you build so many bonds as a team," Faith said. (photo by G. Seanner)



VIKING ENDURANCE Different runners wore the Viking hat and beard during the adult v. athlete relay. Noah Peterson tries them on after the relay. "I personally love this event because of all the memories you make and the fact you get to be active for 24 hours straight," Noah said. (photo by A. Garber)

HEATIN' IT UP Early in the morning, Ben Musman runs at 6 a.m. to support cross country and raise money for the team. "It was very hot, but as it went on it became cooler and more fun," said Ben. (photo by A. Garber)

REACH FOR IT At the relay, Joe Demonte, Kellen Hassalo and Jacob Hunter play keep it up with their teammates. "The ball was a little out of my reach so I went for it with my foot," Joe said. (photo by G. Seanner)



NEW YEAR
NEW CLASSES



VIKING FEST Alyssa Hassan, Madison Santmyer, Cara McDuffie plus Cythia Ruelas, and Mackenzie Shore pick up and hand out schedules for the upcoming school year. (photos by P. Schaaf, N. Walker)

JAMAICAN A
DIFFERENCE

Students spend a week in Jamaica helping to build a home for a family in need.

INTERNATIONAL BUILD While in Jamaica, students spend time at an infirmary reading and singing with patients. "The people we met, from the 3-year-old to the 80-year-old residents of the infirmary, had a huge impact on each of us," Julia Singh said.

THANKFUL SMILES To be used in the foundation of a house, Caroline Bolen and Madi McDonald pass bags of gravel down the line of helpers. "We did this by hand because they didn't really have large machinery like we do in the US," Caroline said. (submitted by C. Bolen)



KEEP
IT
MOVIN'

THE CROSS COUNTRY TEAMS TURN UP THE HEAT FOR 24 HOURS AUG. 10-11.

Is it work or is it play? Actually, it's both.

At the fourth annual cross country 24-hour relay, runners finished exhausted but ready to begin the season with new and old friends. "I love getting to know all of my teammates and getting to know all of the transfers and freshman," Mandy McGroddy said.

At the relay, team members ran a mile at a time, in groups of four, around the track. Then they handed batons off to the next group. This routine cycled uninterrupted for 24 hours, with athletes running a mile approximately every three hours.

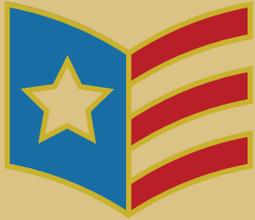
Between miles, the teams bonded while playing soccer, corn hole and other games. Some played cards and talked about a long summer of training. Some trained in small groups and with such a large team this helped team members get to know each other.

As a special activity, Purcellville's Mayor Kwasi Fraser and his staff raced a team of coaches, a team of parents and a team of alumni in a 4x200 meter relay. In the end, the coaches won. The alumni wore a Viking hat and beard instead of passing a baton.

Team members sold tickets at the event and raffled off donated items. "The relay raised money for the team to use for away meets, equipment and new uniforms," Sydney Dehler said.

For most of the team, the fun started when it got dark. "The best part is running in the dark. It felt so much faster and so different than running during the day. My group and I just loved the feeling it gave us," Cate Dowden said.

Members ran their third or fourth mile at 3 a.m. Some began the mile in the dark and ended in the light but when the clock hit 24 hours, runners headed home.



GLORIA SHIELDS NSPA MEDIA WORKSHOP

> PROFILES

TWIN CREST PRODUCTIONS, SWEETS OF THE SEASON



TWIN CREST PRODUCTIONS



I got my first camera, then I sold it, bought another camera and eventually got my way up to a beginner DSLR. I shot my first video for a chocolate shop, and I got paid in chocolates. From there I just kept working. I asked a family friend if I could film their wedding, they said yes. I did that one for free as well. So it took a lot of work to end up actually getting paid.

It's interesting because my peers get a job where they get paid however much an hour, but for me, I have to put all this work in and I might not get paid. Sometimes I work during school, like I'm editing during a class or when I get home. I edit for five or six hours. Sometimes it can be really weird hours, and it's hard to distinguish my personal life from my work life. I try make time for both and not have one consume the other.

Right now I'm only doing freelance, and is when I get clients, I shoot for them, I edit for them. But, I just had an interview with this production company who I might be getting a full time job with. I will be doing an internship hopefully with them in May, that will be a full time job to really kickstart my career. In the future, I just hope to be my own boss and do fulfilling work.

 @Tyler Cadenas
 @TwinCrestProductions
 Twin Crest Productions
 <http://Twincrestproductions.com>

(photo by T. Cadenas; edit by A. Garbo)



SWEETS OF THE SEASON



Sweet treats started coming out of Catherine Slupe's oven eight years ago and hasn't stopped since. Her favorite desserts to make are cakes and cupcakes. Her menu includes sweets that often change with the season. "Cakes take the longest to make because you have to bake the cake, than let it cool, and then decorate it," Catherine said.

Catherine has saved all of her profits to put toward college. She plans to go into event and wedding planning. However, she plans to continue to bake. "When I share my baked goods it is like sharing a piece of myself. I am a real hands-on type of person, and I enjoy taking a few ingredients and turning them into something others can enjoy," Catherine said.

 @sweetsoftheseason
 @sweetsoftheseason
 www.sweetsoftheseason.weebly.com

(photo by A. Garbo; edit by A. Garbo)



HIGH STRUNG CLOTHING CO

One night my brother and I were driving home from Leesburg, when the idea of starting a clothing brand came up. It was going to be both of us, but I quickly realized he wasn't taking it seriously, so I ended up doing it by myself. Since middle school I have had an appreciation for fashion, keeping up with the latest sneaker releases and Supreme drops. I've taken three years of art, so I've learned some design skills, especially when it comes to cutting out magazines and designing collage graphics.

The brand is off to a good start. Between my first two drops, I've sold 27 products to 25 different people. Right now I'm focusing on getting it out to different areas and people, which is important in growing the brand. Also, I need to set up a more proper way of selling, probably through a website.

It's really cool to see people wearing and enjoying something you have designed. I've gotten experience in the clothing industry and learned about running a business. Also, it's something productive that I can do instead of wasting my time watching an excessive amount of Netflix and playing video games all of the time.

 @highstrungclothingco

(photo by J. Ross; edit by A. Garbo)



JOSH WALKER SINGS

With hopes of hearing his own song on the radio one day, Josh Walker's appetite for singing started more than four years ago. Josh had early memories of jamming in the car and singing but he became more focused on music after taking chorus in sixth grade. "It's really hard to get big in the music industry but I'm hoping I can hear one of my songs on the radio one day or something," Josh said.

In August 2017, Josh began posting videos to his Youtube channel which has now grown to over 36,000 subscribers. His first live performance was in school at last year's winter assembly. To prepare before he sings live, he does the vocal exercise he learned in chorus. He said sometimes before he performs he doesn't do anything at all, but he advises against that.

Josh's advice for someone who would like to get started with their music but is struggling, "Just do it. It gets so much easier once you start it and once you perform multiple times. My first performance was so nerve racking, in front of the school, but once I did it and it was over with it was a good performance and it gets easier each time," he said.

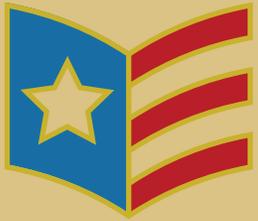
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 Josh Walker Sings

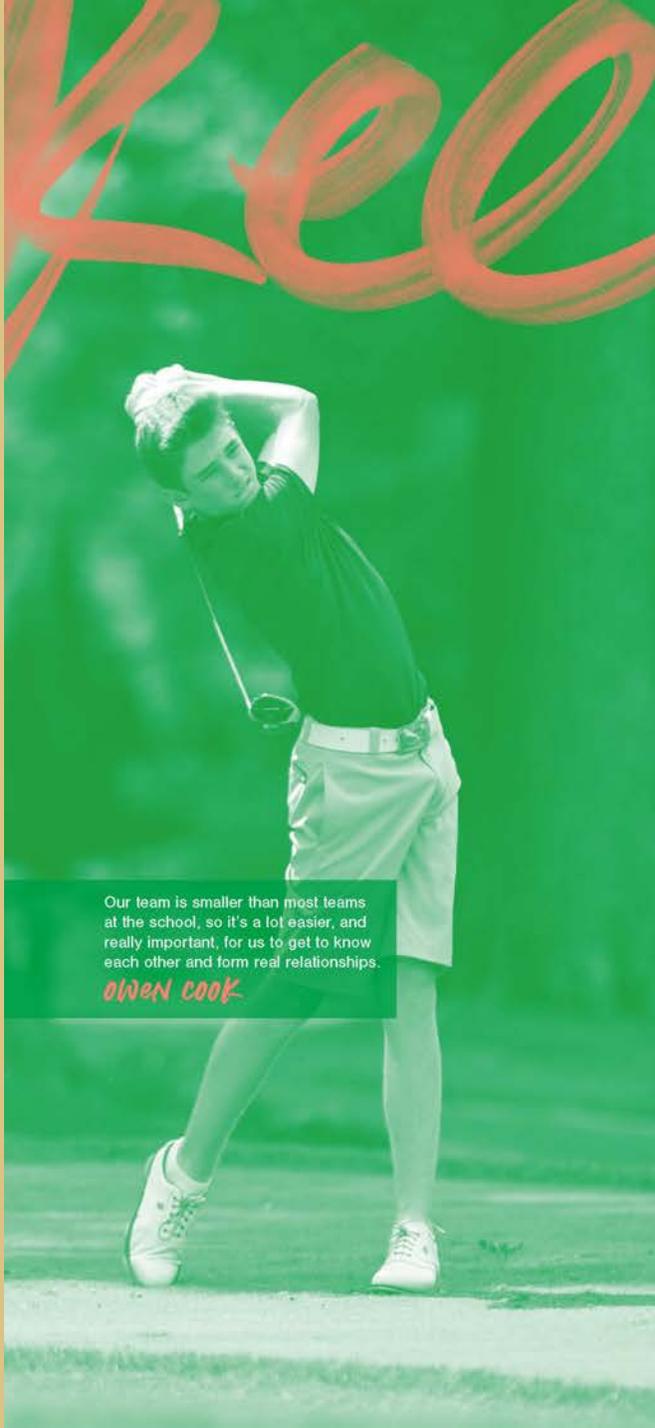
(photo by A. Garbo; edit by A. Garbo)

CHRONO SPORTS REFERENCE

HIGH STRUNG CLOTHING CO, JOSH WALKER SINGS

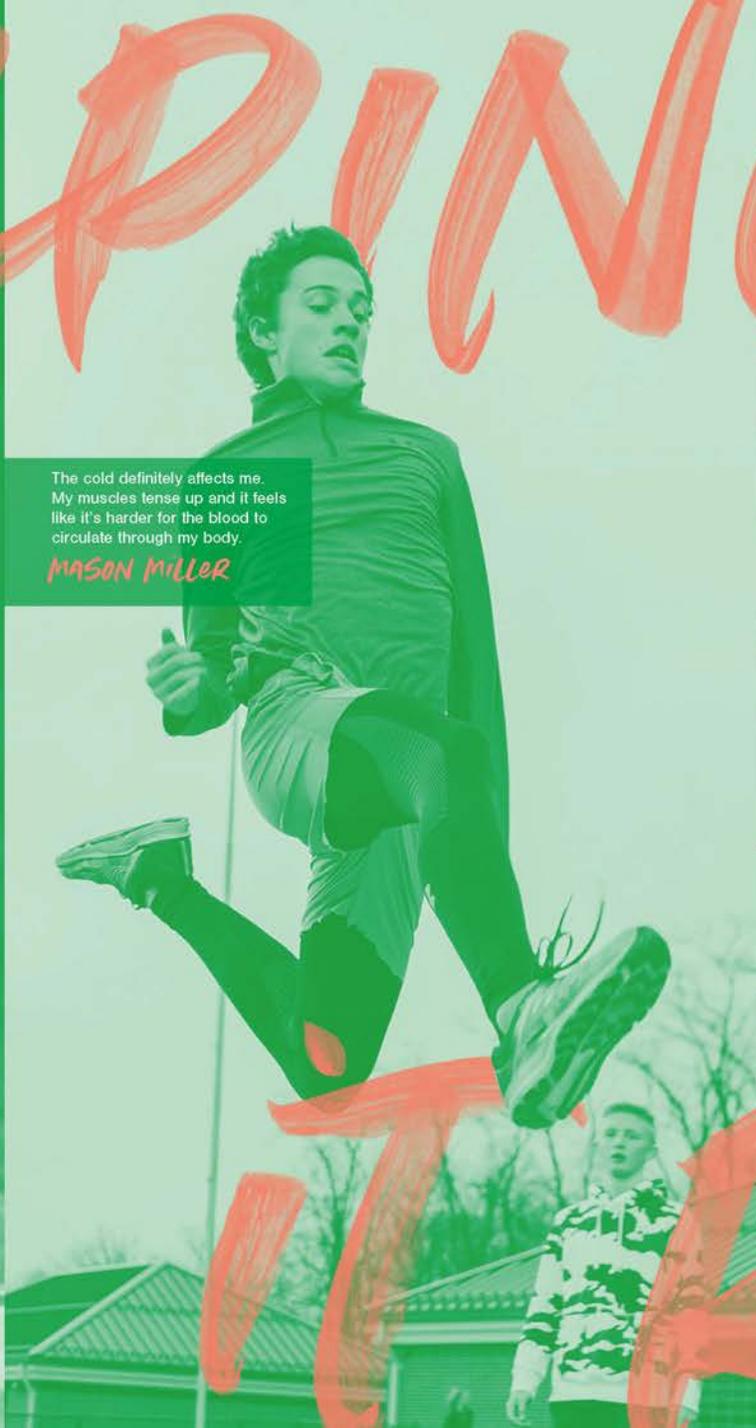


GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



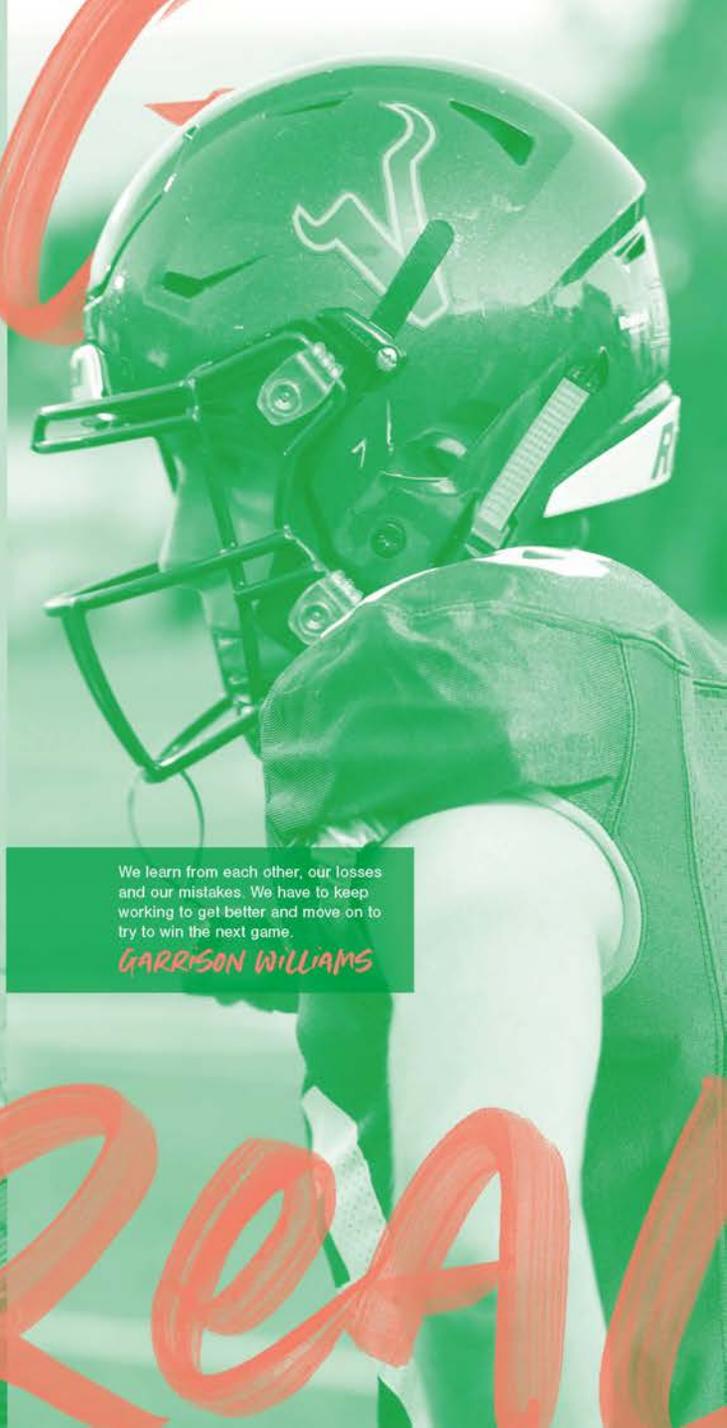
Our team is smaller than most teams at the school, so it's a lot easier, and really important, for us to get to know each other and form real relationships.

OWEN COOK



The cold definitely affects me. My muscles tense up and it feels like it's harder for the blood to circulate through my body.

MASON MILLER

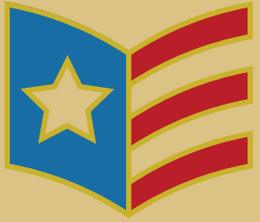


We learn from each other, our losses and our mistakes. We have to keep working to get better and move on to try to win the next game.

GARRISON WILLIAMS

> DIVIDER 1

KEEPING IT REAL



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



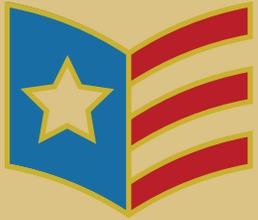
Our friend who was a powder-puff cheerleader last year now lives in Austria, so we did this routine for him. We had some new people, but most of us did powder puff last year, too, so the crowd expected an even better performance than our last one, which was challenging and fun.

DANNY GAFFNEY

The cheerleaders already had some experience working with each other, so it made it a lot easier to get things accomplished at practice. The boys were also more open to trying new things.

CASEY LANIGAN

> DIVIDER 2



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



Playing on a high school team has made me realize how high the competition is and how much harder you have to work to excel as an individual.

HENRY McLAUGHLIN

I usually listen to music before the game to pump me up and get me focused. As a team, we also do cheers and chants to get us excited and in the zone. I like to keep myself moving before any game so I'm ready to give it my all when I play.

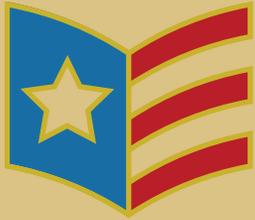
EMMA PICKERING

Playing on a high school team has changed me because it has helped me open up so much and allowed me to meet different people and feel more comfortable on the field. I was new to the sport freshman year, so being on a high intensity high school team has helped me learn the sport so much better.

ALLARY WHITE

SPORTS

- 58.....GOLF
- 60.....GIRLS XC
- 62.....BOYS XC
- 64.....VARSITY FOOTBALL
- 66.....VARSITY VOLLEYBALL
- 68.....FIELD HOCKEY
- 70.....JV/FRESHMAN FALL
- 72.....BAND/COLORGUARD
- 74.....PROFILES
- 78.....MANAGERS/TRAINERS
- 80.....BOYS VARSITY BASKETBALL
- 82.....GIRLS VARSITY BASKETBALL
- 84.....GYMNASTICS
- 86.....SWIMMING
- 88.....WRESTLING
- 90.....JV/FRESHMAN WINTER
- 92.....CHEER
- 94.....INDOOR TRACK
- 96.....SPRING SPORTS INSERT
- 98.....PROFILES
- 102.....REFERENCE



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> SECTION
DESIGN



PAR FOR THE COURSE

HARD HITTER In a game against Woodgrove, Baylor Lin drives the ball down the green. The team ended up losing by eight points. "This match against Woodgrove was definitely a really well-fought match between both teams," Baylor said. (Photo by Choi)

STONELEIGH

58

GOLF TEAM PLAYS AT LOUDOUN GOLF AND COUNTRY CLUB AUG. 9.

BAYLOR LIN

"Being on the golf team helped me improve my game tremendously since my first practice as a freshman. Through the team, I learned things about the sport I had never known before. As for this season, I improved a lot because being on the team encourages me to practice more so I wouldn't end up being the lowest scoring player."

MICHAEL MORGA

"My teammates are always there for me, if I have a bad round they lift me up and turn a bad experience into a good one, and my coaches are always there to help me through the mental side of golf, and help me find the positives after bad shots. Having a good time is the biggest highlight of playing golf with my friend. It doesn't get better than that."

BRANDON HARE

"The golf team means a lot to me because we're all really close friends, and we're pretty much a big family. Even the people who don't play in a game still come to support the rest of the team. In my future years on the golf team, I want to become even more successful, and I hope the team becomes even more successful as well."

REAL TALK  **UNDER PAR** When a golfer plays under par, they shoot a better score than what is the average score on the course.

 **SHANK** A shank describes a bad shot that a golfer makes that curves too far to the right.



OUR LAST SHOT

Team plays at Loudoun Golf and Country Club, celebrates Senior Night.

PUTT AROUND At a game against Dominion and Park View, Daniel Gardner hits the ball. "My first season on the team was a good experience because helped me figure out how competitive I have to be in my next three years on the team," Danny said.

TELL ME ABOUT IT In a match, Dillon Furr and Owen Cook talk about strategy. "Having a team is a crucial part of golf due to the fact that they're always there at practices, and they suggest new things that could help you," Dillon said. (Photos by N. Walker)



DRIVE IT HOME

New situations, different courses challenge Owen Cook.

A DIFFERENT SPIN In a competition at Stoneleigh, Owen Cook takes his turning teeing off. "I enjoy that there's a new situation every time you come back to play. It doesn't matter if it's your home course, or a course you play on vacation once a year. There's always something new and different about the game," Owen said. (Photos by Choi)



HARDER THAN IT LOOKS

Misperceptions, losses, and wins motivate golfers.

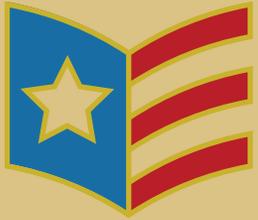
JOHN O'BRIEN Golf is a lot harder than most people think. You can miss the perfect spot on the club by two centimeters and the ball can go 20 yards in the wrong direction. It definitely comes with a lot of frustration, because having one bad shot or one bad hole can ruin your entire round.

JACKSON ELY After a win, everyone can't wait to get back on the course and win again. After a loss, we want to work harder so that we can win the next time and not make the same mistakes we made when we lost. (photos by Choi)

CHRONO SPORTS REFERENCE

GOLF STONELEIGH, LOUDOUN GOLF AND COUNTRY CLUB

59



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



I like to play music because when I get it right, it makes me feel like I'm not a complete failure.

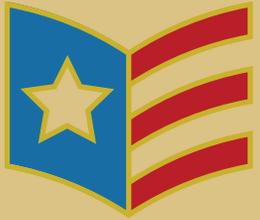
COLE SCHEFFER

Drama is inclusive, fun and energetic while still teaching people about theatre and bringing together an ensemble. It has taught me a lot about communication and theatre production as a whole.

SOPHIE STAPLETON

Makerspace has shown me how to work towards my goals. It's taught me that the harder you work, the better your product will be.

LUCAS BAKER



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



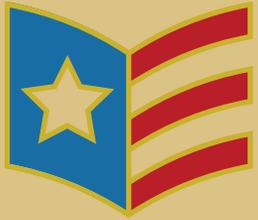
AND NOTHING

Music brings out emotion. It can be the words, the melody or the notes; when it is shared, differences in background, age or beliefs don't matter, and you are truly living in the moment.

DAVE MININBERG

BUT SIMPLE

> DIVIDER 2



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

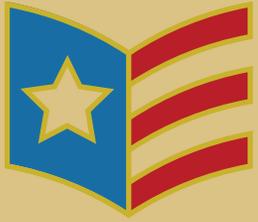


I'm kind of friends with my teachers that my mom is friends with, so I have people I can get food from when I'm hungry.

LILO BRANTHALLER

REFERENCE

122.....	SENIORS
136.....	ACADEMIC CLUBS
140.....	INTEREST CLUBS
146.....	JUNIORS
158.....	SERVICE CLUBS
162.....	CAREER CLUBS
166.....	SOPHOMORES
178.....	HONOR SOCIETIES
182.....	ARTS CLUBS
186.....	FRESHMEN
198.....	CO-CURRICULAR CLUBS
202.....	FACULTY
208.....	CLUB REFERENCE
222.....	BUSINESS ADS
250.....	SENIOR ADS
270.....	INDEX
280.....	COLOPHON
282.....	CLOSING



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> SECTION
DESIGN

ON THE PLACES YOU'VE BEEN, CHIATELLO - DAWSON

OH, THE PLACES YOU'VE BEEN

FROM TRIPS ABROAD AND IN THE U.S., TRAVELERS RETURN WITH T-SHIRTS, HATS AND MEMORIES.

"I went to **Puerto Rico** two summers ago on a cruise. My favorite memory was swimming with sea turtles. I also loved spending time with my family and seeing **different cultures**."
EMILY PONCIN

"This summer, I went to **Capetown** for two weeks. We went to the Cape of Good Hope, climbed Tabletop Mountain, and went on a **safari** at **Kwazulu**. We saw elephants, icons, cheetahs, rhinos and buffalo."
DAWSON CALVIN

"I really love the **culture** because everyone is really friendly. Whenever I think of **Pakistan**, all of these **memories** flood back and it makes me happy to think of going on vacation."
ALINA ALAM

"We went to see family near **Yosemite Park** when I was younger and went to the national park. We stayed in a really cool hotel and I loved it. During a hike we saw a **black bear** in a tree. I will never forget that trip."
SAM SANDER

"I went to **Liverpool** for my stepdad's 50th birthday. We went to a historical haunted house and I learned a lot about the U.K. My favorite place we saw was **Westminster Abbey** because it was aesthetically pleasing."
JAKE ROBIE

"I went to **Aruba** over the week of Halloween. My family has a time share there. We went to the beach and I would **play volleyball** in the water with everyone. My favorite part was going to Gianni's Italian food restaurant with my family."
JOE DEMONTE

"I like how relaxing it is at **Smith Mountain Lake**. I have a lot of fun tubing on the lake. Smith Mountain is my **favorite** place because it feels like a real vacation instead of a planned one."
JOELLE QUICK

"I travelled to **Madrid** and **Barcelona** during spring break. My favorite memory was walking on the streets on Barcelona because it was really pretty. I made **amazing** memories with my family, and I'm looking forward to going back."
GURLEEN BHATHAL



Jessica Chiatello
Jennifer Chicas-Gonzalez
Sophie Chisholm
Lukas Clites
Matthew Collier
Nathan Collora



Nicholas Conrad
Collin Cook
Andrew CorKrey
Page Costello
Benjamin Cower
Joshua Cox



Kassidy Cox
Noah Cox
Calli Craun
Zackery Cromwell
Stephen Crouse
Riley Crowson



Emely Cruz-Bonilla
Katherine Curtis
Jack Cutrara
David Cypher
Evan Davis
Trent Dawson



Joe De Monte
Will Degen
Antonio Del Borrello
Marissa Del Zingaro
Margaret Depault
Dominic Deverse



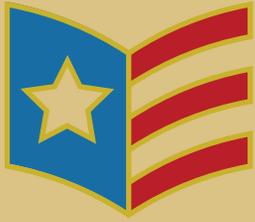
Kevin Dezagottis
Marisa Dillmuth
Heather Dodd
Karileigh Downs
Gabrielle Duchemin
Ryan Dudak



Jonny Dugger
Kayla Durbin
Ryan Ebrahimi
Alexis Eddinger
Ethan Ericksen
Mateo Estremadoyro



Meghan Evans
Dayton Fairchild
Elizabeth Fairfax
Jennings Felt
Erin Fonnely
Mason Field



GLORIA SHIELDS NSPA MEDIA WORKSHOP



MAGNITUDE OF GRATITUDE

To help out a school hit by a hurricane, PEER club members raise money and make cards for the students.

SHARING THE LOVE At the gratitude grams table, Marissa DeZingaro helps raise money for a North Carolina school affected by a hurricane. "Seeing us raise money for another school showed my peers that there are causes around the country that need aid," Marissa said.

GRAM OF JOY For PEER, Spencer Verhalen participates to spread the grams. "I decided to help because I wanted to spread joy. I think that this will affect people by giving them something good to start their day with," Spencer said. (photos by A. Paracha)



EXCHANGE OF CULTURE

Global Ambassadors host exchange students from four countries over 10 days in March and April.

KIND HEARTS While participating in an ice breaker activity, Maria Falzarano talks with the foreign exchange students. "The days we had with the exchange students went by very quickly because we were having so much fun. The exchange students were some of the kindest and most open delegates out of the entire summit," Maria said. (photo by C. Osborne)

WORLDLY LOVE While at Woodgrove for a discussion on environmental policy, Madison Santmeyer talks with her foreign exchange student and Elena Schlegel. "It was the most amazing experience I've ever had and it was so eye opening. Being able to connect with teenagers from all over the world was so incredible," Madison said. (photo by C. Osborne)

HOSTING PREP At a Global Ambassadors meeting, Ithar Hassan listens to the discussion. "We basically plan activities and prepare to host delegates from all over the world. We have conversations about what is going on in the world, both politically and socially and how to approach the conversation with these delegates," Ithar said. (photo by G. Saunier)



SHIP SHAPE

At club meetings, members play games like Ships and Sailors to encourage good, positive competition, while on other occasions they support school and community through variety of activities.

DODGEBALL TOURNAMENT

For a much-anticipated event, students formed teams for the dodgeball tournament. Each team of eight or less paid \$25 for a chance to fight for the title of winner. The club donated the proceeds to a local charity.

TEAM AND SCHOOL SUPPORT

Every season every team benefited from the club's initiatives. Members made signs and posted them in halls throughout the school and in the gyms. They also made noise makers by putting corn kernels in plastic bottles and distributing them to the student cheering section at the Homecoming game. For Halloween, club members participated in the school's Safe Halloween event by painting the faces of the young attendees.

DRIVES

From a winter coat and food drives, to a giving tree, Spirit Club committed to helping students in the community. The outerwear, food and holiday gifts collected went to families in the school's attendance zone. The group filled the tree in the front foyer with specific requests for individual gifts to be that were delivered wrapped, to the front office before the holidays began.



SHAKE IT UP By putting kernels in a bottle, Livy Keane creates noise makers for the homecoming game. "I am involved in Spirit Club because it looked really fun and interesting," Livy said. (photo by N. Walker)

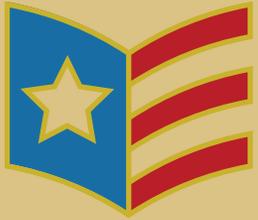
I'M THE KING OF THE WORLD Arms soaring, Kassidy Cox, Caitlin Orender and her group play a game called ships and sailors. "The purpose of this activity is to meet new people, kind of like an ice breaker," Kassidy said. (photo by J. Calvin)

AYE AYE CAPTAIN Also participating in the ships and sailors game, where a person calls out a word and the other person has to do the action that goes with it, Nick Twetten has his arms out with Sarah Brundage next to him. (photo by J. Calvin)

ALL HANDS ON DECK Hands on feet, Livy Keane, Carly Snyder, Lauren Laverty and Morgan Lockhart participate in the ships and sailors activity. "My favorite part of this club is when we get to play games and make stuff," Morgan said. (photo by J. Calvin)

GRATITUDE GRAMS, GLOBAL AMBASSADOR, SPIRIT CLUB

SERVICE SPIRIT CLUB



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

REAL

EVEN THOUGH MEMORIZING YOUR BUSY SCHEDULE AND NAVIGATING THE social hierarchy of high school was stressful at first, it soon became second nature, and you were reminded of the consistencies that kept you on track: when you passed the same seniors who sat on the benches in the mixing bowl, and the same Mr. Wilcox with his changing Friday morning polls, when you walked the same tiny language hall to get to the same white-washed classrooms that looked pretty much the same; then you listened to your friends “spill the tea” about who’s who at Woodgrove and County, what everyone’s weekend plans were, who was going to be in the jungle at the game Friday and who was in charge of the face paint and glitter and bead necklaces that went with the week’s theme.

Simple

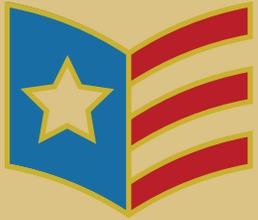
THINGS CHANGED ALL THE TIME, FOR BETTER OR WORSE. BUT YOU KEPT it real, even when things weren’t so simple. Maybe you thought the open lunch concept was awesome, and that finally things were starting to look different for a change, and it was exciting. Or maybe you didn’t like it, but then you looked around at the people around you and realized that while the looks may have changed, the close-knit, friendly nature of the community was still very much alive, and you realized that maybe it wouldn’t be so bad.

DIFFERENT



POINT AND SHOOT in the jungle at a basketball game, Moses Freedom and Jimmy Campbell cheer the team on. “Being in the audience at a basketball is more engaging than football because you get to interact more with the athletes. It adds another level of excitement for those cheering in the student section, since your peers can hear you cheering for them,” Moses said. (photo by Z. Franco)

> CLOSING



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

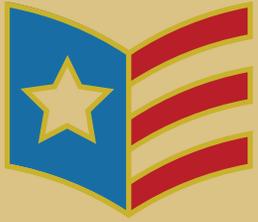
> COVER



> TITANIUM

*Antelope High School
California*





GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

Q.1 012
August 009 - October 012

Q.2 046
October 013 - December 020

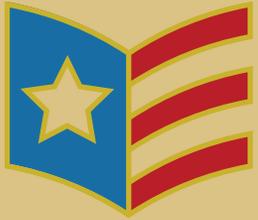
Q.3 084
January 008 - March 015

Q.4 126
March 018 - May 030

REF- 138
Reference

> ENDSHEET

2019
**THIS IS NOT A
MOMENT • IT'S THE
MOVEMENT**



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



GOTEM! - Junior Savaughn Bradley - Aug. 17 - Rocklin High School - Right after halftime, Bradley makes a counter run off of left tackle from the 5-yard line, escaping Rocklin's defense and putting the Varsity Football team ahead in the previously tied game. - "Rocklin was definitely a powerhouse. Going into the season, beating Rocklin was a great a confidence booster." - Photos special to Titanium by Gary Jones

LIFE AS A TEENAGER

IN 2019 IS FULL OF

UNIQUE CHALLENGES,

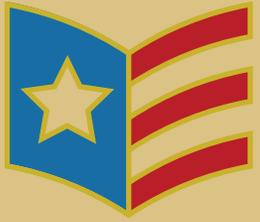
BUT YOU HAVE TO KEEP

PLOWING AHEAD



NO MATTER WHAT,
BECAUSE EVEN AN
INCH CAN MAKE
A DIFFERENCE.

> OPENING 1



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

WE MARCH TO THE BEAT

POWERFUL - Senior **Christian Rios** - Nov. 3 - Lodi Grape Bowl
- Rios, left, performs during the first phase Marching Band Field Show. - "At this moment I felt very powerful; we had very strong music. I love Band and I feel like it's become a huge part of my life." - Photo special to Titanium by Jeff Blanchard

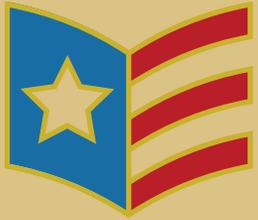


OF OUR
OWN
DRUMMER,

TO THE BEAT - Sophomore **David Parsons** - Nov. 3 - Lodi Grape Bowl - Parsons performs at one of his first ever field shows on the drumline. - "This year's field show was called "Face." I felt pretty great actually, it was pretty fun. I was concentrating, but I was also very happy." - Photo special to Titanium by Jeff Blanchard



SOMETIMES EVEN CHOOSING
TO DO IT TOGETHER.

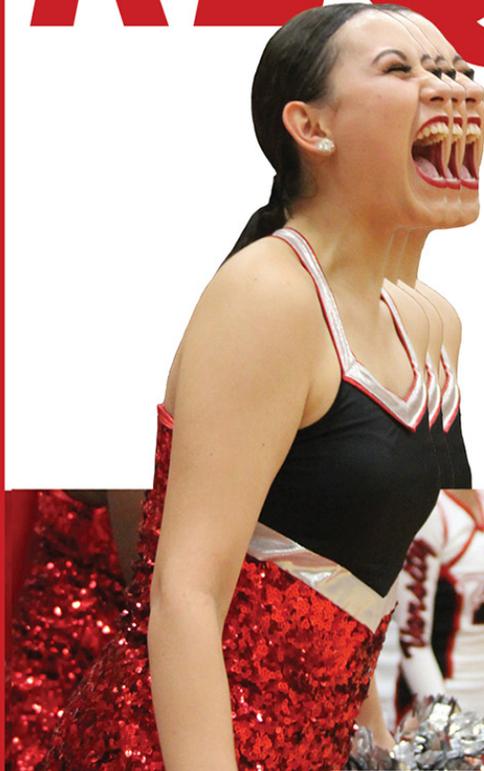


GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

PROPER ATTIRE
REQUIR

CRAZY

SPIRIT



LET'S GOOO - Senior **Ivanna Gudiel** - Sept. 28 - Main Gym - Gudiel joins her class in screaming as loud as possible for the decibel meter. - "After the juniors won the last rally, I was determined to help my class as much as possible so that we could take the dub." - Titanium Photo by Mikayla Godoy



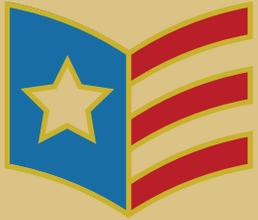
SINGIN' THE REDS - Senior **Madison Phillips** - Sept. 28 - Main Gym - Carter screams her loudest with her friend, senior Samantha Mitchell, after performing in the rally. - "I love the rallies because it's so much fun to just be with your class and enjoy yourself. Being spirited makes high school fun and not boring." - Titanium Photo by Emma Miller

MAN-

-DAT ORY,

SO BE READY
TO PUMP UP
THE DECIBELS.

> **OPENING 3**



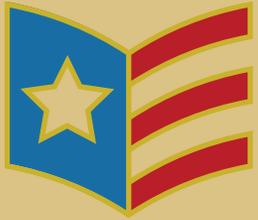
GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

EGG-CITING - Principal **Tino Guzman** - Nov 23 - L105
- Guzman crushes an unboiled egg against his head, losing the annual AP Statistics Egg Roulette to Math Instructor Corey Woods. It was a tradition for the last 11 years for the principal to participate in egg roulette to further excite the students about the event. - "Doing whatever it takes to help students engage in learning sometimes equates to cracking some eggs over your head." - Titanium Photo by Mikayla Godoy



WE ARE UNBREAKABLE EVEN IF WE CRACK EVERY ONCE IN A WHILE.

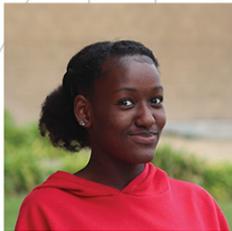
> **OPENING 4**



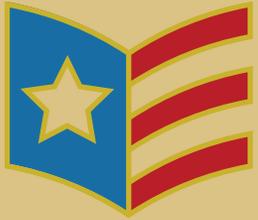
GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> OPENING 5

THIS IS
NOVA
MOVEMENT
TOGETHER, WE
ARE CREATING A
MOVEMENT.



SK8ER BOY - Freshman
Gento Sierrro - Nov. 28 -
Antelope Crossing Middle
School - Sierrro has been
skateboarding since he was 6
years old and hopes to bring it
into his career. - "My dad and
brother got me into skating. I
never wanted to before. Now,
I couldn't imagine what I'd be
doing without all of the friends
and passions that I've made
through it." - Titanium Photo by
Mikayla Godoy
Read more about Gento's
story on pages 156-157



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

SEPT- BER

STUDENTS
CELEBRATE THE
8TH HOMECOMING,
WITH TRADITIONS
GOING ALL THE
WAY BACK FROM
THE BEGINNING
OF ANELOPE

WORDS BY ANDREW GILLEPSIE
AND JAY FELTON

SENIOR JACLYNN CARPENTER

"Honestly I never thought I'd get voted homecoming queen or even make it to the top five, so it was an amazing experience. Even participating in spirit felt different that week; I was super excited to even be considered."



SENIOR ETHAN FREDERICK

"I decided to run for homecoming royalty because I thought it would be cool to do it. I was really excited because I didn't expect to get that far. It made me appreciate all of the work that Student Government does for us to make us feel special."

Titanium Photo by Emma Miller

Titanium Photo by Emma Miller



SOPHOMORE KATLIN MIKELBAN

"Playing for the band made me feel proud to be a Titan because I was doing what I love. This year's performance was more exciting because there is a lot more energy out into it, but it was hard because there were a lot of things that went into it."

ENGLISH INSTRUCTOR MATT PARRIS

"I've been dressing up for homecoming since the first actual homecoming, the third year of existence. After Student Gov. comes up with a theme, I find a way to make a costume that fits. My job is around royalty; I always think that my performance makes kids smile."



Titanium Photo by Mikayla Godoy

SEPT. 3-8 CLUB RUSH WEEK

Titanium Photo by Mikayla Godoy

SENIOR JASNEET BAJWA

"C.A.R.E. club stands for Club for Animal Rights and Equality. Our mission is to help improve the light in which people view animal lives and shelters. This club just started in August so we were excited to get new people in our club."



SENIOR ANTHONY MILLER

"Barbershop is a new club on campus so it doesn't really have a big impact on the school yet, but honestly it is a lot of fun and I enjoy doing it. We sing, like a barbershop quartet, so four-part harmony, stuff like that."

TUESDAY, SEPT. 25
POWDERPUFF GAME



JUNIOR KYLIE BURTON

"I wasn't playing volleyball this year, so this was my first opportunity to play. This was my first year playing, so I was kind of nervous going into it. I loved it because it was something fun to do with the other girls in my class."

Titanium Photo by Emma Miller

WEDNESDAY, SEPT. 26
NIGHT RALLY

JUNIOR HAILEY TUTT

"We were doing a different number for the junior class performance. It was fun, but I was nervous being in front of so many people, especially with the lights. I loved performing in the night rally because it's dark outside, making it a lot of fun."



Titanium Photo by Emma Miller

FRIDAY, SEPT. 28 HOMECOMING GAME / CEREMONY

Titanium Photo by Emma Miller

SENIOR BENJAMIN MORENO

"I didn't really run, I just got voted in. I was really excited that I got to represent my class and that people thought I was a good role model. It put my name more out than it was before. I was excited because even if I didn't win royalty I was still excited to play football that night. I was nervous, but if anyone else won I would've been happy for them. There was a lot of joy and happiness, but I never really viewed myself as a positive role model in my life, and it was cool to represent the school. All my friends were excited around me, especially the team and my parents. I will definitely remember this for the rest of my life, and I will be able to tell my kids that their dad won homecoming king."

SENIOR AMERICA BARAJAS

"My sophomore year I saw one of my friends, Juliana Matos, win homecoming queen. I think that inspired me to run. I was really happy and surprised that I made it so far. This experience made me closer to the school; I didn't realize that so many people look up to me so much that they would choose me to represent our class. There is a video of Ben and I opening the box where you can see my excitement once I saw that we won. It was well-deserved for the both of us, so I was so, so proud. I was also happy to see everyone else so happy for us. I feel like it made me realize my worth and my actual impact on campus. I really love this school, and I will remember forever that I was Antelope's homecoming queen."



Homecoming Week took months of planning, preparation, and after school hours from the members of Student Government

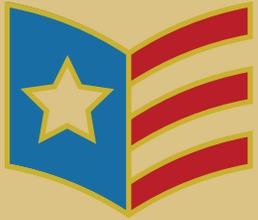
THIS IS NOT ONE WEEK • IT TOOK A WHOLE MONTH

SENIOR ALYCIA NAMOSIMALUA
"I like making events that are memorable for me and my friends and the whole school. I stayed after school every day doing posters and props for hallway and working on backdrop. It was exhausting, but so worth it in the end."

JUNIOR ROBERT NOCHEZ
"Homecoming Week it-self was really busy for us; I had to stay after school for backdrop building and stay for rally rehearsal. But at the end of the week, I felt so accomplished and relieved that everything came out great."

SENIOR JUSTIN PHILLIPS
"Homecoming week was really tedious because we are at school every day that week until to at least 10 p.m. At the end of the week, I was so happy that my hard work had a good impact on the students."

> MONTHLY
SPREAD



GLORIA SHIELDS NSPA MEDIA WORKSHOP

NICE MOVES

Students have special skills that they had to work at in order to master



Senior **Michael Gamsim**
HAND BALANCING

"It is all core strength and balance. It was something I had to work at for a long time in order to get it down. It helps me in dance, in the dance battle, and with break-dancing."



Junior **Jasmin Soto**
SPLITS

"I would stretch after school like when I got home. I was in dance so we did a lot of stretching, and I was also in cheer, so I did a lot of stretching there, too. In cheer we did a lot of stuff where like you need flexibility to be good, so it helps a lot for your jumps."



Freshman **Teanna Calloway**
BACK BEND

"It did not come naturally to me. I have been working on it ever since I was little because I would be sitting in the splits and stuff. It makes jumps and other stuff a lot easier in cheer. I feel like it really gives me an advantage because flexibility can help me in a lot of sports."

HAIR MOVEMENT

Hair can be a way to express yourself or a religious practice, but hair is one thing everyone has in common



FRESHMAN
NICKOLAS CONTRERAS
Boy with Long Hair

"I started growing it out during a metal-head phase I went through last year in January, 2018. I mostly just like that it's straight and soft."



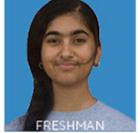
JUNIOR
SPENCER CORRIA
Colorful Hair

"I think I just got tired of seeing everyone have blonde, black and brown hair, so I decided to dye my hair myself. I started when I was 7. I really like dying my hair blues and reds."



FRESHMAN
JULIE GARCIA
Girl with Short Hair

"Cutting my hair wasn't really a decision for me. It was more like when I was younger, maybe five or six years ago, I had Alopecia so it fell out. I just decided to keep it short because it's not going to grow back all the way."



FRESHMAN
KULNOOR KAUR
Girl with Long Hair

"It's in my religion to not cut our hair, so it's been growing out ever since I was born. I didn't really have a choice."

BORN THIS WAY

THE TALLEST STUDENT IN SCHOOL

IS JOSHUA MOORE AT 6-6 AND THE

SHORTEST IS JIANIEL TABANCAY AT 4-5

WORDS AS TOLD **PEDRO SANTAY** AND **KAMEIKO HOSTLER**
PHOTOS BY **MIKAYLA GODOY**

SOPHOMORE **JIANIEL TABANCAY**

I'm different from everyone else. It's just a different perspective. When I'm walking around school it's really not that different, you're just not that noticed when you're walking around. I get bumped into a lot of the time during passing period. People don't see me because of my height. My friend is tall, so I can see him walking around the school campus all the time.

During rallies it's very different because when I'm sitting down it's hard to see what's going on, on the floor, especially when people are standing up.

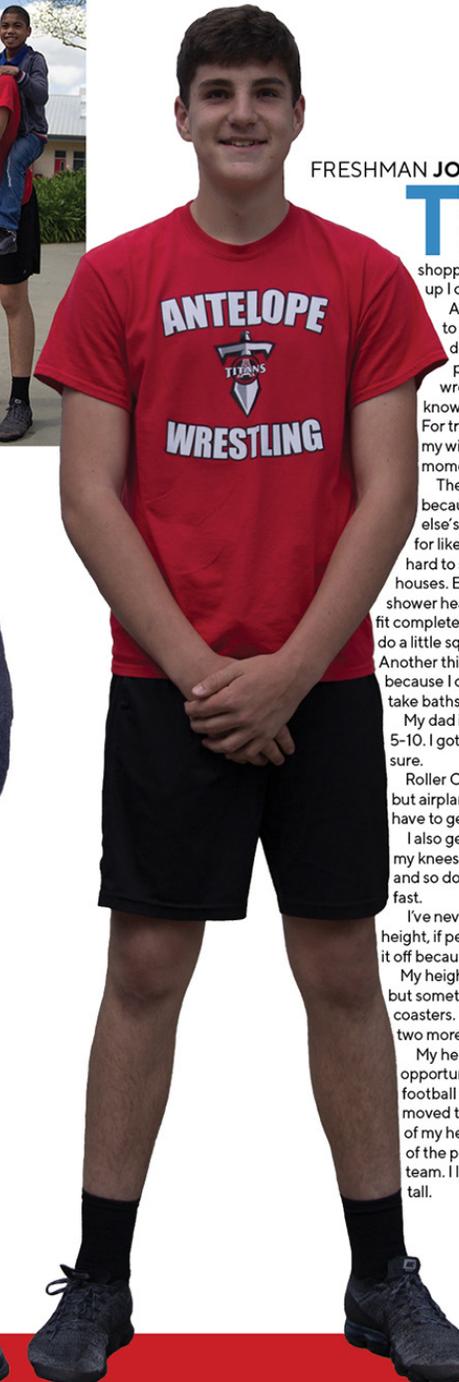
My dad's height is 5-foot-9 and my mom's height is 5-feet exactly. I get my height from my mom for sure. I'm one of the smallest people in my family, but I have two younger sisters that are about the same height.

To be honest, I like being short because I'm different from everyone else. It doesn't really hold me back because I haven't done anything yet that had to do with my height.

I think it's fun being small because you're not noticeable when you're walking around campus, and seeing a small person bonding with different types of people just shows that Antelope has a good community.

Antelope is a chill place because no one really cares and everyone wants to be friends with me. If I hid behind a door or under a desk and popped out of nowhere, it'd be very easy to scare someone.

To be honest, I've thought about being taller before, but I really feel like if I was taller I would be a whole different person than who I am right now. As of right now, I would want to stay this height, but if I had the choice to be taller, then yeah, I would. As for my future, I don't really see a difference between being tall or short. I think my height has nothing to do with my future; I won't let it get in my way.



FRESHMAN **JOSHUA MOORE**

The benefits of being tall are being able to reach cabinets really easily and getting to the top part. Also, when shopping, things that are really high up I can easily grab.

As far as aesthetically, it's easy to see over people, especially on defense in football. In wrestling, people don't know how to wrestle a tall person; they don't know how to wrestle my height. For track, it helps in discus because my wingspan helps me get more momentum.

The con of being tall is showering, because when I go to someone else's house the showers are always for like a 5-foot-9 person, so it's hard to shower at other people's houses. Even my shower I extended my shower head up like a foot. Also, I don't fit completely under my mirror. I have to do a little squat when I put my contacts in. Another thing that's difficult is bath tubs because I can't extend my legs, so I don't take baths unless I'm really sick.

My dad is 6-foot-5 and my mom is 5-10. I got my height from my dad for sure.

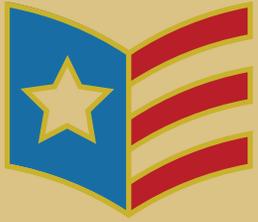
Roller Coasters aren't bad to ride on, but airplanes are really hard. I always have to get up and walk around.

I also get really bad knee injuries and my knees always hurt. My elbows hurt and so does my back because I grow so fast.

I've never felt insecure about my height, if people give me looks I just brush it off because I like being tall.

My height hasn't really held me back, but sometimes I'm too tall to ride roller coasters. I'm still growing; I have like two more growth spurts left.

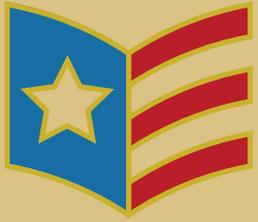
My height has given me the opportunity to play good positions in football on defense and offense. I got moved to tight end in football because of my height. They knew I was one of the people who could do it on the team. I like my height, it's nice being tall.



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

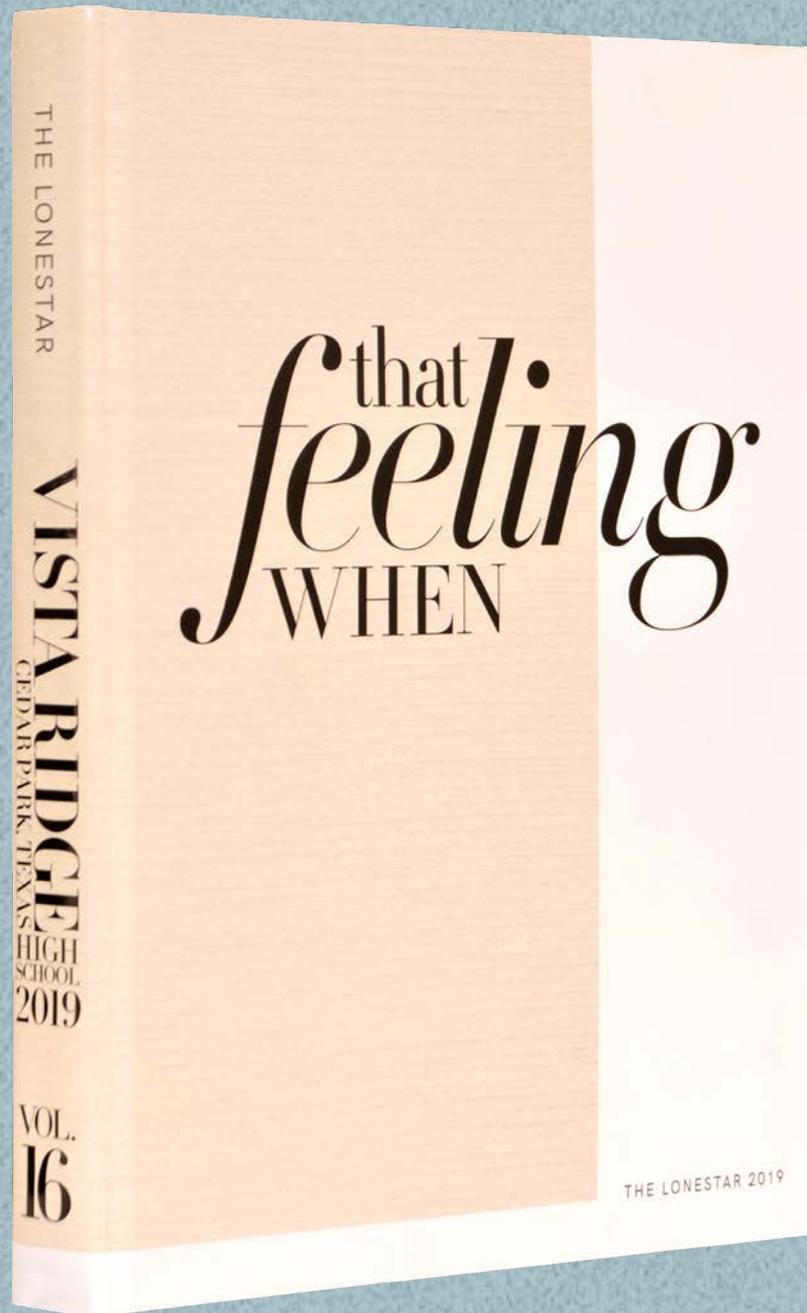
- > *Verbal/visual connections*
- > *Bold typography and hand-lettering*
- > *Bright colors, duotones, transparency*
- > *Big, bold hyphenated words*
- > *Multi-spread divider packages*

TRENDING



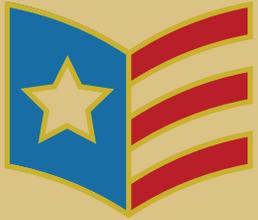
GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> COVER



> **THE LONESTAR**

*Vista Ridge High School
Texas*



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> FRONT
ENDSHEET

beach bums

Dressed up for the Hawaiian-themed game, the student section waves pool noodles on Aug. 31. Section leaders brought trash cans to every game. "I feel good cheering on our football team with all my friends," senior Dylan Bustos said. "It's pretty cool to know people on the team playing against really talented schools."

photo by gracie davis

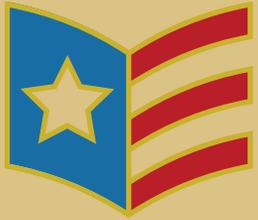


that *feeling* WHEN

“
ALMOST
EVERY GAME
THERE ARE
AROUND
60 KIDS
SUPPORTING
OUR TEAM
THROUGH
THICK AND
THIN, AND
IT'S A GREAT
ENVIRONMENT.

Eli Laczko 12

010 SUMMER
018 AUTUMN
050 WINTER
084 SPRING
112 REFERENCE



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



> OPENING 1

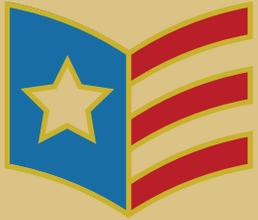
Cruising down Park Street at 8:15 a.m.
● on Aug. 16, we were
driven

to **ace** Mrs. Lowery's seventh period
BC calculus class and navigate
the confusing A-building halls.
For two weeks straight in July,
band **busted out** nine-hour days
to perfect "Lost and Found," ultimately
winning the state championship.

hit every note

Playing the marimba, sophomore Benny Nguyen performs "Lost and Found" during halftime at the Westwood game, Sept. 21. There were 25 students on front ensemble. "I feel like I tell a story to the audience and take them on the ride when I perform," Nguyen said. "Whenever I step on the field, I pour all my emotions in the notes I play. I forget all the struggles I have to deal with and focus on my performance." *photo by gracie davis*

OUR MOMENTS ¹I went to the last football game of the season on Nov. 9, and it was freezing. It was definitely a night to remember." Abby Hawes 10



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

Big changes like competing in
a new UIL district,
Mr. Mills leaving mid-November
and **branching out**
by joining bass fishing club
could make anyone a bit

antsy.

But we pressed on while
lugging our Lenovos
and **praying** our mouse-trap
cars cross the finish line.

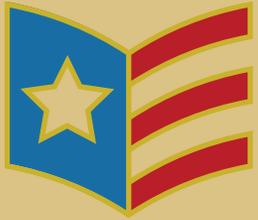
the cat's out of the bag

After removing the specimen from the air-tight packaging, senior Kalyn O'Dell reacts to her group's cat in seventh period anatomy and physiology on Feb 5. The first day of dissecting began with pulling adipose tissue off of the cats to view the muscles. "It was horrible because I love cats and have cats," O'Dell said. "It was so sad doing it, but it was also interesting. I was trying not to think about it being a cat because I want to be a nurse." *photo by gracie davis*



> **OPENING 2**

OUR MOMENTS "The Round Rock game on Nov. 9 was memorable. All the seniors living their last moments playing football and the emotions surrounding that game was amazing." **Aden Mire 11**



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



Belting out ABBA hits
at the first-ever "Mamma Mia"
sing-along on Jan. 22

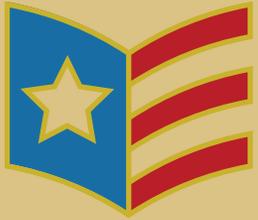
hyped

us up. Almost as much as
that feeling when we
screamed for the Star Steppers as they
performed their "Werk" routine at the
glow-in-the-dark pep rally on Oct. 19.

scream and shout and let it all out
At the homecoming game against Leander on Oct. 5, junior Heather Bonner and seniors Alice Brito and Destiny Brawley cheer on the varsity football team. The student section brought noise makers and trash cans to every game. "The team works so hard and gives everything they have into every one of their games," Brawley said. "It makes being in the student section worth it." *photo by gracie davis*

> **OPENING 3**

OUR MOMENTS *For Star Stepper auditions, all my friends and I were really nervous. Our teacher would let us go in the hall during Ranger Time to practice." Savannah Schroen 9



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

bliss



set in stone

With C-Squared, juniors **Laura Marval Vasquez** and **Dany Sanchez Perez** and sophomore **Isabella Germano Cabrera** assemble the rock garden on Feb. 15. Members painted positive phrases in their native languages. "We decided to write 'esperanza' which means hope," Sanchez Perez said. "It's something you can never lose."
photo by grace davis

SPRING

It's that feeling when the seniors planned the perfect prank and paid \$2 each to hire a mariachi band to follow Mr. Johnson around campus March 14. It's when theater celebrated its four GAHSMTA nominations with a performance at the Long Center on April 17. That feeling when the Cow Patty Classics won back-to-back titles at the third annual tug-of-war competition during Ranger Time. After completing our final STAAR exam, we blissfully coasted to May 31.

> DIVIDER



“IT WAS A
blissful WAY TO
EXPRESS
A POSITIVE
MESSAGE
IN OTHER LANGUAGES
AND CELEBRATE
DIFFERENT CULTURES.

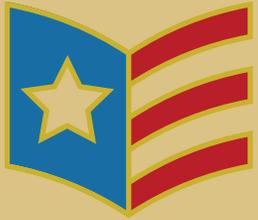
-isabella germano cabrera 10

set in stone

With C-Squared, juniors Laura Marval Vasquez and Dany Sanchez Perez and sophomore Isabella Germano Cabrera assemble the rock garden on Feb. 15. Members painted positive phrases in their native languages. “We decided to write ‘esperanza’ which means hope,” Sanchez Perez said. “It’s something you can never lose.”
photo by grace davis



March 6 practice at Avery Ranch Golf Course Mason Skidmore 11 & Nathan Garcia 12 photo by cindy plasencia



GLORIA SHIELDS NSPA MEDIA WORKSHOP

that's a fact

musicians reflect on winning moment



Edgar González-Hernández 11

stunning

"Winning was really unexpected. No one thought we were capable of getting first because we've always just been a regular band. It was really amazing."



Avery Price 9

unexpected

"It was unbelievable. I felt so happy. We had worked hard to get there, so I was really proud of us. Band was rough at first, but I'm glad I decided to join."



Avi Bhatta 10

thrilling

"I was going to pass out. I was completely nauseous. When they called our name I thought I was going to fall, but everyone started hugging me. It was so exciting."



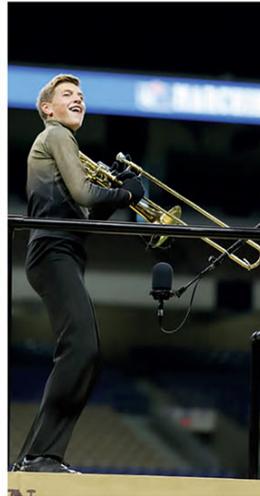
Shivani Chidambaram 10

dreamlike

"I felt like everything was worth it. All the hard work the entire band put in throughout the season was worth it. It felt rewarding. It was all so surreal."

march madness

After their finals performance and placement announcements, senior flute soloist **Gabi Chavez** interviews with TxBands. During the second movement of the preliminary performance, Chavez's flute broke one minute before she had to perform her solo. "It was high stress," Chavez said. "I've never been so stressed out in my life. I was marching, trying to figure out what was wrong with it. I had to switch flutes with two people. I was on the field making noises to get people's attention, and I asked for a flute. I didn't give anyone a reason until after the performance. I was having an actual panic attack. I had a good 20 seconds to figure out the flute under the box. It was kind of shaky because of everything going on, but I think it was a great run. I felt really bad afterward, and I was crying because I messed people up in the middle of the drill. I was able to calm myself down before my solo, so I was pretty proud of that. The directors thought I was a baller and told me they've never seen a student be so calm in a situation like that. So I felt really good about it after." *photo by gracie davis*



senior soloist Gray Beasley
photo by gracie davis

color me happy

In the first movement of their show, senior **Carrington Patrick**, junior **Makenzi Costa** and sophomores **Serenity Lopez** and **Joy Ahn** perform their finals performance at the UIL state competition on Sept. 6. The marching band had 276 students enrolled in it. "I'm in the moment [when I perform]," Patrick said. "I take on the character, feeling and emotion of whatever the show is, and I put that into me. All anxiety and nervousness go away." *photo by gracie davis*

picture that

Competing in prelims then finals, band & color guard perform four times at Alamodome for BOA & UIL state competition

sixth consecutive state appearance

run time: 8:30 minutes



Ashlynn White 11



Ashley Winkles 11



Kaya McDonough-Perkins 11



Elizabeth Hanks 12



Lanna Nguyen 10 & Emily Maldonado 12

AUTUMN MOMENTS "The weekend of BOA and state was physically straining because we worked two hours at a time for four days in a row." **James Fauver 10**



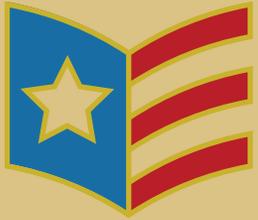
scan photo for video

if this is it

"Winning was bittersweet because Gil has been there for me for the past seven years, and I realized he wasn't going to be there to guide me anymore. I felt sad more than anything. I was holding onto the moment because I knew that it would be my last time walking onto the field, and I wanted to savor everything." **Sue Han 12**
spread by natalie mccain

oh, what a FEELING

With *Lost & Found*, marching band makes historic run, capturing top spot at UIL 6A Marching Competition in San Antonio Nov. 6



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> SECTION
DESIGN

that winning feeling

Scrimmages, pre-season games
prepare team for district start



Jackson Archer 10

STRIKE OUT

"My favorite part is when you get in the zone and start striking people out. When you come off the mat, your whole team gives you high fives and congratulates you. It makes you feel like you've done a good job, and you're helping the team."



Tynan Gunn 9

ALL DAY, EVERY DAY

"I like first base the most because I'm involved in every play. It's all about adjusting to what balls come to you. Sometimes you have to jump for it and make sure you don't get hit by the runner."



JJ Miller 10

DOUBLE DOOZY

"I like the positioning on the field with the outfielders and the range that you have to cover. The hardest part is double plays when the shortstop throws it to you, and it's all on you to get it first."



Jaden Garcia 12

YOU'RE OUTTA HERE

"As an outfielder, you have more opportunities to make catches and plays that aren't as routine. When you catch balls in the air, it's satisfying because you know you did something good for the team."



Nolan Ybarra 11

LEADING THE WAY

"You get to really show your leadership as a shortstop, and you're the guy who's there to help everyone and pick people up when they are down. You're there to be a leader but not dominate."

just keep going

At the scrimmage against Cedar Park, senior Dawson Groch pitches on Feb. 12. An annual scrimmage was held against Cedar Park. "It's always good to have adversity and see how we handle it," Groch said. "Obviously we handled it well." photo by gracie davis

spread by gracie davis & ali meyer



scan photo for
video

SPRING MOMENTS Track season and baseball season both start in February. I normally just wait to take my brother home once my practice ends." Taegen Gunn 11

picture that preparing for district, team plays 18 games to gauge skill & build team chemistry



Types of Pitches:
Fastball
Curveball
Knuckleball
Changeup



headed home

With the bases loaded, senior Kellen Janda runs for home at an away game against McNeil on March 12. The team won the game against the Mavs 7-6. "There is pressure when the bases are loaded, but you've always got more time in the game than expected," Janda said. "When I'm running for home I feel excited scoring a run is important. It's how we help win."

photo by gracie davis



home sweet home

Swinging for the ball, sophomore Kyle Brown plays in a game against Leander on March 26. The team lost 5-1, and this was the first of two against Leander with the second following later in the week. "I feel confident that I'm going to hit the ball," Brown said. "When there is someone on third, you just gotta get them home. Make sure you put the ball in play. There isn't any added pressure. It's just like every other time you're up to bat." photo by gracie davis

runner up

During the LISD tournament on March 8, senior Caden Walton winds up to throw the ball to first during the game against Rouse. The team lost 17-2. "In the future, we just need to hit the ball when we have runners on base," Walton said. "We left our team hanging with base runners on."

photo by gracie davis



that's a fact

Individual positions benefit team



Alec Scioneaux 12

Position: Pitcher
Height: 5' 8"
"Coming in to pitch to help the team win is my favorite part."



Jake Minick 12

Position: Outfield
Height: 5' 9"
"It's exciting when you have the opportunity to make a play."



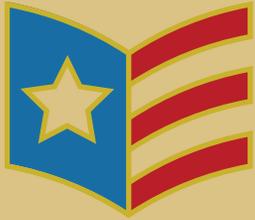
Ethan Niedzwiedz 11

Position: Pitcher
Height: 6' 1"
"You get to have the most control over what is going on in the game."



Brad Mican 12

Position: Catcher
Height: 5' 11"
"It's physically challenging because you squat the whole game."



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

Christian Cochrun Debate 2, NJROTC 4
Jacob Cohen
Greg Cole Art Honor Society 3, E-Sports Club 2, Key Club 2, Spanish Honor Society 1, Tennis 4 Captain 12
Tabitha Collard
Austin Conner



Troy Cook
Max Cooper
Garrett Copeland Creative Writing Club 1, Debate 4 Captain 12, UIL Current Events 3, UIL Social Studies 1
Jenessa Costello Art Honor Society 2, Lacrosse
Mason Cottrell



Andre Covian Graphic Design & Animation Club 2 Co-President 12, News Media 1
Shane Cullen Band 4
Jude Cyrac Choir 3
Braden D'Herde
Ashley Dalton



Grace Davis Key Club 1, Prom Committee 1 Treasurer 12 PSAT Team 1, Starline 1, Star Steppers 3 Head Manager 12, Student Council 2, Yearbook 3 Photo Editor 12
Haley Davis Yearbook 1
Hannah Davis Colorguard 1, Choir 4, Debate 3
Sayger Davis



Evan De Kay Band 4
Evelyn Deal Starline 1, Star Steppers 1
Andrew Delaney Art Honor Society 2 Security Officer 10, French Honor Society 3, NJROTC 4 Platoon Commander 10 Recruiting Officer 11 Executive Officer 12
Sydney Demeyer Choir 1, Drama Club 4 Secretary 12, French Honor Society 1, Musical Theater 3, Theater 4, Tech Theater 2
Makeighla Dentino



Molly Dilloway
Vincent Dinh Accelerator 1 Chief Operating Officer of Sorenwice LLC 12, Bass Fishing Club 1, Chess Club 2 Treasurer 11-12, DECA 3, Diversity Club 1, English Honor Society 2, Incubator/EDU 1, Investment Club 1 President 11, Key Club 2 Head of Media 12, Korean Club 1, SPEC 1 Director of Outreach 12, Spanish Honor Society 2, UIL Accounting 2
Adonis Dixon
Sean Doherty



McKenna Downey Art Honor Society 2, Be Real 2, CARE 2, English Honor Society 2, NHS 2, PALS 2, Spanish Honor Society 2



Bill Dozier
Ridge Dutkin Accelerator 1, Incubator 1, Track 2
Aaron Eacott
Jason Eastwood C2 1, Drama Club 3, GSA 4 Vice President 10 President 11-12, Improv Club 11
Nikolai Eckhart



“It was the most beautiful thing I had EVER WITNESSED.”
-Alayna Zunker 12

Before starting her senior year, Alayna Zunker spends time exploring Nepali coast on Kauai's North Shore with her family

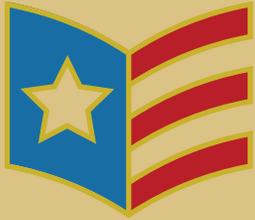
The view of the ocean below and the scents of the trees made up one of senior Alayna Zunker's most memorable hikes with her family. On summer vacation in Hawaii, Zunker hiked with her sister and cousin in the Nepali mountain range. Unlike other hikes Alayna had been on, like Mount Bonnell, Mount Nepali was a 10-mile hike and something she was not used to. “The hike was really long, and when you would look out, all you could see was just the ocean,” Zunker said. “It was crazy pretty.” While hiking, Zunker's cousin had an asthma attack, and she and her sister had to get help.

After they got help, Zunker had to take her cousin back home and drive the roads of Hawaii for the first time. “I had never driven in Hawaii, and the roads there are really small, and you can't drive very fast,” Zunker said. “It was honestly very nerve-wracking because my cousin couldn't tell us where to go.” This mountain wasn't even the most difficult and tallest mountain Zunker and her cousins could have gone to. “We did one of the what [my cousin] called the ‘little hikes,’” Zunker said. “There were definitely more extreme hikes, but we chose not to do that since we were just used to hiking little tiny hikes in Texas.”

While staying at her family's house in Hawaii, senior Alayna Zunker relaxes at the top of Mount Nepali after finishing her hike spread by Khushi mooin

> SECTION
DESIGN

OUR MOMENTS “This year I started taking AP drawing, and I really took an interest in learning about different techniques and materials.” Isaaq Arevalo 12



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> SECTION
DESIGN

keep calm

get down to it
"Wearing headphones gets me in the zone, and ready for the tournament. I'm stressed out before the match but listening to country music keeps me calm and focused."
Dylan Wharton 12

picture that Team lifts, runs & spars during third period, after school

Shoes: Asics Aggressor 2-14
Cost: \$80

Mahammad El-Zein 10 Heon Song 11 Isabel Villarreal 10 Esteban Plasencio 10 Ali El-Zein 11

you're going down Wrestlers' fastest take-down times lead to successful wins

blast off
"My fastest take down time is around one minute. I used a blast double. A blast double is whenever you lower your level, shoot toward them and pick up their legs and move forward, then they fall to their back."
Carley Brandon 9

snake down
"My fastest pin was in 16 seconds during Rumble at Cedar Park. I used a snake, which is where you get them in a headlock and throw your arm back. Then you throw them onto their back for the pin."
Lane Randall 10

fast track
"My fastest takedown was 20 seconds. I crossfaced him and brought the cradle. A cradle is when you are able to wrap your arm around their shoulder and leg to pin them."
Aiden May 9

66
i like how
i get to be
aggressive.
-shaili davis 9

do you even lift?
Senior **Troy Smith** bench presses two 40-lb. dumbbells during practice. The team worked out everyday to gain an advantage over the other competitors. "I like lifting, because it makes me stronger," Smith said. "It's important to be stronger than your opponent."
photo by ali meyer



the perfect pin
Against Vandegrift, sophomore **AJ Lofton** puts his opponent in a spladle on Jan. 16. Lofton was ranked second in the nation. "Before matches I feel excited, while I'm wrestling it's natural,"
photo by charlotte wilkinson

I LIKE HOW MUCH IT PUSHES ME. I HAVE A REALLY BIG DRIVE TO GET BETTER AND MAKE MY TEAMMATES, MY COACH AND MYSELF PROUD.

Colton Collard 10

Five wrestlers place at district, two advance to state

OUR TAKE
was hectic," Bordeaux said. "Keeping a steady mindset and pace was difficult for me."

Competing at the district tournament at Vandegrift on Feb. 7-8, the girls brought home second place and the boys fourth.

Wrestlers seniors Chloe Brandon, Troy Smith and sophomores Bridgette Bordeaux and AJ Lofton and freshman Alexis Chavez placed in district.

For the girls team, Brandon placed first in the girls 119-lb. weight class.

"It was the best feeling ever when coach put the medal on my head," Brandon said.

"My favorite part was getting on the podium and coach started crying."

Bordeaux brought home a first place medal from district in the girls 128-lb. weight class.

"My coaches and teammates were screaming so everything

MY TAKE

Senior Troy Smith and sophomore AJ Lofton competed at state on Feb. 22-23 in Dallas.

Lofton brought home third place for the second year in a row in the 145-lb. weight class. He was ranked second in the boys 6A division, placing first in district and second in region.

Smith placed first at district and fourth at regionals in the 113-lb. weight class. He placed in the top eight at the state tournament.

"I was happy about making state because this was my last year," said Smith. "Hanging out with AJ for the last year was my favorite part."

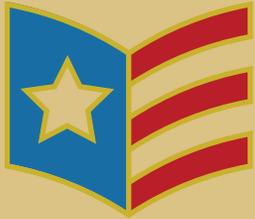
spread by Ali Meyer and Jaera Williams



do it for the team
On Jan. 17, sophomore **Luke Boatman** does a power half versus a Vandegrift opponent. It was the last home match of the season and senior night. "I feel excited when I take someone down because I know I'm going to win," Boatman said. "My team is my favorite part of wrestling they are my motivation because I don't want to let them down."
photo by mackenzi steckowski



strategic moves
Competing at Wrestlemania on Nov. 28, senior **Micah Morrow** uses a cross face to take down his opponent. Morrow competed in the 126 lb. weight class and won the match. "You can learn from everybody else and that's what it's all about," Morrow said. "When I'm wrestling, I feel like I'm in the best position possible because I love the sport and everything that has to do with it."
photo by jara williams



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> SECTION
DESIGN

under pressure

stress of school, peers can have negative impact on mental health

83 percent of students say they are overwhelmed

"I'm really overwhelmed with school and DECA, especially with state coming up. It's a lot of work. Mixed with all the AP classes, especially BC calculus, it's hard to keep up."

JACOB COHEN 12

8 classes

"There's so much to do for every class, and there's not really a balance. Geometry is my most stressful class. I like the class and my teacher, but we move too fast."

JAYDEN PELLEGRINI 9

12 hours of extra-curriculars per week

"Having band every day for three hours makes it hard to manage my time. You can take AP classes as long as you get your work done. It can be really stressful."

ADDIE O'NEIL 11

3 hours of homework each night

"I spend a lot of time doing homework each night for chemistry. I get really stressed, but I study with my friends."

AMOD DAHERKAR 10

WINTER MOMENTS "I got really stressed out when I had my first test of the year, an AP statistics test, during the third week of school." Sarah Renelt 11



HIDDEN STRUGGLE

Alyssa Jimmie 12:

"Struggling with mental health makes me a lot less motivated to do things. I was the basketball manager at the beginning of the year, but I was struggling with myself and being happy. Because of that, I didn't feel motivated at all to do my schoolwork,

It's a lot harder to get back up from that because I didn't do what I was supposed to do the first time.

Struggling with mental health is discouraging because I see it reflect in my grades and schoolwork. Seeing that fall apart really stresses me out.

Even though it's hard, things improve in small ways daily. There are always challenges that are harder than others. As the days progress, there are more things to look forward to. That motivates me and makes me want to work harder so I can see improvement within myself."

“ Things fall apart before my eyes at the same time they're falling apart in my head.

show up to school or care about my grades. A few weeks ago, I was really struggling, so I didn't do my English projects. I just had to do some simple things. It's easy work, but I felt so unmotivated. Because of that, I failed, and I'm failing now.

NEXT LEVEL

Mark Brown 9:

"High school is a lot harder than middle school. The homework was really easy, and we did most of it in class, but high school is a lot more work. My A-days are pretty easy for me. I have all my core classes on B-days, so they're a lot more stressful.

I've never taken an AP class before, so I have to take a lot more notes than I'm used to taking. In middle school we always had foldables or fill-in-the-blanks, but now I have to read from the textbook and fill in all of it myself.

Last year I could get away with not taking notes and still get 100s on my tests, but this year I have to actually take the notes. I feel like I have more time to do my work because of A-days and B-days, but combined with band, that cancels out.

Band makes getting my work done stressful, but it definitely motivates me to keep my grades up because I don't want to fail and have to stop participating in it."

POST-PRESSURE

Natalie Hamilton 12:

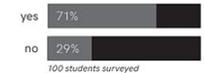
"When my Instagram account started to grow, I definitely felt a pressure to post stuff that's happy about myself like my family, vacations or things that I'm doing in life that inspire others. I believed I should be doing that for the people that follow me, but I've definitely come a long way and grown used to being more vulnerable.

I was dealing with things that got fulfilled with how many likes I got on my posts, but now I've realized it doesn't matter how many I get. I think it's awesome that people are able to see my posts.

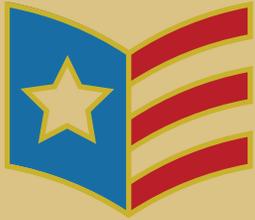
Now, I'm more open about my faith and how it's affected me personally, and I don't have to worry about what people I don't even know think about me. I think recognizing the effect my story and my walk with the Lord could potentially have on others definitely inspires me to keep reaching out to people and be more vulnerable about who I am, and that nobody has a perfect life, even if it seems like they do."

THE NUMBERS EXTRA-CURRICULARS

Do extra-curricular activities put a strain on your ability to get homework done?



ALYSSA JIMMIE 12
photo by gracie davis
100 students surveyed
spread by natalie mccain



GLORIA SHIELDS NSPA MEDIA WORKSHOP

Aidan Gutierrez 9
Benjamin Gutierrez 11
Tyler Guyton 11
Alexy Guzman 9
Emely Guzman 11
Kimberly Guzman 11
Ozair Habib 11



Cirena Hajovsky 11
Dhruv Halderia 9
Austin Hale 11
Cameron Hall 11
Audrey Hallam 11
Mallori Hamilton 11
Ryan Hammersmith 9



Brooke Harms 9
Enrique Haro Marquez 11
Hannah Harris 11
Jonah Harrison 9
Sydney Harrison 10
Claire Harsch 11
Erika Hart 9



Mercedes Hart 10
Evan Hartman 9
Kristopher Hatch 10
Luke Hatch 10
Brandon Hatley 11
Abigail Hawes 10
Lyth Hawwar 11

join the flock

On Aug. 29-30, 17 guys passed a flamingo shirt from class to class on picture day, making sure they looked sharp when the photographer said "cheese."

spread by marcus litz

bargain hunter
"I bought the shirt at Kohl's because it was on sale, and I thought it looked really cool. I wore it on picture day and told everyone else to wear it too. It was a last minute kind of thing honestly."
Ishan Patel 11

peer pressure
"I honestly did not really care about the shirt but did it. I felt peer pressured by all my friends to wear it as well."
Hatem Boushnak 11

joining in
"This is the first year I got to wear the same shirt as everyone else. They did it our freshman year. I saw them start the trend. I asked if I could join this year."
Rashaud Haynes 11

making memories
"I thought we were going to look like a bunch of idiots. I did it because I knew it would be funny and people would remember it."
Reid Haney 11

confidence boost
"I thought to myself that it made me look strong and it is OK. I liked the way it made me look in my picture. I do not regret it."
Azure Allen 11

make a connection
"It was to make people laugh when they look at the yearbook and make memories. I'm going to remember the connection I had with them."
Jack McMillian 11

go with the flow
"At first, I was like, 'what's going on?' and then did it anyways. I thought since everyone was doing it, it was the thing to do."
Evan Angustia 11

round two
"I did this my sophomore year as well. We wore this same color but it was with a little Hollister looking bird on it."
Sebastian Core 11

building bonds
"This was so stupid. It brought all of us closer together. All of us wearing the same shirt and being stupid together and made us feel like we were bonding with each other."
AJ Brewton 11

stand out
"I did not do this last year. I joined them because I thought it was something different. They asked me to join and I was like, 'sure' because it was something pretty cool."
Alec Fraga 11

trend setters
"I thought this was the new wave. A bunch of people hopped on the new train, and I was like, 'let's keep going.'"
Nathan Schlapkohl 11

looking fly
"When my parents see these photos, I think they will say we look dumb. I disagree with them because I think that we look fly."
Gabe Dichoso 11

outfit change
"I wore it because I wasn't wearing a nice shirt. I didn't know that it was picture day, and I was like, 'alright, I will wear it.'"
Jehaan Dalal 11

second thoughts
"At first I thought it was something stupid, but then as I thought about it, I thought it would be something cool we could all look back on in the future."
Andrew Caston 11

hot potato
"Someone brought a shirt, and we all passed it around class by class. One person would take it to English and pass it on the next person who had English, making sure they had it for their photo."
Ian Thomas 11

an inspiration
"The shirt was an inspiration from another kind. I did not know where it came from, but I was there on picture day, and it was presented in front of me to wear. I wore that shirt with lots of pride."
Colton Anderson 11

take it and go
"It was pretty easy to pass the shirt around to one another. I am going to remember that the shirt wasn't unique enough."
Justin Murphy 11



Luke Hammond 11
Mary Han 9
Paul Han 11
Reid Haney 11
Elizabeth Hanks 11
Kristofer Hansell 10
Guinivere Hansen 9



Keonalani Hansen 11
Gabriel Harbert 11
Leilani Harbert 9
Madelyn Harborth 11
Jacob Hardin 11
Jayden Hardin 10
Brylee Hardison 10



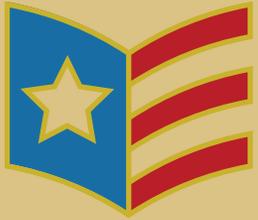
Collin Hays 10
Jack Hayes 10
Rashaud Haynes 11
Ethan Heffelfinger 11
Kwade Hegtvedt 10
Hannah Heimerman 9



Derek Helser 9
Avery Henderson 9
R. Reyana Henderson 11
Riley Henderson 9
Casey Henne 10
Andre Henriques 9
Paul Henson 10

> SECTION DESIGN

OUR MOMENTS "On a football game day, we all wore the same shirt. We did it to put us in the same mindset and get ready for the game." Steven Nabzeska 9



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



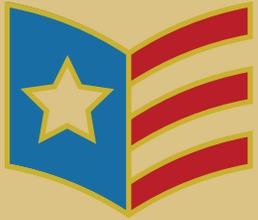
> CLOSING 1

By the **start** of the
second semester, we were
ambitious

to finish our 20-page DECA business
plans as 13 teams advanced to
internationals. Rain or shine,
NJROTC drilled every day after school
to **crush it** at the Waco Invitational.
After signing up for 2,061 AP exams,
our **determination** to pass
for the year grew exponentially.

report for duty
Saluting, senior platoon commander **Angelo Pacino Santillo** reports to a Naval officer at the Annual Military Inspection on Nov. 15. Out of six platoons in the unit, Santillo's earned "Honor Platoon," and the entire Lone Star Unit earned "Bravo Zulu." "I was extremely confident," Santillo said. "I wasn't nervous as the leader of my platoon. I knew we had it in the bag."
photo by noel vinzon

OUR MOMENTS "On Dec. 1, Star Steppers had our holiday clinic. It was super fun to be able to hang out with little kids and dance." *Kristen Thomsen 10*



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> CLOSING 2

bittersweet

Second in district,
the girls basketball team ended
its season at the regional quarterfinal
game on Feb. 19 feeling as

as ever. While freshmen **indecisively**
mapped out their four-year-plans in
Coach Cunha's fifth period,
seniors **proudly** accepted their diplomas
at the H-E-B center on June 1,
marking **that feeling when**
we set our sights on the future.

stop and smell the roses

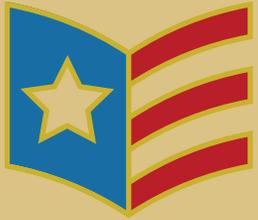
At her final home football game, senior drum major **Alice Palmiere** hugs color guard director **Erin Kosman** after the senior walk on Nov. 9. Band seniors walked out with their families, and they were each given a rose to honor their hard work. "It felt like a wave of a thousand emotions," Palmiere said. "Band molded me into the person I am today, and I couldn't be more thankful for everything I've learned."

photo by mason siever

OUR MOMENTS "To play the show one last time for the home crowd at the Nov. 9 game against Round Rock was such a incredible and fulfilling feeling." **Adarsh Patel 11**



bittersweet 271



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

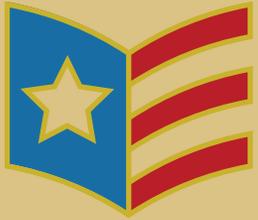


> COVER

> ODYSSEY

*University High School
Florida*





GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

NOT **EXACTLY** BUT IT WORKS

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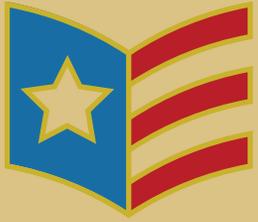


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GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

NOT EXACTLY

Her hands shook. Her eyes shifted from her teammates beside her to the crowd of people watching her. Freshman Jordan Dixon held the heavy wood close to her chest, afraid the audience would know it was her first time on rifle.

Winter guard coach Christy Hobby moved Dixon up to rifle from flag, giving her a brief window of time between band and winter guard season to learn a whole new tool from the varsity girls. In the opening act, Dixon had to do a triple, and she dropped the rifle on its way down.

Dixon's rifle clattered onto the floor. Her face flushed bright red as everyone else continued their routine around her. She froze, staring at the rifle on the ground.

THIS WASN'T EXACTLY HOW IT WAS SUPPOSED TO GO.

The voices from the crowd grew louder and the only thing she wanted was for it to be over, but it was just beginning. Dixon's teammates started to count through their routine louder. She looked up, grabbed her rifle and finished the performance.

IN A MOMENT OF BRAVERY, SHE MADE IT WORK.

Dixon learned that it was okay to drop. Everyone dropped something at one point in a practice or competition, so it was not the end of the world. In every drop, Dixon and her teammates tried to decipher what went wrong. They started videotaping their practices, and they found that after Dixon threw the rifle in the air, she crossed her hands before the catch. She knew the flaw in her mechanics, and they worked to fix it.

In the moment when things went wrong, **THEY LEARNED HOW TO MAKE IT RIGHT.**

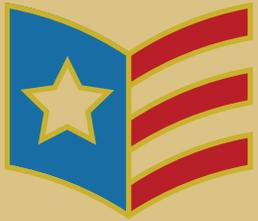
READY TO CATCH

Launching her rifle in the air, freshman Jordan Dixon does the triple throw. She missed the same throw at the last Winter Guard Competition, but worked to perfect the maneuver. "I feel more prepared now," Dixon said. "After that toss, [Coach Christy Hobby] gave us more tosses, so I had to learn those while having that first triple try."

PHOTO BY GRACE ROONEY.



> **OPENING 1**



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> OPENING 2

4 THEME

BUT IT WORKS



He stared at the hot glue on his hand. Seconds before, it slipped while he decorated skeleton-themed jars for Halloween and burned him. Upset by the initial shock, he lifted the glass jar above his head, angry. Teacher Michele Zawatsky watched him as his eyes glanced between her and the glass jar in his hand.

NOT EXACTLY THE BEST BUSINESS STRATEGY.

Zawatsky's student maintained control. He looked at his teacher, took a deep breath and put the glass down on the table. He knew a moment of anger could lead to a cut out of his paycheck or even losing his job with Titan Enterprise.

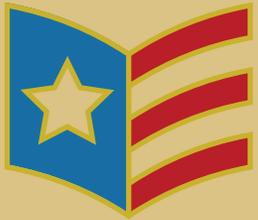
Throughout the school year, Zawatsky's students made and sold goods, often themed around holidays, to learn the skills they needed to be independent in the real world, like being able to give correct change back and to learn what it took to keep a job.

DESPITE HIS INTENSE EMOTIONS, HE MADE IT WORK.

Her students realized they didn't have to be perfect. They were going to get angry or frustrated. It was hard to maintain control, as Zawatsky told them it would be. If they needed help, she wanted them to know they could ask for it. Over the course of the year, **THEY LEARNED THE VALUE OF THEIR WORK.**

HAND UP After finishing her pom-pom balls for Titan Enterprise, student Jacqueline Malagon-Morales goes to high five para Deborah Gearing. Malagon-Morales initially struggled with the project, but she made it work with the help of her para. "She was really proud of the work she did," Gearing said. "She did it all on her own and had a lot of fun." PHOTO BY GRACE ROONEY.

OPENING 5



GLORIA SHIELDS NSPA MEDIA WORKSHOP

> SECTION DESIGN

THROW

LET'S SEE YOU

**VARSITY WINTER GUARD POTENTIAL ATHLETES
COMPLETE TRYOUTS** CONTENT BY BRIAHNA MARTIN

3:30 P.M. STRETCHES

"It helps warm and loosen up your muscles," senior Joseph Salvatori said. "We stretch our legs, arms, our back and then our wrists. [The best stretch] is when you're sitting in straddle, and you have one arm over the other touching your foot."

4:00 P.M. DANCING

"It flexes out our body," junior Zoe Collins said. "When we start dancing, we already have our body loosened, and we do a lot of pliés. It helps us with our posture and makes sure our toes are pointed correctly and turned out."

5:00 P.M. THE FLOOR

"You dance your way across the floor," sophomore Isabelle Braudakis said. "They improve basic skills like first position, plié, grand plié and posture. You go through a checklist to make sure your posture is good, and your feet are pointed."

6:00 P.M. FLAGS

"My favorite thing about working with flags is learning new tosses," sophomore Danielle Rudolph said. "Warm ups help me to work with them because it gets my wrist stretched out and helps me get the force I need to toss."

IT TAKES TIME

WINTER GUARD PRACTICES IN CAFETERIA AFTER SCHOOL



BEHIND MY BACK Before starting practice, freshman Molly Asmussen pulls her arm back, as she does the butterfly stretch. This prevented her from hurting herself while turning her flag. "[We spend] 15-20 minutes doing our different routines before we get into the actual practice," Asmussen said. PHOTO BY SYDNEY HANSEN.

FOCUS Ready to catch her rifle, junior Kaley Lapp watches closely to ensure she will catch it right. She took her time to learn how to catch it without injury. "It's really hard if you don't know what you're doing," Lapp said. "To know and get everything down to where I'm confident and can do it every time took a full season." PHOTO BY MELANIE SCHEPMAN.

HANDS OUT With her hand outstretched, JV captain Isabel Rios mirrors a routine. The varsity captains recognized her work ethic and named her captain. "This year we have two teams, JV and varsity, compared to other years where it was just one large team," Rios said. "I'm definitely not the best, nowhere near, but I'll always have that moment in my head when I first saw someone spinning so professionally." PHOTO BY SYDNEY HANSEN.



LOOK LEFT All set, possible candidates prepare to perform their routine. In his third year on winter guard, senior Trent McGuire took on more of a leadership role. "The trying out isn't really nerve-wracking to me," McGuire said. "Getting the results is because I want everyone to achieve [their goal], so when I see the list, I'm excited to see who made the team." PHOTO BY ROBIN NTANKHEH.

STANDING TALL After graduating in 2018, Winter Guard veteran Courtney Lee visits to help with tryouts. She instructed the students trying out. "I have such a special bond with that team, and I love my coach more than anything," Lee said. "To help teach a sport that I'm passionate about really brings light to my day." PHOTO BY ROBIN NTANKHEH.



HANDS OUT Holding her position, junior Meghan Tirado performs a tryout routine with other potential teammates. Although they introduced new routines and warm-ups, the tryout process did not change. "Every year, she gets more and more advanced, and she challenges us a little more," Tirado said. "[The best thing about winter guard tryouts] is seeing everybody that's going to be on the team [and] seeing how we're growing." PHOTO BY ROBIN NTANKEN.

STAND TALL Stood tall, junior Karina Duque demonstrates how to do a technique. She participated in winter guard for a year and knew she could do well, despite having to learn a new toss. "For those who wanted to be on varsity, we had to learn a harder toss," Duque said. "I was a little nervous about the toss. I learned it pretty fast, so I wasn't too stressed about it." PHOTO BY ROBIN NTANKEN.

"[You use] the rifle if you are on varsity. When we have an intense show rifle and saber would go with that, it would ADD INTENSITY to the show and drama."

"Flags are used throughout most of the shows, whether they are sad or happy or dramatic. Flags ARE THE MAIN THING."

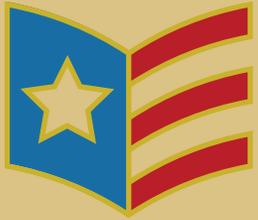


"Saber is used if you're on VARSITY and you're on saber line. Usually it's the same size as the rifle line."

DON'T FORGET

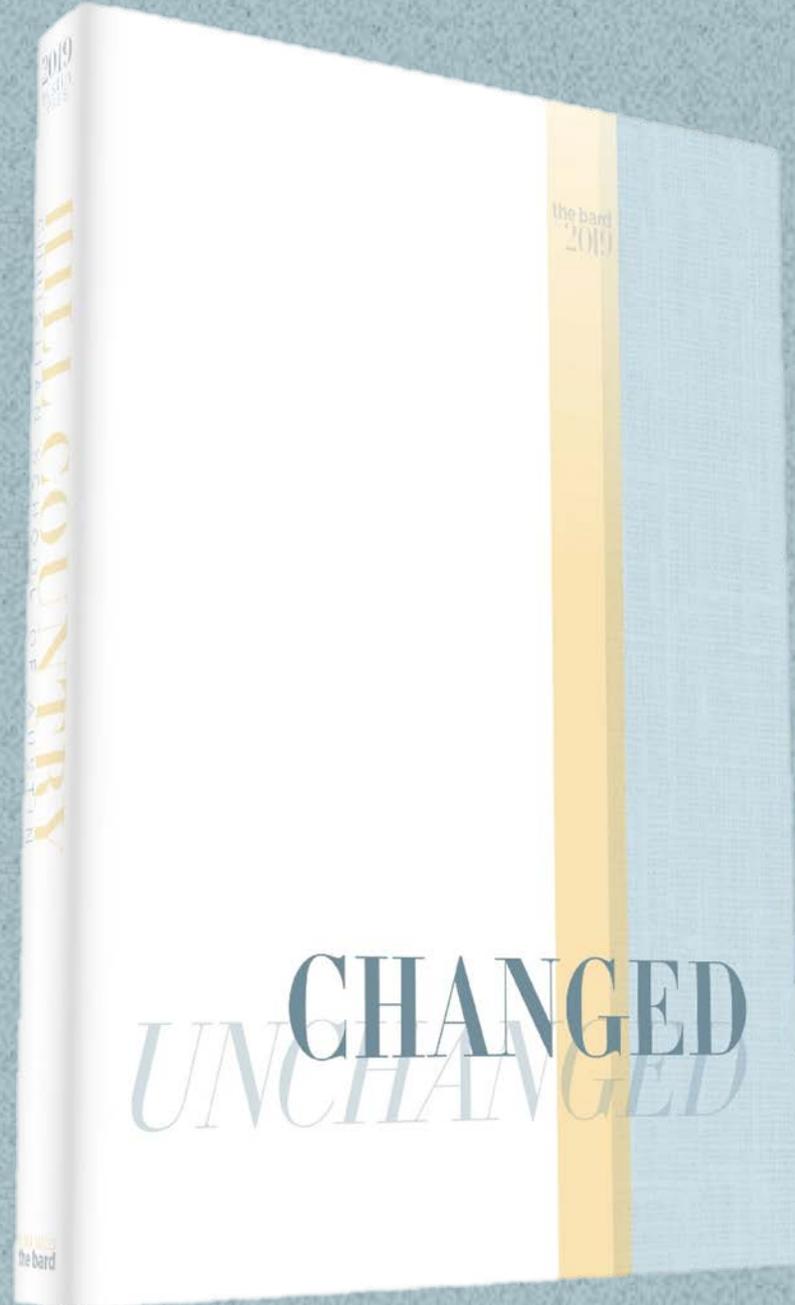
SOPHOMORE SABRINA SCHEPMANS CARRIES WINTER GUARD PERFORMANCE EQUIPMENT
PHOTO BY BRIAHNA MARTIN.





GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> COVER



> THE BARD

*Hill Country Christian School of Austin
Texas*



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

House flag flapping in the wind, senior Sierra Davis and sophomore Kelli Harrell greet the incoming buses on the road outside Camp Gardner. "I was really tempted to by and jump on the top of the bus," Kelli said, "but I didn't," photo by: Harry

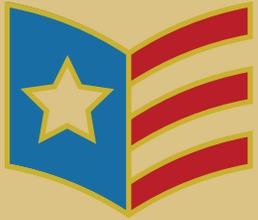


In some ways this year was just like any other. There was another NASA trip and another Camp Watermelon. Talks of finally building a building were met with students' smirks. It was just like last year and quite similar to the year before that. Or was it?

In reality, the school changed and so did we. We raised \$5 million and actually broke ground in February. We made smoothies in Home Economics, debated politics in the Great Thinkers Club and performed the school's first Christmas play in fifteen years.

As the year shaped us, we in turn shaped the school. Every year is different, but some things never change. Another year is complete and we are all...

CHANGED
UNCHANGED



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

FALL

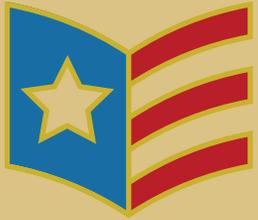
When school begins, it's all hands on deck. Mr. Donowitz takes over as principal, and Charlie Sullivan adjusts to high school after homeschooling for four years.

Yet Trinity Bledsoe still went to the homecoming carnival, and the middle school football team stayed undefeated. Some things change but others remain.

Breaking through the spirit
posters by the cheer squad
sophomore Steal Nupac leads
the team in running out before
the first football game. "Once the
music played, we ran out," Nupac
said. "It's cool to have everyone
cheering you on," photo by K. War

To celebrate the
end of the fall
month, students
sign the strock for
the new building on
Giving Wednesday. "I
felt excited as I was
signing my name,"
11th-grader Claire
Coley said. "I will not
be leaving any sports
when I am older but I
still will appreciate all
the equipment,"
photo by J. Huang





GLORIA SHIELDS NSPA MEDIA WORKSHOP



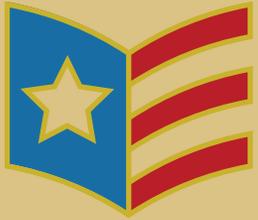
In Anatomy and Physiology, juniors Christian Muller, Grace Hodgson, Levi Utterback and Anley Drenner build a shelter as part of their island-themed challenge to learn about survival. "My least favorite challenge was the food challenge because I had to eat a ghost pepper file," junior Michael Yossy said. "It was really hot but I could not actually swallow it right away. My throat was on fire for fifteen minutes, so I just left class to go get milk and a milkshake from Mr. Dan." photo by J. Huang

Chewing ring through the gym as middle school students make the letter K with their hands during a volleyball game. "Chewing supports other people and it gets them more excited," eighth grader Haisley Drenner said. "So when we win it's a lot more enjoyable, but if we don't, we can still enjoy the game." photo by J. Lee

Ready to race, preschoolers Landry Brown, Gabeley Potts and Noah Allen line up on the starting line. On Bike Day, three-year-olds bring their bikes and scooters to school. "I have a bike-like. Joshua (Locking) has a bike." preschooler Stevia Lockley said. "His is green. Mine is red and white. I can pedal fast!" photo by J. Huang



> DIVIDER 2



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

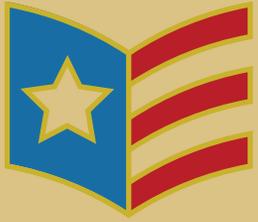
With a walker to complement his Winkly Wednesday costume for homecoming week, junior Hayden Jackson goes all out with his outfit to win points for the competition. "I remember [Hayden] having a walker and always being like a hunchback," junior Cal Todd said. "He kept saying he'd be like Coach Craycroft!" photo by L. Lee

Dressing up as stars, kindergarteners sing about how God made the world during the 15th annual creation play. During this play, some students performed with new costumes. "I played a star," Grace Roberts said. "I held up the sign for Day Six when God made the animals and the humans." photo by K. Brady

While carving pumpkins, seventh grader Tanner Hoover eats pumpkin guts for a bet during a house competition. "Mr. Horvath bet me five bucks that I wouldn't eat the pumpkin guts," Hoover said. "I said sure and put my hand in the bag and ate the pumpkin guts. It was really bitter and tasted like bad squash. I swallowed some of it and I coughed it back up. I would have done it for less money because it wasn't really something that could hurt me." photo by K. Hess



> DIVIDER 3



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



JUMPING from country to country

*Students travel internationally
and share global experiences*

Thousands of miles away from home, many students immersed themselves in the exotic cultures of foreign lands. Fifth grader Ty Vasok traveled across the Atlantic and Mediterranean to visit friends and explore new terrains.

"I went with my dad to Sri Lanka for a wedding," Vasok said. "We visited the jungle and there were monkeys flying around each other that got close to jumping on us. We went to a rainforest and saw a bunch of snakes."

While Vasok dodged the wild animals, others were not as lucky. In Costa Rica, eighth grader Roman Arce was bitten on the arm by a kinkajou.

"We were ordering pizza at the place we were staying and heard they were releasing an animal into the wild," Arce said. "Instead of going to the trees, it came to us. It freaked me out and climbed up my father. We had to come back to America early to get rabies shots."

Across the ocean, sophomore Grace Marx and the theater class experienced a less scarring change in scenery in Scotland.

"The currency is in pounds in Scotland which I did not like," Marx said. "The exchange rate was higher over there which means I had less money than I have here, which is super annoying. It took me a while to figure out what the coins and dollars were."

Keep the change

On a family vacation to Canada, seventh grader Sam Williams added three unique coins to his international currency collection.

"I've always collected coins," Williams said. "Every time I go somewhere international, collecting coins helps Williams realize the key cultural components of each nation. "I think it's cool to have a little piece of that country that you can take back with you."



On her trip through Europe, eighth grader Emma Colvin floats through the canals of Venice. "It was cool to see the places that I've heard about before but never visited," Colvin said. "The city of Venice looks like it's floating on water!" photo by E. Quinn



On their cruise around Europe, fourth graders Sarah Schaefer and Amy Schaefer stop in Denmark to admire the ancient castles. "We saw a lot of cool architecture in the castles," Sarah Schaefer said. "Some of it looked like paper mache!" photo by R. Schaefer



With a change of plans, sophomore Josephine Huang and senior Hannah Huang provide disaster relief to flood victims in Kun, Hiroshima, while originally planning to work as missionaries on the opposite side of Japan. Sophomore Dianna Wang also participated on the trip. "We never planned to go there," Wang said. "It was such a great experience helping people learn how to find joy even in the worst situations!" photo by R. Kovacs

As an entry in Costa Rica, junior Nicole Prado admires the interesting birds, especially the toucan. "The birds would fly super close and it was terrifying," Prado said. "I was afraid the toucan would attack me!" photo by a city employee

Surrounded by sand, fifth grader Ty Vasok jumps in the middle of the desert in Dubai. He spent his time sandboarding, sand duneing and visiting a traditional dinner party. "There was the biggest party in the tent with people throwing fire," Vasok said. "It was cool to see what people do for fun in foreign cultures." photo by T. Vasok



**GLORIA SHIELDS
NSPA MEDIA
WORKSHOP**



Intently studying the chess pieces, fifth grader **Billy** plans his next move to outsmart his opponent. "People always like to move only the pieces they like," Billingsley said, "but I try to move as many of them as possible. That gives me an advantage because I have several different angles on their pieces." *photo by N. Brady*

A THREE-DAY TRIP TO STATE

DECA State qualifiers describe their experience competing at State



"It was a lot harder than District, and it was really fun. Plus you got to miss school." **Braden Wardochia**, freshman



"You had to manage your time well, especially planning for your events and food!" **Dorcas Wong**, sophomore



"At the competition you got to learn a lot and bond with your chapter." **Rachel Huang**, sophomore



"We did Sports Entertainment Marketing but it just seemed like a really long weekend." **Ryan Boatright**, freshman

CHECK MATE

Chess club participants explain why they play the game

"I think I learned how to play chess when I was five. I don't mind playing with the older kids but there are some kindergartners there, too." **Boden Davenport**, first grade

"I love winning and it basically happens every time I play. The worst part is when you have two good moves, and you have to choose between them." **Will Appenbrink**, fourth grade

"I really like playing chess and I like when the teacher teaches you about different moves and other stuff you can do. That helps me a lot when I play a bunch of different people." **Hannah O'Connor**, third grade

"There are plenty of funny moments when someone accidentally knocks over a board. One time when we were in a really tight match during the last five minutes, we had to call it a tie because we were taking too long." **Ryan Berkland**, fifth grade

"My favorite part is playing with all the other people. The hardest part is when they put problems on the screen and we have to figure out how to solve them and win." **Elijah Gindler**, second grade

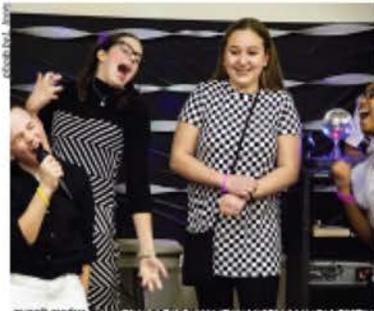
"I like it a lot. I haven't played before, but it feels really good to stay after school and go play." **Emma Edwards**, first grade

"There was a rook and a king on the board that had to move, but then you can switch them in a special move. I did it when playing against my sister." **Declan O'Connor**, first grade

"Every time I go to my grandparents house I always play chess against them. It's one of my favorite things to do with them when I go." **Nicholas Chell**, fourth grade



Experimenting with dimer out chemicals, freshmen **Li-ran**, **Adarsh**, and **Wandy** read instructions aloud. "Science Club was new this year and I didn't quite know what to expect out of it," Glan said, "but it turned out to be a lot of fun." *photo by H. Hamaker*



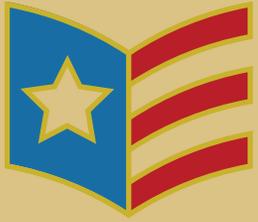
seventh graders **Maddie**, **Sarah**, and **Tareer** perform during the dance. *photo by N. Brady*



ninth graders **Isabel**, **Grace**, and **Justin** perform during the dance. *photo by N. Brady*

DANCE ALL NIGHT

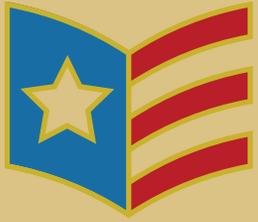
An evening of music, black and white, and lip sync battles
Every year, NHS organizes a dance for the middle schoolers. "I feel like not many people completely understood the black and white theme," seventh grader **Sarah** said, "and didn't understand how to dress up for it." Even so, the dance was a success, especially the lip sync battle. "It was super funny," seventh grader **Maddie** said, "I was going to do it, but chickened out at the last moment. I regret it. My group, with **Tareer**, **Howie**, and **Jack**, did **Baby** by **Justin Bieber** in a dinosaur costume and ended up winning."



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

- > *Strategic use of black and white*
- > *Whole-book type and color palettes*
- > *Text, insets, overlaps on the dominant*
- > *Extreme horizontal crops*
- > *Partial photo cut-outs*

TRENDING



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> COVER

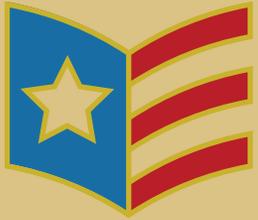


> HAUBERK

*Shawnee Mission East High School
Kansas*

SHAWNEE MISSION EAST
PRAIRIE VILLAGE, KANSAS
HAUBERK
2019
VOLUME
61





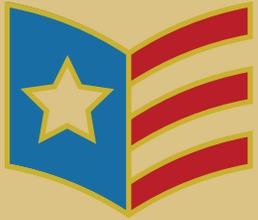
GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

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THE LAST LAP Hyped up the student section, senior *Cooper Holmes* ticks off the winter pep assembly.
PHOTO: ALLIE ERDNER



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

SOAPY SMILES Messing around at the choir car wash, senior *Ella Stotts* rings out a rag on sophomore *Gracie Schwabauer*'s head.
PHOTO: ELIZABETH SANDSTROM

SHAWNEE MISSION EAST
HIGH SCHOOL
7500 MISSION ROAD,
PRAIRIE VILLAGE, KS 66208
ENROLLMENT: 1788
PHONE: 913-993-6600

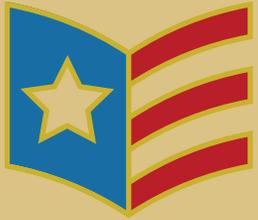


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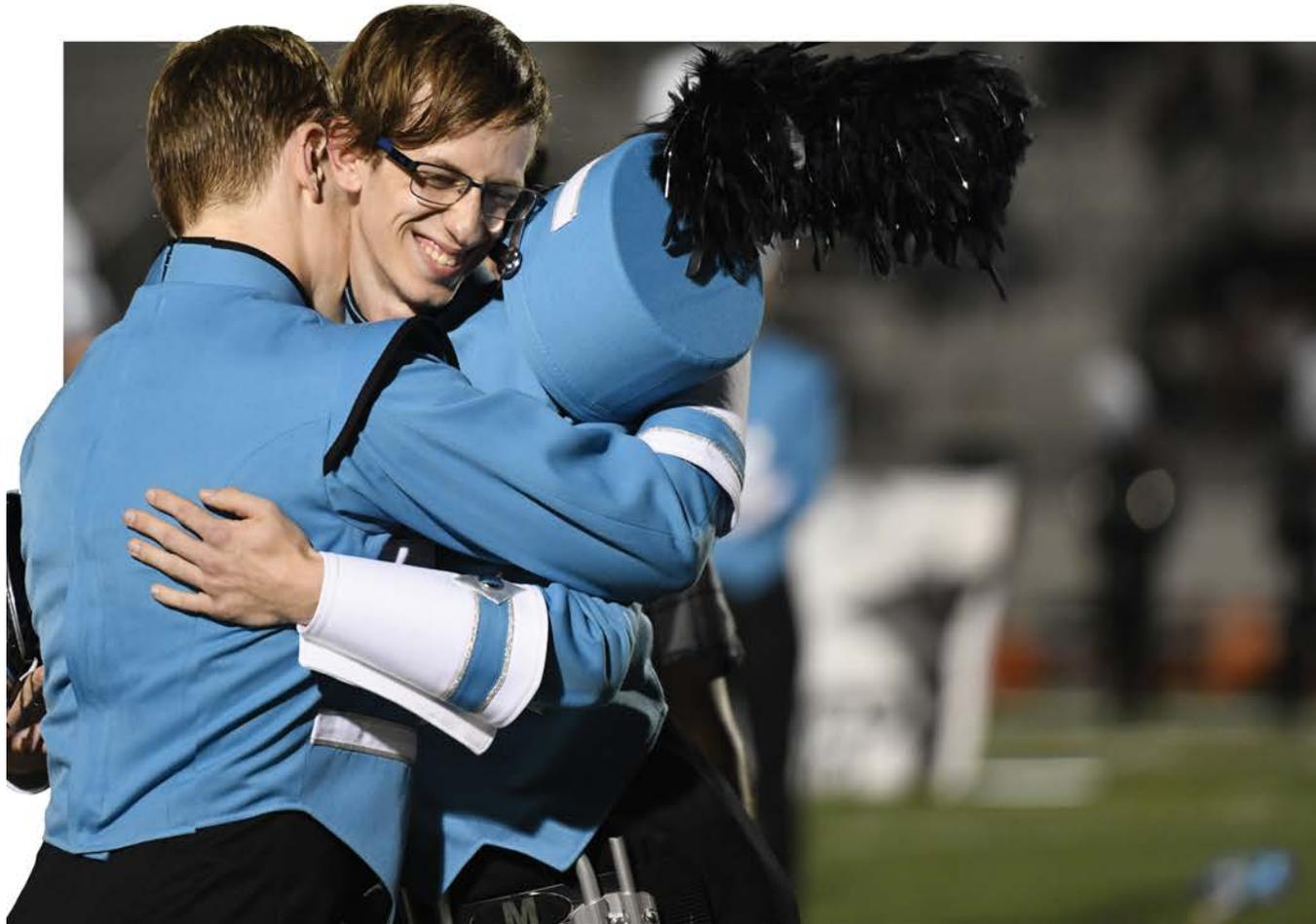
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GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



HUG ME, BROTHA above Smiling at a football game, senior Dakota Zugelder hugs fellow band members after a praise ending performance. photo else baker. **PLAY ON** for right Messing around with the band, junior Lily Campbell plays the keyboard enthusiastically. photo chaplaine brock. **SCRUB A DUB DUB** middle right Helping out in the choir car wash fundraiser, sophomore Tai Morely scrubs the window of the vehicle. photo jessie lenger. **IT'S LIT** middle left Performing a flame test, sophomores Jessica Pindell and Claire McPhail examine the purple flame caused by a chemical reaction. photo katie droke. **RECRUIT SEASON** right Drawing on a poster to recruit people to feminist club, seniors Lauren Winston and Elie Angela have fun illustrating their design. photo else baker.



THIS ISN'T JUST ANOTHER YEARBOOK ABOUT JUST ANOTHER HIGH SCHOOL YEAR.

Maybe someday, this year will blur into the others that make up high school. And the blur will become just a few peak memories. Like the homecoming proposal complete with a hotdog costume. Or the eight surprising, but always appreciated, snow days. And storming the court after our triple-overtime victory over SM South.

Our self-portrait for Intro to Studio Art may have been in stick figure form, but our solo in the Mancer Dancer routine should've won the award for best original choreography.

Regardless of what any other school in the district had to say, we knew how lucky we were to wear Columbia Blue. While Mission Road acted as a runway to show off our disco costumes, we were more proud of the upperclassmen boys spending their afternoon in the Auditorium with Haney after a failed attempt to revive Bano. The fact that our assassin knew our every move — while somewhat concerning — was impressive, but so was the fact that we refused to take a bribe.

We weren't satisfied with doing things exactly the way they've always been done before. We kept our traditions, and valued them, but we also wanted to create our own. We brought our Wii remotes to room 307 on a Saturday morning and relived our childhoods as Princess Peach to raise money for Hurricane Michael relief. When we took the stage at the first-ever StuCo talent show, the song we had spent months rehearsing in the shower became an instant hit.

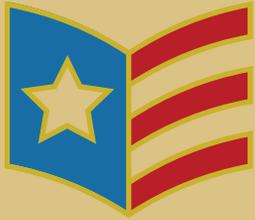
WE ARE **CREATIVE**.

We held ourselves to high standards. Whether it was an SR2QR for chemistry, a kick serve on the tennis court or the Friday night shift at Spin, we were determined to strive for more. When the February snow got in the way of our preparation for a state title, we replaced our lacrosse sticks with shovels and cleared the upper field for practice. Instead of sleeping in while the underclassmen cycled through the curriculum fair, we slapped on our hairnets and prepped over 18,000 meals.

WE ARE **DRIVEN**.

WE ARE **PROUD**.

> **OPENING 1**



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



LADIES' MAN above Running through the lines of cheerleaders on the way into East, sophomore **Keaton Duckworth** cheers along with them on his way to his first class on Lancer Day, photo Tera Hawes. **MUCH NEEDED BREAK** for right Using his hat to shield his face from the sun, senior **Chase Conderman** lays on the football field during band camp, photo Katie Drake. **QUENCH THE THIRST** middle right Taking a break after a hot day at soccer tryouts, senior **Jack Lischer** squeezes water into senior **Culley Woods'** open mouth, photo Elise Baker. **BENCH BUDS** middle left Chatting at the K-Life barbecue, sophomores **Georgia Cook, Hannah Hasenzahl** and **Julia Percy** make plans for the upcoming school year, photo Elise Baker. **FOOTBALL FLOP** right Yelling at after-school traffic, senior **Will Stapp** accepts the consequences of his fantasy football loss, photo Tera Hawes.



What we do, we do together. When we dare, we dare together. We shoved to the middle of the crowd of super heroes at the Link Crew dance, making sure that our friends were right behind us. After losing two football coaches in a six month span, we came together to carry the team to sub-state, never missing a post-game Freddy's run along the way.

WE ARE UNITED.

Our desire to showcase our passions was always evident. We skidded across the turf to catch a Frisbee, determined to secure bragging rights in our team games class. Hand in hand with our castmates during the final bow, we realized that we wouldn't trade our hours of rehearsing the choreography to "Under the Sea" for anything.

WE ARE PASSIONATE.

No one could accuse us of backing down from a challenge. Everything we do, we do it big. The thought of stunting for the first time after being ground bound for three months made us sick to our stomachs, but we've never been more ready to step on a mat. We finally gathered

the courage to volunteer for the bull riding competition at the winter pep assembly, knowing we would remember our friends screaming our name from the sophomore section long after we said goodbye to high school.

WE ARE BOLD.

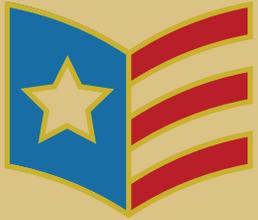
Who we were at East was our real selves. The thrifted denim jacket our English teacher complimented. The parties we lied to our parents about. The 1 a.m. group FaceTime calls that killed our battery and our physics grade. We are real.

WE ARE REAL.

All of these traits shaped how we lived our year. Turn the pages and see us.

**A S
WE
ARE**

> **OPENING 2**



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

WE ARE PROUD

**"I GREW UP
WATCHING EAST
TEAMS AND NOW,
BEING HERE, IT'S
BEEN REALLY COOL
TO REPRESENT MY
OWN SCHOOL."**

TYLER STOTTLE, 12

Anyone scrolling through Instagram the morning after Lancer Day could see it.

It showed on the faces of Chem 2 students the morning of Mole Day, when their hours of planning and presentations finally paid off.

We felt it as we anticipated Drill Team's hip-hop dance, and roved about the performance for weeks after its reveal.

We may not have wanted everyone to know our grade in financial literacy, and the amount of classes we skipped was borderline embarrassing. But each of us could find something — our ability to save money, how far we could kick a soccer ball, the number of volunteer hours we collected — to take pride in.

We are proud.

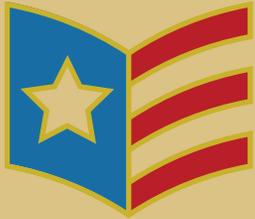
KANSAS CITY 09 LANCER DAY 11 DRILL TEAM 13 HOMECOMING 15 MOLE DAY 17 CHOIR 19

COFFEE SHOP 21 BOYS' SWIM 23 BOYS' LACROSSE 25 STUDENT SECTION 27 MASON SUDERMANN 29 EMMA BALDRIDGE 31



LOUD AND PROUD speaking at the Lancer Day parade, seniors Tyler Stottle and Anderson Maddox pump up the student section before the big game.
PHOTO ELISE BAKER

> DIVIDER



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> SECTION
DESIGN

WE ARE PROUD

"I GREW UP WATCHING EAST TEAMS AND NOW, BEING HERE, IT'S BEEN REALLY COOL TO REPRESENT MY OWN SCHOOL."

TYLER STOTTLE, 12

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We are proud.

KANSAS CITY 09 LANCER DAY 11 DRILL TEAM 13 HOMECOMING 15 MOLE DAY 17 CHOIR 19

COFFEE SHOP 21 BOYS' SWIM 23 BOYS' LACROSSE 25 STUDENT SECTION 27 MASON SUDERMANN 29 EMMA BALDRIDGE 31



STRIKING THEIR OWN CHORD

DESIGN MEREDITH MCGANNON

EACH CHOIR HAD ITS OWN PERSONALITY.



FINAL PREPARATIONS right

Listening to choir director Ken Foley give critiques, seniors **Kevin Coomer**, **Jackson Engel** and junior **Henry Morgan** prepare for an upcoming concert. "Mr. Foley always tries to push us because he knows that we can always improve," Coomer said. "We don't get praise but it's good because it makes us better."

PHOTO KATE HARDINGER

FIRST CONCERT FRIENDS far

right Before the first choir concert, sophomore **Clara Hampton** messes around with freshman **Avery Dominguez**. "We all meet together in the band room," Hampton said. "We sing together and it's great because you get to hear the other choirs."

PHOTO ANNA PARKER



WHAT FOOD COULD YOU EAT EVERY DAY?

QDOBA. QDOBA IS WAY BETTER THAN CHIPOTLE. DON'T AT ME. NOT PANDA EXPRESS. NEVER PANDA.

CLAY FAUGHT, 10

Walking into room 211, choir director Ken Foley greeted all his students with a handshake and smile. He shook the hands of every student in every choir — freshman, gender choirs, chorales and chambers.

But each choir was different from the others. Each choir had its own personality. When the second hour bell rang, 35 sophomore boys entered the room, ready for another day in men's choir. They were the ones who would push each other around, but when Foley said it was time to learn the notes and choreography to "I Had A Moustache," they focused on the music.

"I've always had to teach guys that it's cool to be in choir," Foley said. "Being a guy and being in choir just goes together pretty well because we are just trying to express words."

As the sophomore boys left for third hour, 63 sophomore girls grabbed their maroon folders full of sheet music. Although they wanted to talk with their friends and Snapchat their "WMA" notes, they knew they needed to focus on the music.

"We'll work on a song for a whole block period until we get everything," sophomore **Aria Chastock** said. "Then we'll run it, and if there's still one missing part, we will do that the next class."

When fourth hour started, Foley stood in front of 90 freshmen. He watched the girls look over at the tenor and bass section. He knew the boys weren't singing as loud as they could, worried about what others might think of them.

But the group focused on learning and practicing their songs. At the beginning of the year, Foley taught them the basics: how to blend their voices and use websites to learn notes. He taught them that choir was a learning process, but if they stuck with it, they could eventually be part of chorales.

"What we get done is what we get done," freshman **Andrew Akon** said. "The more we get accomplished the better we feel."

When the bell rang for sixth hour chorales to start, Foley stood on his podium, looking out at 22 upperclassmen. A group that could split into eight parts during "Nyon Nyon," while singing as loud as fortissimo or as soft as pianissimo with their large numbers. A group that sang "Go You Gotta Go" to their basketball teammates on game day. They were a team, working together to create one voice.

After the chorales left to go to their last hour, the 34 chamber choir members stayed behind for another 50 minutes of singing. They arranged their

THE GROUP CHEMISTRY AND THE WAY WE WORK TOGETHER, IT'S UNSAID. IT'S ALL IN UNISON, WHICH IS REALLY COOL.

DANIEL HAMMOND, 12

chairs in a circle, sitting in assigned seats based on their part. As well as singing at concerts, they had gigs outside of school. They gave up part of their school day to sing in the highest-level choir. Because of that, they grew to be a family.

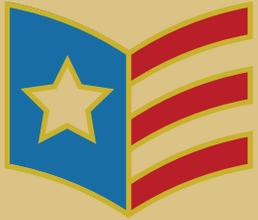
"The group chemistry and the way we work together, it's unsaid," senior chamber member **Daniel Hammond** said. "It's all in unison, which is really cool."

During the winter concert, the gender choirs made their way out into the crowd. The business fled onto the stairs, with the chorales and chambers standing in front of them — all one group. The piano played the first notes of "Hallelujah." The many singers started singing.

And it was all one voice.

STORY ELIZABETH LONG

CHOIR Period 7 (1:50-2:40) Ken Foley	QT 1	QT 1	EX 2	SM 1
NOT SO EASY FINAL CHOIR STUDENTS FOUND THE FINAL DIFFICULT.	ABOVE AVERAGE "The question, 'what language is this song or' was the hardest' because I don't speak Italian, Latin or German. I did better last year." MAISE SHEETS, 10	STRUGGLE IS REAL "I got an F, and I always get an F. But I still always end with an A in the class. The proper portion is the hardest part. Just having to find the notes." GRAMHAM MCKINDIGLE, 10		



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> DIVIDER

WE ARE CREATIVE

“ON STAGE, I CAN DO WHATEVER I FEEL IS RIGHT FOR THE CHARACTER. IT’S A SUPPORTIVE COMMUNITY AND EVERYONE WANTS EVERYONE ELSE TO SUCCEED.”

SOPHIA EGAN, 12

It wasn't just IB art portfolios and the Musical Review.

We opened up our Harbingers to find four consecutive pages dedicated to every conceivable angle of the juul controversy.

We noticed the math classes that thought to survey wholesale companies in search of the cheapest cans to win the Can Drive competition.

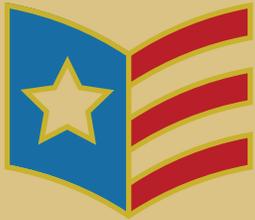
Seeing the costumes of “The Little Mermaid” cast, we were amazed. We might not understand how much thought went into each scale and fin, but we knew they looked good.

Maybe we mixed up the sugar and salt in our cookie cakes for Intro to Foods, but our Spanish 3 iMovies deserved Oscar nominations.

We are creative.



UNDER THE SEA Channeling Ursula in “The Little Mermaid,” senior *Sophia Egan* reaches towards the crowd during her solo.
PHOTO ELISE BAKER



GLORIA SHIELDS
NSPA MEDIA
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> SECTION
DESIGN

WE ARE CREATE

“ON STAGE, I CAN DO WHATEVER I FEEL IS RIGHT FOR THE CHARACTER. IT’S A SUPPORTIVE COMMUNITY AND EVERYONE WANTS EVERYONE ELSE TO SUCCEED.”

SOPHIA EGAN, 12

It wasn't just IB art portfolios and the Musical Review.

We opened up our Harbingers to find four consecutive pages dedicated to every conceivable angle of the juul controversy.

We noticed the math classes that thought to survey wholesale companies in search of the cheapest cans to win the Can Drive competition.

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NOVUS ARTICULUS

LATIN CLUB FOCUSED ON RECRUITING NEW MEMBERS.

With a bed sheet wrapped around herself, pinned with brooches at each shoulder to form a pepose, senior Nat Nitsch walked into school. People gave her weird looks, but she wore it proudly. She needed the extra credit to help her Latin grade. Other students didn't understand why the Latin kids did this. They didn't know it was dress-like-a-Roman day. But the Latin students welcomed the confusion. They wanted people to ask questions and become interested in the language.

“I don't think anything spreads awareness more than being able to see people wander around in bed sheets,” Nitsch said. “It's a cool thing to be able to do.”

IT'S NOT JUST GETTING MORE PEOPLE TO TAKE IT. IT'S HAVING IT AVAILABLE FOR PEOPLE TO TAKE.

NAT NITSCH, 12

Latin club wasn't like other clubs. It was East's chapter of the Kansas Junior Classical League, an organization that held state-sponsored events for all the chapters. During the year, the members of Latin Club participated in ultimate discus – a Latin version of ultimate frisbee – and coin cleaning. All this led up to the Latin Convention at the end of year.

Compared to other schools, East was not the athletic team to compete with. They usually couldn't participate in ultimate discus because they didn't have enough people. But when it came to cleaning coins, they scrubbed them as hard as they could, hoping to find an old Roman portrait.

“It makes you feel like a real archeologist,” Nitsch said. “It's cool to hold something that was held by a Roman 2,000 years ago.”

They wanted to show other schools that East still had a Latin program, despite only having 20 students.

At the Latin Convention, the members of Latin club left before school started and finished around midnight. They could participate in any event, from art to speaking competitions. But East was the only school that went out for the sack competition. It was something they started preparing a month in advance. A competition they won two years in a row, and hoped to win again this year.

“There's just a ton of different events, and I love them all,” junior Shelby Winter said. “It's just a day with the gang.”

Although the students prepared for the convention all year, they spent most of their time recruiting people for Latin. They talked to their friends about it in the halls and made posters for elementary schools. A few members even went to eighth grade orientation night at Indian Hills to greet people toward the Latin room.

Four years ago, there used to be two Latin I classes. Now, there was only one. It was the students' job to keep people interested in Latin. They wanted others to have the opportunity to learn not only another language, but another culture.

“That's why we do a lot of what we do, to keep it going,” Nitsch said. “It's not just getting more people to take it, it's having it available for people to take.”

Latin club was a group of people who shared the same passion and dedication for the language. People who were rooted in another culture. People who helped to keep the program going for future members.

“It's good to keep the social atmosphere with your fellow Latin nerds alive,” Winter said.

WHAT TV CHARACTER WOULD YOU WANT TO BE FRIENDS WITH? SPONGBOB. I THINK IT'D BE FUN TO BE HIS FRIEND BECAUSE HE DOES A LOT OF EXPLORING AND GOES A LOT OF PLACES. DEANDRE EUBANKS, 10

ROOM 510 LUNCH CLUB

LANGUAGE TEACHERS DISCUSSED THEIR FRIENDSHIPS.

WHAT WAS ONE OF YOUR FAVORITE MEMBERS TOGETHER?
Hacksworth: “I think The Blue Moose was kind of fun. We just had a rock meal, and got a break from kids. I mean, we love them, but sometimes a break is needed. We didn't really talk about school at all that night.”
Worley: “And that live behind me, that was so nice, because I'm oblivious. It was simply pleasant.”

DOES TRAVELING TOGETHER HELP HIM BOND?
Hacksworth: “Well first of all we had to do zip lining in Costa Rica.”
Helder: “Zip lining oh my! I was just off into the clouds. I loved it!”
Hacksworth: “I thought it was the most horrific thing I've ever done in my life. It's raining and foggy and high up and I can't see a thing. I want to go home. I don't want to go. So these ladies get to hear my terror stories, but only experience like that with somebody brings you closer.”

WHAT BOND IS YOU COULD BEST IN KANSAS?
Lind: “It's just daily things, like one morning my sister opened up the fridge and all the wine we keep up top just fell out and shattered all over the floor. I have people here I can eat and be like, ‘hey I'm going to be late.’ Then when I get home I can eat about all the sticky wine I had to clean up off my kitchen floor.”



LASTING LATIN At Latin Club, senior Nat Nitsch (left) helps a friend get ready for a pepose. Nitsch is a member of the organization. She says she has had a lot of fun with it. PHOTO KATIE DRAKE

FOOD AND FUN FAN FAVORITES AT LANGUAGE FESTIVITIES.

CHINESE

“Her dumplings are really good, and I just think it's so cool that we get to see her make them. She always makes sure you're full or have had enough. She just puts a lot of love into them.”
TREVOR PAULUS, 10

SPANISH

“Well I love word origins so I always bring stuff to a vocabulary but I normally can't eat what I bring. I love it when I'm able to eat but then I don't get to eat.”
ANNA STOVER, 9

FRENCH

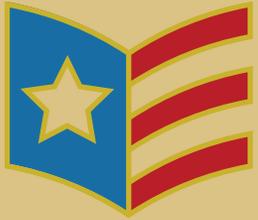
“Crêpe day in French class is my favorite. We always have a lot of toppings and get a little bit competitive about whole books, the best when we're done making them.”
ELLE ANGELO, 12



AROUND THE WORLD An international club, senior Audrey Helder gives a presentation about the trip to Germany that she went on this summer. Helder said, “There were some of the international students give presentations about what the trip was like in their home countries.” PHOTO ELIZABETH SANDSTROM

CALLIGRAPHY CLIQUE As president of the Hispanic Heritage Club, junior Justina Larisa Berroa and Elizabeth Frenkel brought together “Chinese classes are so small that you get to make a lot of friends,” Berroa said. “We're able to teach people about the Hispanic culture.” PHOTO KATIE DRAKE

SPREADING CULTURE As president of the Hispanic Heritage Club, junior Kim Ortiz sets up for Taco Tuesday. “The events we plan to get more people to join are always a lot of fun.” Ortiz said. “We're able to teach people about the Hispanic culture.” PHOTO ALLIE ERDNER



GLORIA SHIELDS
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WE ARE DRIVEN

**“IT’S REALLY COOL
TO HAVE THE
CHANCE TO BE IN
THAT ATMOSPHERE
WITH THE BAND
SEEING EVERYONE’S
REACTION TO US.”**

ZEKE KRAUSE, 10

Dur drive wasn’t defined by a perfect GPA or playing time.

It was adding 5,000 miles to our cars to find the perfect home for the next four years of our lives, only to write a 650-word essay the minute we got home.

We showed no mercy on Rainbow Road at the Coalition Mario Kart tournament, worried only about that first-place medal. Of course, the \$642.32 we raised for Hurricane Michael relief made our loss in the last lap bearable.

Pushing ourselves at every basketball practice, we knew the ten-60s would pay off when we were three overtimes deep in the SM South game.

So while we weren’t always nose-deep in a Quizlet, we never missed a 7 a.m. band practice, no matter how cold.

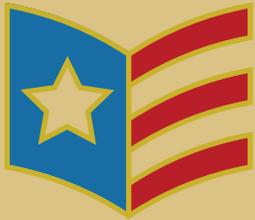
We are driven.

STUCO 61 GIRLS’ TENNIS 63 COLLEGE VISITS 65 WRESTLING 67 BAND 69 GIRLS’ BASKETBALL 71 BOYS’ BASKETBALL 73 TRACK 75 COALITION 77 GIRLS’ SWIM 79 AARON RALSTON 81 CHIP UFFORD 83



LEADING THE PACK At the Gardner football game, sophomore Zeke Krause leads the band in their first number of the year.
PHOTO: ELISE BAKER

> DIVIDER



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

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> SECTION
DESIGN



SWEET VICTORY

DESIGN STELLA MCKINNE

AFTER A SLOW START, THE TEAM FOUND THEIR GROOVE.

Only one minute left in the game. The varsity basketball team was down by one point against the McPherson Bulldogs. Suddenly, junior Nick Arensberg drained a three pointer. They had a chance. The Bulldogs tried to foul them, but it wasn’t enough. The boys on the court and the bench glanced at each other excitedly as the realization set in — they had won the tournament for the first time in 12 years.

While the season had gotten off to a rough start, in the weeks leading up to the tournament, the team’s record began to improve. Before their victory against McPherson, the boys were on a six-game winning streak, with the game against SM South going in to triple overtime.

“I think as a team we’ve really progressed because the season started out pretty slow,” sophomore Tommy Dreyer said. “McPherson was a good experience because they’re a really tough team to beat at home.”

Their wins had all been close games, so varsity basketball coach Shawn Hair started running special situation drills in practice,

helping the boys to better prepare. By putting 30 seconds on the clock and throwing the boys into time-and-score situations, he was able to work with them to improve their late-game plays and help them come out on top. “The team got off to a slow start. We got a bunch of new guys, and they struggled to find their way early on,” Hair said. “But they’ve just played incredible these last six games. It’s quite an accomplishment. They’re really coming together.”

Rather than having one star player, the boys split the scoreboard and were all able to contribute to their wins. The abilities the players picked up through defense and shooting drills gave them all equal chances of playing well with one another to help with their successes.

“This year it’s more of a well-rounded team,” senior Noah Kurlbaum said. “There’s not one player that sticks out more than another. We just have four really good players that get it done. That’s way different than past years.”

The fourteen teammates played with one another in McPherson, and the hours spent

together allowed the boys to work together easily for the success in the tournament. With three days of competition against Manhattan, Lawrence Free State and McPherson, the win was something to be celebrated.

Returning players no longer relied on one star player. The team spent every day at practice going over basic drills together, and had locker room talks before every game.

“We just really interacted with the young guys,” varsity senior Noah Kurlbaum said. “There’s a lot of sophomores and juniors on the team, and we haven’t had any issues with them being uncomfortable around the older guys. It’s just been a lot of fun.”

STORY KATHERYN NACHTIGAL

WHAT’S ONE THING YOU WANT TO DO IN HIGH SCHOOL?
I’D LIKE TO WIN LACROSSE STATE DURING HIGH SCHOOL LIKE MY BROTHER. THAT WOULD BE THE BEST THING.

MICHAEL MOHR, 09

THE SHOT IS HOT

PLAYERS DISCUSSED BENEFITS OF THE NEW SHOT TRACKER.

“Last year we were a decent three point shooting team, but this year we had a lot of people being able to knock down threes so the shot tracker has helped our shooting a lot.”
ANDERSON MADDOX, 12

“The shot tracker helps a lot. It shows what everyone is better off on the court and where the best shots are to take for that person.”
TONY FRIENDS, 11

“I think they will continue to use the shot tracker at practice and I’d hope one day use it at games since they get skills regulated for high school basketball, then we could play with them.”
JACK GILMAN, 12

“I like it because it shows us our progression and makes us want to work harder the next day to do better than the day before. It drives us to be the best we can be.”
PRESTON REYNOLDS, 10



UNPHASED *apex* At the Rockhurst game, sophomore Tommy Dreyer concentrates while rebounding the ball. “I like a big crowd. It makes the game more fun,” Dreyer said. “You just learn to block out the distractions eventually. It doesn’t really phase me anymore.”
PHOTO ELISE BAKER

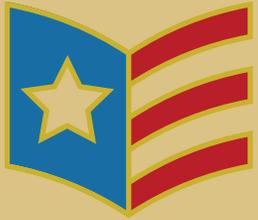
FRESH START *no left* At the first game of the season, senior Declan Conroy goes in for a layup. “I wanted to come out of the gate hot and get off to a good start,” Conroy said. “Since I’m new this year, people had big expectations for me.”
PHOTO KATIE DRAKE

REDEMPTION TIME *left* At substitute, senior Anderson Maddox plays against SM West. “It was a really emotional game for me because we got beat the first time we played them at the beginning of the season,” Maddox said. “They were taking trash and we barely won. I had one of my best games of the year.”
PHOTO ELISE BAKER



CELEBRATION SEASON *left* After beating Clatsop North, varsity coach Shawn Hair celebrates with the team. “I was feeling really good because we needed to win that game. Rockhurst game ready to have substitute set up the way it was,” senior Noah Kurlbaum said. “They have the top two Sunflower League players so being able to beat them was pretty special.”
PHOTO ELISE BAKER

UPHOLDING ASSIGNMENTS *above* In a preseason contest, junior Tony Friends comes into the game. “We each had individual assignments on who we were holding,” Friends said. “We basically just had to stop the big players.”
PHOTO TERA HAWES



GLORIA SHIELDS
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WE ARE UNITED

“ALEX WAS A BIG PART OF OUR TEAM DYNAMIC BECAUSE WE WERE SO CLOSE TO HIM. HE MADE AN EFFORT TO MOTIVATE US ALL.”

ADDIE DUNBAR, 10

It's no secret that we weren't all best friends. But East was a place where robot builders and theater kids, broadcasters and swim champs, Bollywood dancers and chemists, could find common ground.

We showed up with our middle school friends to the Link Crew dance, and left knowing the faces of over half the people in our grade.

Our favorite inside jokes were the ones we shared with our teammates, told and retold over post-practice Yogurtini.

And while the picnic after Senior Service Day didn't necessarily leave us wanting more, the time we spent as a class was far more memorable than eating a Chick-fil-A biscuit alone in our cars.

The surface-level icebreakers during syllabus week weren't particularly interesting, but we have to give them some credit for pushing us to take a chance on someone new.

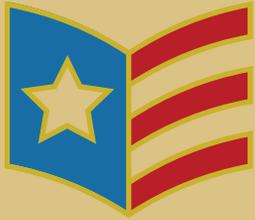
We are united.

LINK CREW 87 GIRLS' GOLF 89 VOLLEYBALL 91 SENIOR SERVICE DAY 93 FOOTBALL 95

WOODSHOP 97 BOWLING 99 SOFTBALL 101 BOYS' TENNIS 103 SOCIAL SKILLS 105 RICH WIGGINS 107 REAGAN SMITH 109



SUBBING OUT After being subbed out the game, sophomore Addie Dunbar receives a pep talk from coach Alex Hinton. PHOTO: ELISE BAKER



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SUBBING OUT. After being subbed out the game, sophomore **Addie Dunbar** receives a pep talk from coach Alex Hentzer. PHOTO: ELISE BAKER

calling an AUDIBLE

VARSAITY REMAINED FOCUSED THROUGH COACHING CHANGES.

DESIGN: ADDISON CARROLL

A week before the beginning of the season all of the players, eyes heavy from their 7 a.m. wake up call, fixed their weights room for their usual summer lifting session. They waited, not knowing they were about to hear the same announcement they all heard eight months before from their previous head coach, Dustin Dionny. Their new coach of seven months, Fred Bouchard, was leaving.

Questions rushed through senior Joseph Miller's head. Really? Are you serious? This happened twice in the matter of what? Eight months? The team was left without a head coach, again. This was only a couple days before the season started. This being their last year, the seniors were determined to keep the team together to prove they could play their best, even with everything they'd been through.

Their first game was only four weeks away. The seniors realized they needed to change the team's attitude if they wanted to compete for a state title. They had to put what happened over the summer behind them in order to focus on what was ahead. "We did a really good job of buying in and telling everyone we're still going to be fine because it's us," senior Anderson Maddox said. "We don't have to worry about anything."

The seniors knew what was demanded of them. The juniors, sophomores, and freshmen looked towards them for guidance and instruction of what to do. With that, their motives of simply winning changed. They were a team full of players who wanted to prove themselves. They not only had a goal of having a winning record, but also to keep a strong morale despite the loss of two coaches.

"He was the coach, but our talent is going to be our talent. We don't have to have him to succeed," junior Xavier Newman said. "At the end of the day, we're playing on the field. We're doing everything. We're putting in the work."

Their talent was their own, but the announcement of head coach Justin Hoover pushed them to start and end their season right. Hoover expected perfect plays and the boys to understand where and when to run, the expected excellence. With the mindset of putting in on their effort instilled by the seniors, the team was more than willing to exceed his expectations. "It was like we went through two break-ups and the final one was a perfect match," Miller said. "We really embraced him and made him feel welcomed right off the get-go. We couldn't have asked for a better coach."

HE WAS THE COACH, BUT OUR TALENT IS GOING TO BE OUR TALENT. WE DON'T HAVE TO HAVE HIM TO SUCCEED.

XAVIER NEWMAN, 11

Their loss against Gardner was their first game of the season with their new coach, new plays and new line up. They trailed with a score of 28-23, he won and two losses during the regular season put the team at the two seed for playoffs.

But Maddox knew they were "there to stay" with their home game against Lawrence Free State. They fought through the game with the 50-yard run made by junior Tony Friends and the two-point conversion that led the game up. They eventually led 36-30 to one of the top teams in their division. Their heads weren't hung after a Friday night game, and they weren't imagining what the season would have been like with Delaney or Bouchard. They moved on with Hoover. They were proud of who they were whether or not they were because they were strong, they put in the work and they did what they could. STORY: MADDIE REED



END OF AN ERA. After losing against Clothe Naim, senior **Casper Loulace** cries when realizing his high school career is over. "There's nothing like high school football," Loulace said. "The best parts are all the stories our coaches told us and the daily messing around. I loved everything that we did with the team." PHOTO: TAYLOR FORT



DEFYING GRAVITY. Right blocking with the ball in the game against SM Northwest, junior **Tony Friends** huddles over a defender on his way to the endzone. "You are expected to be jump over another player because of how short I am," Friends said. "I wasn't surprised though because I knew what I could do." PHOTO: ELISE BAKER

WHAT DO YOU LIKE MOST ABOUT YOUR FRIENDS? THEY MAKE ME LAUGH AND HELP ME FORGET ABOUT ALL THE STRESS AND BAD THINGS GOING ON IN MY LIFE. ANNA HEIDE, 10



TACKLING TRADITIONS

FRESHMAN AND SENIOR PLAYERS DISCUSSED THEIR FAVORITE TEAM TRADITIONS.

"Before every practice, during the game and after, we yell 'who let the dogs out.' I hope it will continue till senior year." MITCH WALDO, 09

"We imitate coach Haar. He's the freshman coach and every time we're practicing by the freshman he always yells all of us to do things. It's like a never-ending, high pitched voice." ANDERSON MADDOX, 12

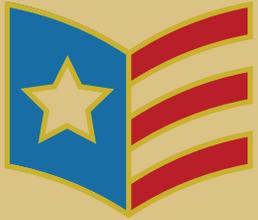


MAN DOWN. Far left As he runs with the ball in his hands, senior **Anderson Maddox** huddles on SM South player to the ground. "It's always great to beat your own team," Maddox said. "I mean, we beat them pretty pretty good too." PHOTO: ELISE BAKER

HEAT OF THE MOMENT. Left During the game against Orono, East, junior **Sam Sabin** huddles after a good play. "It was intense the whole game, everything was happening so fast," Sabin said. "My adrenaline was up and a lot was going on." PHOTO: ELISE BAKER

TIME FOR TALKING. Below Coming off the field, senior **Brookley Buttrick** sits down with Varsity coach **Todd Buttrick** to go through the replay of his catches. "I see his form," Buttrick said. "He can be really funny, but he will get really serious when it's time to work." PHOTO: ELISE BAKER





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WE ARE PASSIONATE

“WE WERE SUPER
PUMPED ABOUT
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YEAR, WE TRIED
REALLY HARD AND
GAVE IT OUR BEST.”

DAVID MURRELL, 12

High school wasn't always interesting. In fact, sometimes we'd rather do anything else than go to English class. But for everything that bored us half to death, there was something that gave us a purpose.

We never would've imagined ourselves caring about a marketing cluster test, but come time for a DECA competition, we pored over our notes on the bus ride there in hopes we would secure a ticket to internationals.

GABL season redefined the word intense; boys in short-shorts and headbands never looked so dedicated to a win.

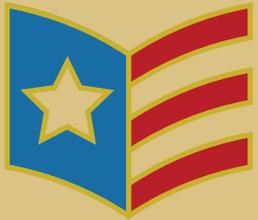
Frequent Fridays were a single performance in the little theater, but we saw no better way to spend our afternoons than perfecting our script.

Some might have found our passions impossible to understand. But the feeling of fulfillment that came from doing something we love — and are good at — needed no explanation.

We are passionate.

SIDELINE CELEBRATIONS AT
a GABL game, seniors David Murrell
and Anderson Mallick cheer as a
teammate makes a play.
PHOTO TERA HAWES





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PANCAKE BREAKFAST 13 CROSS COUNTRY 115 ART 117 GYMNASICS 119 GYM 121 DECA 123 GABL 125 GIRLS' SOCCER 127 FREQUENT FRIDAYS 129 BOYS' GOLF 131 JOSEPHINE COTTON 133 HENRY SOWELL 135



WEIRD BUT OK

STUDENTS IN TEAM GAMES BECAME COMPETITIVE DURING THE CLASS.

During the last shower in the corner of the boys locker room, seniors Kevin Connor and Isaac McDonald grabbed five of their closest friends and hopped in. The shower in the back was their go-to — it was the steamiest. They were already thinking about tomorrow's league football game and how they were going to adjust their lineups.

Kevin's team was trash yesterday, going 0-5. McDonald hollered as they walked out of the locker room. Connor brushed it off, maintaining his confidence that his team would make it to the championship at the end of the football year.

For varsity and intramural athletes alike, team games were like the fourth quarter of the 30th game, every day. Instead of Columbia blue jerseys, they suited up in their sweat-soaked gray T-shirts. Team games were the reason Connor and McDonald decided not to walk out of the locker room doors to drive the quick five minutes to Chuck-E-Cheese for a number one before stats. It was the class where they could let off some steam or flex their muscles after a day in the weight room.

Head basketball coach, Shawn Hair, personally selected six captains for each sport — football, volleyball, ultimate frisbee, and water polo. He believed that picking friends as opposing captains would create more competition between the teams.

"A lot of us are good friends. We organized sports and we're competitive," McDonald said. "So we always want to beat each other since coach puts us on different teams."

While they may have been friends before stepping onto the field, they couldn't help their fourth quarter game faces from coming out once things got heated. All the team captains had one goal — to win the championship game. They wanted the hype up imaginary championship ring. It was an everyday topic of conversation.

For most of the upperclassmen, it wasn't their first team games experience. They used to be the runts of the class — the last picked, hiding behind the seniors and hoping no one would throw a pass to them. Not anymore. They had risen in their ranks, and it was now their turn to draft a team.

"It's just a great honor to be a captain," McDonald said. "To have coach Hair like you enough to pick you."

On a 95-degree August day, when McDonald just wasn't feeling like going full force, he changed his mind as soon as he stepped on that burning turf. Avoiding competition was difficult when there were eleven boys ready to tackle him to the ground.

"I always go into team games not wanting to try because I don't want to get all sweaty," McDonald said. "But as soon as we start playing, some of that competitive spirit kicks in. It gets heated."

It made no difference if the boys of fourth hour team games made it to the ship or didn't win a league game. Those trash talking games were the things they'd remember, even if their team was the one being trashed. It's not often that one player can intercept another game winning touchdown and then chest bump five minutes later.

DESIGN AISLINN SULLIVAN - STORY BRIGID WENTZ

LOVED AND LOST A LOOK INTO THE STOLEN ITEMS OF GYM CLASSES.

47% ^{have had something} **STOLEN** ^{during gym class}

"I hid my leggings and sports bra stolen during a swim meet. I was upset because that was \$200 worth of clothes and I was really cold."

"Like, why would people want to steal from other people in the locker room. I feel like the school should do more, but I don't know what they can do."

24% ^{keep in} **PADLOCK** ^{on their locker}

RE LEDBETTER, 09
GRACIE KOST, 12



PULLING AHEAD ^{She's giving it her} ^{best junior} ^{Rory Frenck} ^{pulls weights} ^{to strengthen his arms.} ^{"I don't like it but I} ^{need the football,"} ^{Frenck said.} ^{"My friends} ^{are pretty good in the class. They're my} ^{roommates and they make it not so boring."} ^{PHOTO: ELISE BAKER}

BENCH (IMPRESSING) ^{opposite} ^{Showing off for photographers,} ^{seniors} ^{Daniel Hammond} ^{and Will Stepp} ^{hoop.} ^{"We seemed overconfident when the} ^{girls came in,"} ^{Hammond said.} ^{"We just had gym day so we were looking good."} ^{PHOTO: ANNA PARKER}

MAD HOPS ^{he right} ^{jumping in the air,} ^{junior} ^{Bassel Adel} ^{tries to block to pass} ^{in team games.} ^{"It's fun to play with and against my friends,"} ^{Adel said.} ^{"You have} ^{to stay on your feet to have good teamwork."} ^{PHOTO: ELIA MILLER}

ULTIMATE TEAMWORK ^{middle right} ^{in team games,} ^{senior} ^{Will Bruzo} ^{kicks the football to his teammate.} ^{"You have to get everyone involved,"} ^{Bruzo} ^{said.} ^{"They're always fun about it, getting to see everyone play."} ^{PHOTO: ELIA MILLER}

BARBALLIN' ^{right} ^{with a determined look,} ^{sophomore} ^{Elle Peters} ^{attempts} ^{to lift the heaviest weight in class.} ^{"It's nice to have a 30lb break in your day,"} ^{Peters} ^{said.} ^{"We can choose our own music and talk during the hour."} ^{PHOTO: LUCY HARTMAN}

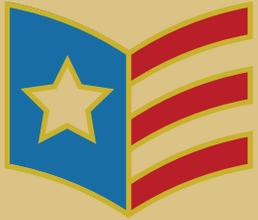
WHAT MOVIE ALWAYS MAKES YOU CRY?
DEFINITELY "THE FAULT IN OUR STARS." IT'S SUCH A GOOD LOVE STORY AND IT'S SO SAD.

MADIE STUMP, 10

SIDELINE CELEBRATIONS ^{at} ^{a GABL game,} ^{seniors} ^{David Murrell} ^{and Anderson McDonald} ^{cheer as a} ^{teammate makes a throw.} ^{PHOTO: TERA HAWES}



PASSIONATE GYM 121



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> DIVIDER

WE ARE **BOLD**

“WHEN I GET THE OPPORTUNITY TO DRESS UP IN A FUN OUTFIT, THAT’S WHEN I FEEL REALLY CONFIDENT AND HAPPY.”

JULIE FROMM, 10

We weren't all oozing with confidence. Sometimes, being bold was raising our hand in math, trying something other than a turkey sandwich for lunch or simply leaving our hair natural for school.

Printing the flyers for MORP, we wondered if we never should've brought it back in the first place. But hundreds of kids decked out in rave attire assured us it was a risk worth taking.

We showed up to lacrosse tryouts nervous, never having picked up a stick before. Come our first game though, we found ourselves on the verge of our second yellow card.

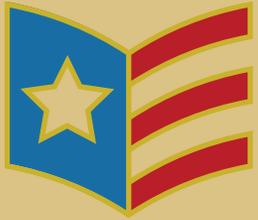
Attempting to eat a donut blindfolded in front of 1,500 people would have our middle school-selves in panic mode. But instead of being terrified, we were encouraged by the cheers of the student section.

We left our comfort zones at our own pace, but we all left them eventually.

We are bold.

WAY TO GLOW Dancing at MORP, sophomore **Julie Fromm** lets loose and jumps around with her friends.
PHOTO KATIE DRAKE





GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> SECTION
DESIGN

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BOYS’ SOCCER 139 MORP 141 CHEER 143 NEW YORK 145 DEBATE 147 WPA 147

PEP ASSEMBLIES 151 GIRLS’ LACROSSE 153 BASEBALL 155 BUCKET LIST 157 LILLIAN WILLIAMS 159 TALLE HAWES 161



JACKIE CAMERON, 11 T-SHIRT borrowed from a friend
MATT RUTHER, 12; KEVIN GRINSTEAD, 12; CONNOR SAWALICH, 12 PIKACHU HAT Shop-It Halloween Store
GRACE KREIG, 10; CHARLOTTE LOWE, 10 PINK T-SHIRTS Copied at Walmart
DANE ERICKSON, 12 JACKET Saviors find
OLIVE HENRY, 11; BROOKLYN MANNING, 11; BRYNN WINKLER, 11 SKIRT Forever 21 skirt
JACKET Thrifted

WHO?
WHAT?
WEAR.

THE BEST DRESSED STUDENTS AT MORP SHARED WHERE THEY GOT THEIR UNIQUE OUTFITS.



BRINGING IT BACK Above: Making sure the glasses don’t fall off, senior Malory Frank jumps with her friends. “It was so much fun to bring MORP back,” Frank said. “I think it was really fun that all the seniors were dancing together!”
PHOTO TAYLOR FORT

CIRCLE UP Right: Leaving his friends, junior Owen Curran is pushed into the middle of a dance circle. “I was pushing back and don’t really want to go in,” Curran said. “But, the people that were dancing in the middle were having fun!”
PHOTO TERA HANES

GETTING GLITZIER opposite Applying glitter to her face, senior Leana Ralley-Bates concentrates on perfecting her look. “We were getting ready at my house,” Ralley-Bates said. “We brought a bunch of glitter and it stayed in my hair for weeks.”
PHOTO ELISE BAKER



THROW WHAT YOU KNOW Above: Wiping his hands in front of his face, senior Connor Sewalich dances with his friends. “Being a part of student council, I knew how much effort we put in to MORP,” Sewalich said. “I knew it would be really fun, and how exciting it had been in the past.”
PHOTO ALLIE ERDNER

REVIVED and REVAMPED

THE RETURN OF MORP WAS A HUGE SUCCESS. DESIGN CHLOE SOWDEN

Masses of students formed in the middle of the cafeteria as “Mr. Brightside” by The Killers blared through the speakers. Junior girls, using glow sticks as earrings and sophomore boys wearing the Lukemon shorts, they were to school fist bumped in the air.

It had been three years since the last MORP. It was a StuCo planned dance—where formal dresses become neon green tutus and space buns, and country club dinners turned into a quick stop at Chipotle—and it was back on full force. In past years, roughly 500 students had attended the dance, but as football gained popularity and the team started winning more, MORP couldn’t compete with the Friday night games. With attendance at a low, the dance was canceled.

“We got down to only 50 people coming to MORP,” StuCo sponsor Hannah Pence said. “That’s not worth it, we’re not raising any money.”

However, after the success of the Link Crew dance, seniors Hannah Phillips and Liddy Stallard decided to try to bring back MORP. “It was just really cool to think we made most happen and we could make everyone have so much fun with a school dance,” Phillips said. “We figured if we could do it on the Link Crew dance, then why couldn’t we do it at MORP?”

Phillips and Stallard met with StuCo co-sponsors Brenda Fishman and Hannah Pence, vice principal Britt Haney, and student body president Jet Semrick. Haney confirmed with the faculty for chaperones, the date was finalized and it was established—MORP was making a comeback. All that was needed was to make sure attendance would not be an issue.

In order to ensure that there would be a crowd of the dance, Stallard and Phillips advertised everywhere. The girls reached out to friends and clubs that they were involved in, hung up posters with the unofficial slogan “make MORP cool again,” and created a video for class advisories with pictures from past dances so that everyone would know about it.

“There wasn’t that much we had to do once we got it planned and approved by Haney,” Stallard said. “It became more of a StuCo event than just Hannah and I planning it and so we had the whole social committee helping us.”

Aside from deciding on the main theme, Phillips, Stallard and the committee were in charge of finding a DJ and buying and making decorations. “I really liked MORP,” junior Reilly Moreland said. “I feel like the theme was something that classic and it was just so fun to see all the neon and rave and have everyone have all the glitter and space

MY GOAL WAS TO GET AS MANY STUDENTS THERE AS POSSIBLE AND JUST FOR STUDENTS TO HAVE FUN WHEN THEY WERE THERE.

HANNAH PHILLIPS, 12

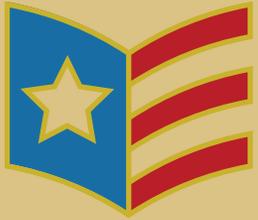
burn and that was really cool.” Decorations were simple, neon, cute, and unable to be torn down. Phillips and junior Caroline Chatham made a large MORP sign out of neon tape and paper from the art room that hung above the DJ. On the back wall of the cafeteria, they hung neon shapes that they had cut out of poster boards.

The purpose of MORP had always been to raise money for the Johnson County Christmas Bureau Car Drive, though the unofficial goal for Phillips was different.

“My goal was always just to get as many students there as possible and just for students to have fun when they were there even if we didn’t raise any money,” Phillips said. “That’s how I always looked at it, even if it cost us money I still thought it was worth it.”

STORY KATHERYN NACHTGAL

IF YOU COULD TAKE A NAP ANYWHERE IN THE SCHOOL, WHERE WOULD IT BE? BARDWELL’S OFFICE BECAUSE ONE TIME I STARTED CRYING IN THERE WHEN I WAS IN CHEM 2, SO IT’S KIND OF LIKE HOME.
TIM COODE, 12



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

WE ARE REAL

FASHION 165 DATING CULTURE 167 FAMILY DYNAMIC 169 PARTY CULTURE 171

RUMORS 173 CHEATING IN SCHOOL 175 SOCIAL MEDIA 177 STRESS 179 GENDER 181 PEYTON LINDSEY 183 YEAR IN REVIEW 185

Academics, extracurriculars and school-sponsored events were a huge part of high school; there's no denying that.

But what about everything else? The taboo topics. The ones we didn't give presentations over in class.

Like the texts blowing up our phones when we heard SRO officers were searching cars in the senior lot.

Or when we scrambled to copy down an entire chapter's worth of AP stats homework, convincing ourselves that since it was only or completion, it didn't really count as cheating.

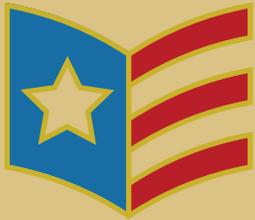
And pretending not to care when the person we liked broke our Snapchat streak.

That was truly high school. That was our reality.

We are real.



> DIVIDER



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> SECTION
DESIGN

WE ARE REAL

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STRESSED OUT

JUNIOR STRIVED TO MAKE OTHERS HAPPY AFTER STRUGGLING WITH HER OWN MENTAL HEALTH.

The majority of East Haled Mondays. But junior Beely Moreland loved them. She loved walking through the halls and hugging the students she hadn't seen in two days. She loved giving math teacher Christopher Burrows how he weekend was. She loved cheering up anyone who was feeling down because of the start of the week.

That was what Moreland was known for — being someone who could make anyone's day. And that stereotype was true: 99 percent of the time. But Moreland hadn't always been the go-to girl for anyone who was known as of East.

Five years earlier, Moreland's days were spent trying to deal with friendship issues in a small Episcopal school, a place where everyone had been together for seven years. It wasn't until she moved into a bigger school and started seeing a therapist that she realized her happiness depended on her own attitude.

"Growing up, I knew what it was like to have bad days," Moreland said. "Now, trying to reduce those for other people and make everybody's day better is what I like to do."

While Moreland loved being the person others went to when they needed some cheering up, it became stressful when she felt she could never have a rough day. The pressure of always being happy for others made Moreland feel like she needed to hide her bad days, putting up the persona of always being in a good mood.

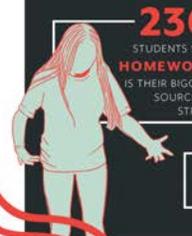
"People do rely on me to be happy and a rock for them," Moreland said. "That can be stressful because I do need to be there for other people that are struggling, but I also need to be there for myself."

Moreland worked to find the balance between being there for others and checking in with herself. She took time to be alone when she got stressed out instead of pushing through it and putting on a face. She found a healthy balance between being there for herself and being there for others.

"Finding a healthy balance between taking care of yourself and others is so important," Moreland said. "You can't take care of other people if you're not taking care of yourself."

A CLOSER LOOK: AN ANALYSIS OF STUDENTS' STRESS AND COPING HABITS HOW THEY HANDLED IT.

*taken from a poll of 530 students.



"PEOPLE DON'T UNDERSTAND HOW MUCH STRESS CAN AFFECT YOUR MENTAL HEALTH."
— ANONYMOUS

ILLUSTRATIONS: LILIAN POWLAS

WHAT'S AN UNHEALTHY WAY YOU DEAL WITH STRESS?
WHEN I GET TOO STRESSED I TEND TO JUST PROCRASTINATE WHICH ONLY MAKES IT WORSE.

ANNABELLE COOK, 12

JUNIOR DESCRIBED HOW SHE MANAGED HER STRESSFUL SCHEDULE.

Sitting on the floor of her bedroom with her chocolate lab Mocha, junior Tracy Salzman shared of the incomplete chemistry lab sitting in front of her. She still had five other IB classes with homework to do, meaning she would be up until midnight, on top of the night before focusing again, trying to follow the schedule she had laid out in front of her.

Being an IB diploma student meant Salzman never had time to procrastinate. Her days may have started with an alarm and ended with Moeberg 1, but the middle contained everything from IB HL Math 1 to IB SL Chemistry 2. When she wasn't making flashcards for her next chem test, she was practicing her 40 minute interactive oral discussion, or IOO, for English.

"There's some days where I'm like, 'I'm just not going to do well today because I'm super stressed,'" Salzman said. "I try to make it at school to hold myself together and get through the day, but if I'm at home I unravel sometimes."

Because of the pressure that Salzman was under, she had to find ways to deal with her stress and manage her time. She wrote out schedules in her planner that detailed her time after school, down to the half hour. She took what she called "brain breaks" where she would watch an episode of Friends or cuddle with Mocha. And she tried not to break out about every assignment.

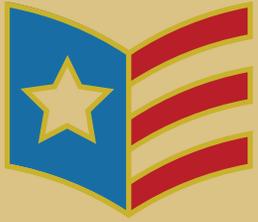
Focusing on the larger tests and projects, most took more time. For Salzman, it was better to joke about her stress than to admit it got to her. She would Snapchat her friends videos of homework she didn't understand or joke to her parents about how she could only eat dinner for thirty minutes or she would mess up her schedule.

"I try to joke about it in certain ways just to help me get through it," Salzman said. "But there is a point where it reaches that awkward middle ground between crying and laughing where I'm like, 'I can't do this.'"

Salzman had thought about quitting. More than once. But her competitive nature and motivation to get into a good college kept her dedicated to her schoolwork, even at two in the morning.

"I enjoy all my classes individually, but when I put them all together it's a lot," Salzman said. "It can get stressful, but I've always taken hard classes. I've never known anything else."

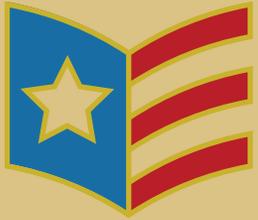
DESIGN: KIMBALL GOGEL • STORIES: LIZZIE MACADAM



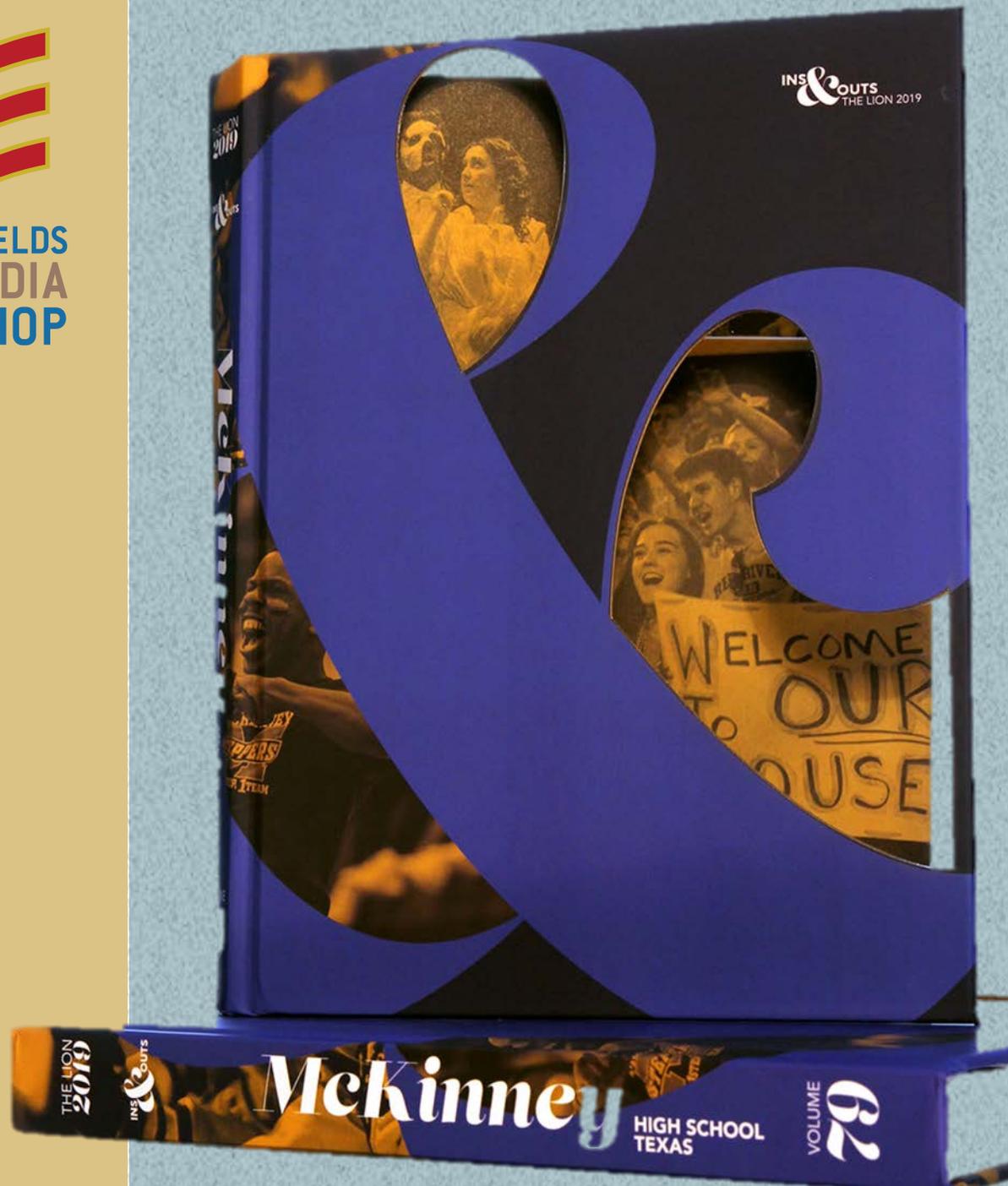
GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

- > *Tiny photos and group shots*
- > *Clusters of more than three captions*
- > *Crowded framing margins*
- > *Lack of expanded spacing*
- > *Avoiding traditional feature stories*

OVER IT



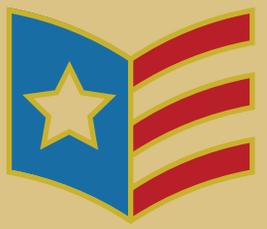
GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



> THE LION

*McKinney High School
Texas*

> COVER



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



SCREAM YOUR HEAD OFF
Before kickoff, senior Bryce Worley hits the drum. At the first game in the new stadium, students sat on the visitor's side during the game against McKinney North. "Everybody was super present in the moment," he said. "And getting to start chants and get everyone loud and excited for the game was cool."

LOUD

PROUD

w

We weren't sure what we were in for when school started.

Freshmen were figuring out their schedule and where the heck H-hall is (and so were some seniors).

We waited in Ms. Woodson's classroom reading "On the Come Up" for the new #ProjectLIT club.

The seniors made a massive group chat to plan the perfect senior prank.

We all rushed into the new Sperry Performance Center when we thought tickets for Phantom were sold out.

And when Mr. Arbabi told us after morning announcements, "You were born inherently good," even though it was kinda cheesy, it let us know that when we were at McKinney High School, we were

in.



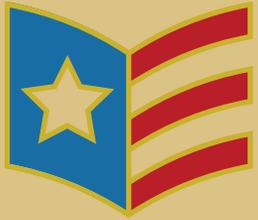
EXPERIENCING NEW THINGS
Landy Raymond
In a small group, freshman Ivan Frenandez meets with other newcomers. The newcomers meeting happens every six months for students new to the United States. "I like that you get help from teachers," Ivan said. "They worry about you an try to help as much as possible."



SETTING A GOAL
Adrian Wilson
In mid-air, freshman Marissa Darsby tries to clear the pole vault. Her best height was 5'2" this season. "This was 4'8" and I hit it, knocking it down," Marissa said. "It was frustrating because I'm not exactly where I want to be."



LINE IT UP
Gabby Rogge
On the field at the football game, senior Katherine Davison does victory lines. Katherine is a lieutenant. "I like that it's fun and a challenge, but the rewards is really good," she said. "We have a lot more opportunities as officers."



GLORIA SHIELDS NSPA MEDIA WORKSHOP

The construction trucks pulled out of the parking lot for the last time.

Instead of a boring Homecoming dance, we piled out onto the practice field for the Lionpalooza Carnival.

Rudy and MHS1 called us out for not buying parking passes.

Some of us ventured out of the country to Europe for Spring Break with Mr. Izak Santana.

More than 700 of us came out to the dance for senior Kate Pepper as she battled cancer.

Even when we stayed up until 2 a.m. doing power notes and the tardy bell rang right as we got to first period, if we were overwhelmed with school, jobs and relationships. Even when life got tough, you could never count us

out.

ONE LAST TIME
At the end of the playoff game against Wylie, senior Cordrick Dunn becomes emotional. The game ended in a 28-38 loss. "My thought going into that game was that it could possibly be my last," Cordrick said. "I had to go out there and put it all out on the line." *photo by Melane Russell*



CONNECTING THE PIECES

In digital electronics, senior Roshell Grant Wesley uses a solder iron to connect pins to a circuit board. Solder is a lead-based metal with a low melting point, which makes it easy to melt. "I burned my hands a couple times but it was pretty fun," Roshell said. "Being in engineering classes and club helped me realize this is definitely what I want to do."



WINGING IT

While filming Hot Ones, Mr. Izak Santana and Mr. Alan Arbabi read off a question. The object of the challenge was to see how the hotness of the wings challenges you to keep your composure. "My mouth was burning and I had a problem focusing on the conversation," Mr. Arbabi said. "I was proud that I was able to eat every one of the wings and not have to bow out."

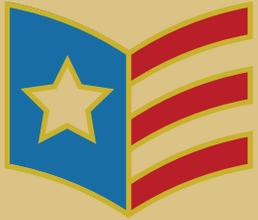


RAP IT UP

During a poetry slam, freshman Ashanti Hill reacts to a performer. The poetry slam allowed students to share their writing talents to their classmates. "Someone was rapping and it was so good," she said. "I was just so happy and excited in this moment."

BEGINNINGS

ENDS



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> DIVIDER

TRIED

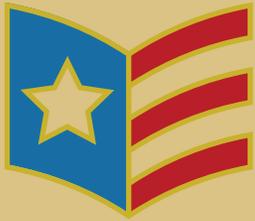


TRUE
student life

COME RAIN OR SHINE

At the game against JJ Pearce, junior Jaylen Gallardo, cheers in the rain. Jaylen was injured for this game. "The rain made the game a lot more memorable with my friends," Jaylen said. "I just watched my teammates do what they gotta do and show out."
photo by Melanie Russell

NOTTING HILL



THE INS & OUTS OF student life TRIED & TRUE

918 MORP TICKETS SOLD



DANCE THE NIGHT AWAY
The Dallas Sound Machine performed at the dance, which was held at the school. The students enjoyed the live music and the social atmosphere.

Seniors Brady Schroeder and Nick Simpson updated us on the best new music on The Dallas Sound Machine and some of us sported our Laszlo Lantos sweatshirts in the hallways.

Sophomores stayed up late trying to finish their mole projects for Chemistry and ASL Club woke up early to practice signing "Africa" to make sure it was perfect.

We walk down the main hallway, seeing our best friends before we head to class. We enter the classroom ready to ace that Pre-Cal test. We make our mark at the engineering competition and at the powerlifting tournaments.

We give up extra minutes of sleep, free time, and our social lives just to show that we're number one, whether it be in class rank or being the top UIL current events team in the state. Just a day in the life.



SPARK YOUR MIND

When you're in a class, you're not just learning; you're also having fun. The students are always looking for ways to make their classes more interesting and enjoyable.

LET'S GET WILD

When you're in a class, you're not just learning; you're also having fun. The students are always looking for ways to make their classes more interesting and enjoyable.



ON SHOOT

The students are always looking for ways to make their classes more interesting and enjoyable.

PRACTICE MAKES PERFECT

The students are always looking for ways to make their classes more interesting and enjoyable.

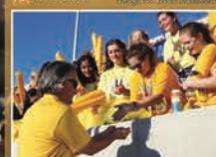
10 STUDENTS RAN FOR STUDENT COUNCIL OFFICE
For the first time in years, student council had a student body election for all office positions for the 2019-2020 school year.



FOURS AND FEARS

The students are always looking for ways to make their classes more interesting and enjoyable.

62 ESTIMATED STUDENTS IN WHATEVER AFTER BOYS FOOTBALL GAME



SMUTTERING

The students are always looking for ways to make their classes more interesting and enjoyable.

BIT BEAT IT

The students are always looking for ways to make their classes more interesting and enjoyable.

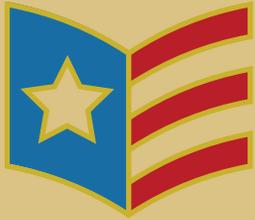
The students are always looking for ways to make their classes more interesting and enjoyable.



LIVING THE BLUE LIFE

The students are always looking for ways to make their classes more interesting and enjoyable.





GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

FALL & WINTER

november



NOV. 3

Ariana Grande's song "Thank U, Next" was released. The music video recreates scenes from four iconic teen movies. The music video broke a world record, reaching 46 million views in the first 22 hours the video was released.

Source: *Variety.com*

NOV. 6

102 women were elected to Congress during the historic Midterm elections. In Texas, Republican Senator Ted Cruz eked out Democratic challenger Beto O'Rourke. Cruz received votes from 50.9 percent of the state.

Source: *Vox.com*

NOV. 8

The Camp fire destroyed over 13,000 buildings and killed around 88 people. It started in Plumas National Forest and ran through Butte County. It was named the deadliest fire in the history of California. Source: *WashingtonPost.com*

NOV. 9

The annual Distinguished Lions Ceremony was held. Real estate developer Ray Eckenrode and stunt performer Jessica Harbeck were inducted at halftime of the Boyd football game.

NOV. 12

Comic book artist and creator of the Marvel Universe, Stan Lee, died at the age of 95 of congestive heart failure. Lee was known for his cameos in the Marvel movies, starting with "The Hulk" (1989) to "Venom" (2018). Source: *USAToday*



NOV. 26

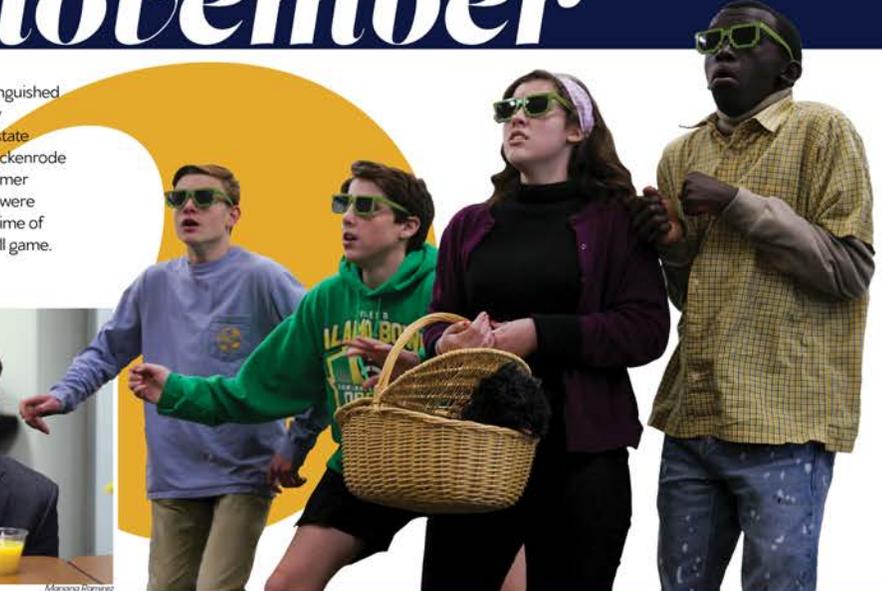
Over Thanksgiving break, a cat snuck into the school. Ms. Dondi Moran took the cat home and named her Luna, after they caught her in C-hall. "I've been thinking about getting a cat for a while after playing with Ms. Vinson's cat," she said. "It was kinda like fate when this just fell in my lap."

NOV. 30

George H. W. Bush, the 41st President of the United States, died at age 94. He suffered from vascular parkinsonism, a condition that limited his mobility.



Marissa Hernandez



december

DEC. 10

The foreign language department had a gingerbread house decorating contest. Sophomore Kamryn Lumpkin and freshman Sophia Angelucci were there for French Club. "We were making the house and I accidentally spilled the icing," Kamryn said.



Isabella Brooks

DEC. 14

The teachers spent a day in the Makerspace making ornaments to decorate for Christmas. Ms. Spain and Mr. Braddy planned the event. "We got the ornament ideas from Pinterest," Ms. Spain said. "Then we went to Walmart to get all the supplies and came back and set up the room."



Elizabeth Chan

DEC. 13

Junior Jack Kirkham and sophomores Allison Bennett, Tyler Price and Tristan Adtu performed "The Wizard of Oz" for the elementary schools along with the rest of theatre. "It was fun to hang out with the cast and make good relationships," Jack said. "Everyone's really fun and outgoing." photo by Landry Raymond

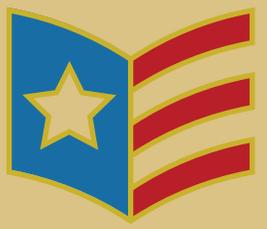
DEC. 14

"Spider-man: Into The Spider-verse" was released. The film won Best Animated Feature at the Producers' Guild Awards, and won an Academy Award for Best Animated Feature. Source: *comicbook.com*



DEC. 22

Key parts of the US government shut down after President Donald Trump and Democratic politicians hit an impasse over the president's request for \$5 billion in funding for the wall on the US-Mexico border, a demand Democrats opposed. Source: *Politico.com*



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

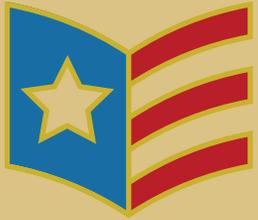
finally.

LIONS DEFEAT BOYD FOR FIRST TIME SINCE 2006



A BROTHERHOOD
After winning the game against Boyd, senior Jack Vinson, joined by the other varsity members, was asked to take a picture in front of the score board. The team made history when they defeated Boyd after an 11-year losing streak. "With a brand new coaching staff and only seven returning varsity members, the seniors have seen a lot," Jack said. "The special thing was that we all came together and formed a brotherhood that was capable of beating 6A football teams."
photo by Abney Garcia

> SPECIALTY
SPREAD



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WORKSHOP

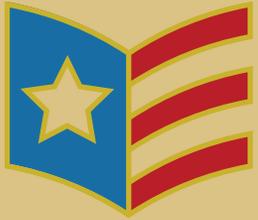
> SPECIALTY
SPREAD

0371 boyd

McKinney is GOLD



WITH OPEN ARMS
As the Boyd game comes to an end, seniors Tierney Uhl, Macey Wirburn, Esther Gbonia, and Zoe Zimmerman welcome the players heading towards the student section. "Before the moment we were about to win, I was really, really excited and was screaming at the top of my lungs," Macey said. "All my friends were coming and so I was reaching out for them." photo by Abney Garcia



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> COVER

not just one thing

pilot 2019

> PILOT

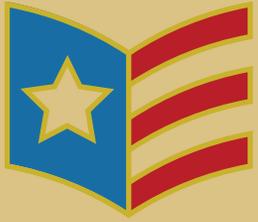
*Redondo Union High School
California*

not just one thing

pilot 2019

not just one thing

pilot 2019



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

not just one



1. Modeling at Redondo Pier, seniors Kennedy Trawick and Mira Stephaneff have a photoshoot with friend and photographer Masahiko Torres. "I love that I was able to form a group of friends at Redondo that support each other and have fun no matter what we're doing," Trawick said. Both have done similar shoots together in the past, as pictured.
2. Competing in her event, the butterfly, Sarah Quayle swims to win Redondo another title. "The Redondo Swim team has a very fun, competitive environment which everyone is able to benefit from. I especially love racing my friends in fly," Quayle said.



After swimming for seven years, Quayle excels in the backstroke and butterfly events during swim meets.
3. Sophomores Paloma Morales, Riley Kennel and Chloe Cantalupo cheer on junior Chris (Panda) Martinez at homecoming. "My friends and I have always gone to homecoming because we love not caring what other people think and we know we would have fun with each other," Morales said. Homecoming is organized and hosted by Semper Club.



passion

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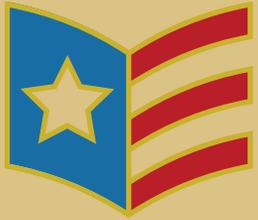
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> ENDSHEET



GLORIA SHIELDS NSPA MEDIA WORKSHOP

1. Participating in the March Madness tournament, senior Kyle Tsui goes for a layup in the first round. "I like how we have fun lunchtime activities such as March Madness, because I love playing basketball," Tsui said. Other sports series like seven-on-seven football and dodgeball tournaments are hosted throughout the year.

2. As a freshman at Redondo, Brooke Goldman joined Semper, the oldest service club on campus. "I joined semper because I enjoy planning events, and thought it would be really cool to help with Hoco," Goldman said. Semper organized this year's "Casino Nights" Homecoming in the Big Gym.

3. After joining AP Studio Art, senior Nicole Javellana has been exposed to new art forms in order to grow as her own artist. "The department gives me access to a plethora of free fabrics, paints, miscellaneous supplies, matting boards, and tools to facilitate my creativity," Javellana said. With her involvement in the program, Javellana has been able to display her art and network with high profile individuals in the Los Angeles Art realm.

Photo 1 by Mason Childs
Photo 2 by Meena Kabbani
Photo 3 by Masahico Torres



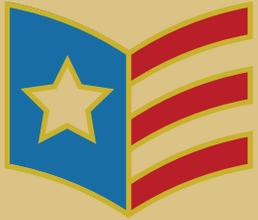
2 opening

what's your thing?



Is it the time when ASB killed the lights at the space rally letting our already obnoxious school colors shine and you decided to sign up for Salsa Club on the spot because you felt like it or when you ignored the leaky roofs in the new 900s building after measuring your heart rate for a Physio Lab which finally got you the grade you wanted for those random lanyards or phone pockets you seem to look forward to every quarter which ended up helping that time in Senor Sanchez's Spanish class you clicked the triangle on question 45 to win a game of Kahoot and cheered almost as hard as when Alyssa Munn shot the final point to win the girls basketball's last game against Costa or the celebratory shriek you and some classmates made after winning another game of 8-ball in the middle of 3rd period or struggling to read your sheet music through Mr. V's chanting for

"one last time"



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



3



1



2

but feeling even better

when you finally earned enough money working at Wanna Chill to hit Coachella and Stagecoach back to back with those friends you met in Bio who you grew close to and watched sing their hearts out as iconic fairytale characters during Into the Woods when in the same weekend you and your friend group headed down the 405 at 6 a.m. to beat the morning traffic on the way to the Arts District instead of the usual sunset hike to the PV tree to reach the same view you catch from walking up the main hall stairs to the pond for that glance you so easily take for granted but look at anyway?

No.

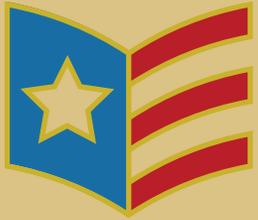
1. As a member of the varsity swim team, senior Daniel Fuentes practices butterfly during off season to prepare for the competition ahead. "I have been blessed to be part of such a great, hardworking team. Over the past few years, the swim program has allowed me to grow as an athlete and a teammate," Fuentes said. During the spring season, Fuentes and the team spend hundreds of hours in the pool, aiming to win their Ben Lugo and CIF titles.

2. Performing in the Car Show held in the auditorium parking lot, senior Pearl Saffrey showcases her musical talents. "Being in the Marching band program and having the privilege to be the Drum Major my senior year has truly shaped me into the woman I am today. It taught me how to love myself and it gave me confidence to be a strong leader," Saffrey said.

3. Making their first appearance in the spring, Momma Duck and her ducklings stroll around campus. "Quack, quack," Momma Duck said. During their visit at RUHS, the ducks often take advantage of the pond originally built for AP Environmental Science curriculum.

Photo 1 by Mason Childs
Photo 2 by Eden Millan
Photo 3 by Gael Bernal

> OPENING



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

We're **all** of these **things.**



3. On a field trip to the Redondo Pier, freshman Sierra Nunez snaps a photo of a fisherman's morning catch for photography class. "I really like the Redondo school program and the fact that they offer a great photography class. I'm glad to have these opportunities in such a great school," Nunez said. They were assigned to capture Redondo culture in their photography.

Photo 1 by Middle Brandon
Photo 2 by Jason Lopes
Photo 3 by Sierra Nunez

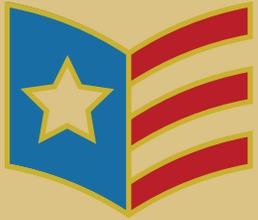


1. Working hard to finish his class notes, junior Alan Elias helps out another student in Spanish class. "As everyone student in Redondo has something special about them. By the time we graduate, Redondo will have opened one, if not many, opportunities for us," Elias said. Along with learning new languages, Elias spends his free time working as the secretary for Teen Court.
2. Celebrating a teammate's victory on the mat, freshman Teyah Gutierrez cheers alongside fellow wrestlers. "The best part about being a wrestler is being a female in a combat sport," Gutierrez said. Gutierrez, along with other members of female wrestling, feel a sense of empowerment due to the strength required for their sport.

We're **Redondo.**



> OPENING



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



1. Performing a traditional style dance, Hetal Shah shares a piece of her culture at the Talent Show. "From my experience, Redondo's students support each other's individuality and culture, making me feel excited to share my love of Bollywood with others," Shah said. Growing up in a home where Bollywood dance was taught and encouraged, Shah has learned to dance since her childhood and recognizes that is it now part of her identity.
2. As an AP Studio Art student, Junior Valentina Celis Zambrano has learned to paint on many different mediums. "Being in the AP class has opened opportunities for my future. I have already won two competitions and have three recognitions," Celis Zambrano said. As part of this program, students are allowed to submit their work to outside competitions in order to continue building their resume and portfolio.

Photo 1 by Mason Childs
Photo 2 by Scott Fujiwara

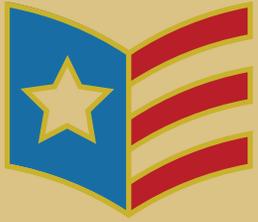
not just one

Walking through Club Rush and seeing all the brightly colored signs and having to choose between the two clubs you want to join but are on the same day so you first go to the LGBTQ+ Club and listen to Juninho's coming out story and then go to the Asian Culture Club and learn how to count to ten in the five major Asian languages when you realize you have to hurry to the Nest to see what new scholarships are available so you go to Key Club afterwards and hear about the upcoming volunteer opportunities and decide on the spot to sign up for the toy drive.



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> DIVIDER



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

> PROFILE

my hobbies

more than

Taking inspiration from his time skating, senior Drew Brown crafts rings from old skateboard decks and other forms of wood

by Chloe Rosenbaum

The bandsaw grinds powerfully through the old skateboard, cutting through multiple layers of wood. Small shavings flutter to the floor as an earthy smell fills the air. As the last of the wood is cut through, the saw switches off and a deafening silence fills the air. This is what senior Drew Brown experiences while pursuing his passion of woodworking. In his free time, Brown cuts up old skateboards and turns them into jewelry. While he can craft many different types of accessories, his main specialty is making rings. "Usually people just throw out their old skateboards and they sit for a while, but I turn them into something that they can use again," Brown said.

Ever since he was young, Brown has loved to skateboard and has collected many boards over the years. When he was 15, he decided that instead of just letting them take up space in his garage, he would make something new out of them. "I was just messing around at first and the things I was making were super far from being anywhere able to sell," Brown said. "It took me two years, but eventually it got to a point where people wanted them." Brown then decided to turn his small passion into a big business by making a logo, setting up a website, and selling his rings on Etsy. Brown said:

"It's been really cool experimenting to make each ring unique."

No two rings are the same since no two skateboards have the same design. There are many different colors and variations, including the layers on the board and

the direction of the wood grain. The process to make a ring is actually pretty simple and is mostly just sawing and a lot of sanding. Brown then finishes with wax and polyurethane, which creates a durable finish. The rings take anywhere from half an hour to an hour and a half to make, depending on the complexity and color of the wood. Brown doesn't keep an inventory, and only makes a ring if someone orders it. He charges \$15 for a basic ring, and \$25 to \$30 for the more complex, durable rings. "I usually get a few orders a week," Brown said. "Once [the ring] is done, I see where it's going. I put it in a little bag, and then add a couple of business cards, stickers, and coupon codes." He then ships it off and gets started on the next order.

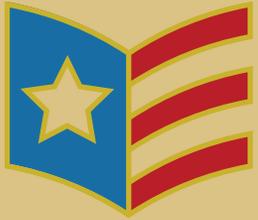
Surprisingly, woodworking didn't always come naturally to Brown, who experienced a fair amount of challenges when he started. "Before I knew how to do it, the different techniques that I was trying didn't work at all. Every ring was coming out super wonky and lopsided. 'Nobody wanted to buy his rings, making Brown very discouraged. 'I took a bunch of breaks, because I just gave up a couple of times. But I kept going back at it until I got it, and I finally got what I was looking for,'" Brown said. Eventually, Brown was able to master his technique and start consistently selling his unique wooden jewelry.

While Brown's main specialty is making rings, he also makes earrings, keychains, ramekins, and more. "I made a tabletop once, but I haven't sold it. I've made sunglasses too. I always like to experiment with stuff," Brown said. "I would say 90% of the stuff that I try and make out of skateboards doesn't turn out. But it is what it is, and the 10% that do work is always worth it."

"While pursuing his interest in ring design, senior Drew Brown has found a way to combine it with his love for skating. 'I realized a lot of people had old, broken skateboards, so I decided to find a way to reuse them,'" Brown said. He has started his own business from home, selling to other Redondo students and people in the community.

Photos by Maxilian Torres





GLORIA SHIELDS NSPA MEDIA WORKSHOP

not just one goal

What your religion?

Elise Dahl, 9
I am
Mormon
not
Jewish

Sammy Aldover, 11
I am
Christian
not
Buddhist

Michael Wood, 12
I am not
religious
but I am
Agnostic

Dasha Shevchenko, 9
I am
Russian Orthodox
and
Christian

Leyna Kataoka, 11
I am not
Catholic
but I am
Presbyterian

freshmen

"Homecoming as a freshman was a really new experience, because I didn't really know what to expect at the dance."

"I've always been a pretty social person, and I was in ASB in middle school, so I always went to the school dances. So of course, I was excited to go to homecoming for the first time."

"Although the dance was really fun and a good experience, I think my favorite part was leaving early and going to eat with my friends."

seniors

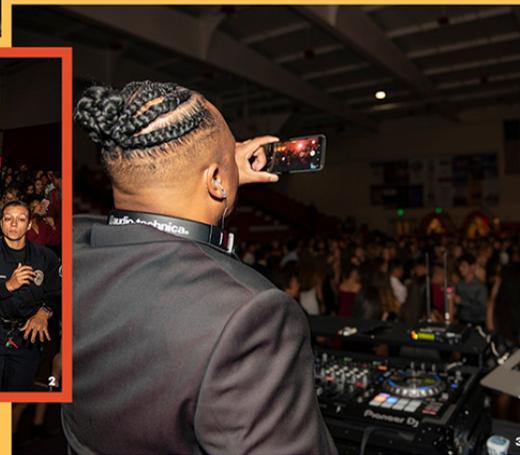
"Homecoming as a senior was just a lot more memorable, and I tried to really savor it since it was my last one."

"As for the decorations and the DJ, they were better than previous years. I think the ones from this year sank in more to me."

"This year, my favorite memory was dancing to some of my favorite songs. Driving around after with my friends was really fun."

Freshman Carly Carter and senior Hunter Bode experience homecoming with different perspectives

compiled by Suji Kim



The photography class captures PE students through multiple angles

compiled by Aayat Jhaveri

"I was up in the windows and I saw a guy trying to throw a basketball backwards. I thought it'd be a fun shot to take given the expression on his face and because he was trying something different. I captured the moment on his face where he didn't know whether or not he was going to make it. It was a fun shot!"

- Thomas Beucler, 11



"I really captured the kid's frustration about PE. I think that's what photography is all about, just capturing the moment as accurately as you can through the picture and so I'm pretty proud about this picture!"

- Karim Vidaca, 11



"I was inspired to take a photo because it really looked like the kids were working hard and were able to push through pain, since that's what PE is about. I wanted to really just show their feelings through capturing their faces!"

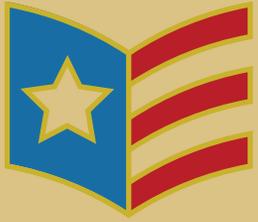
- Alyssa Munn, 11



through
the lens

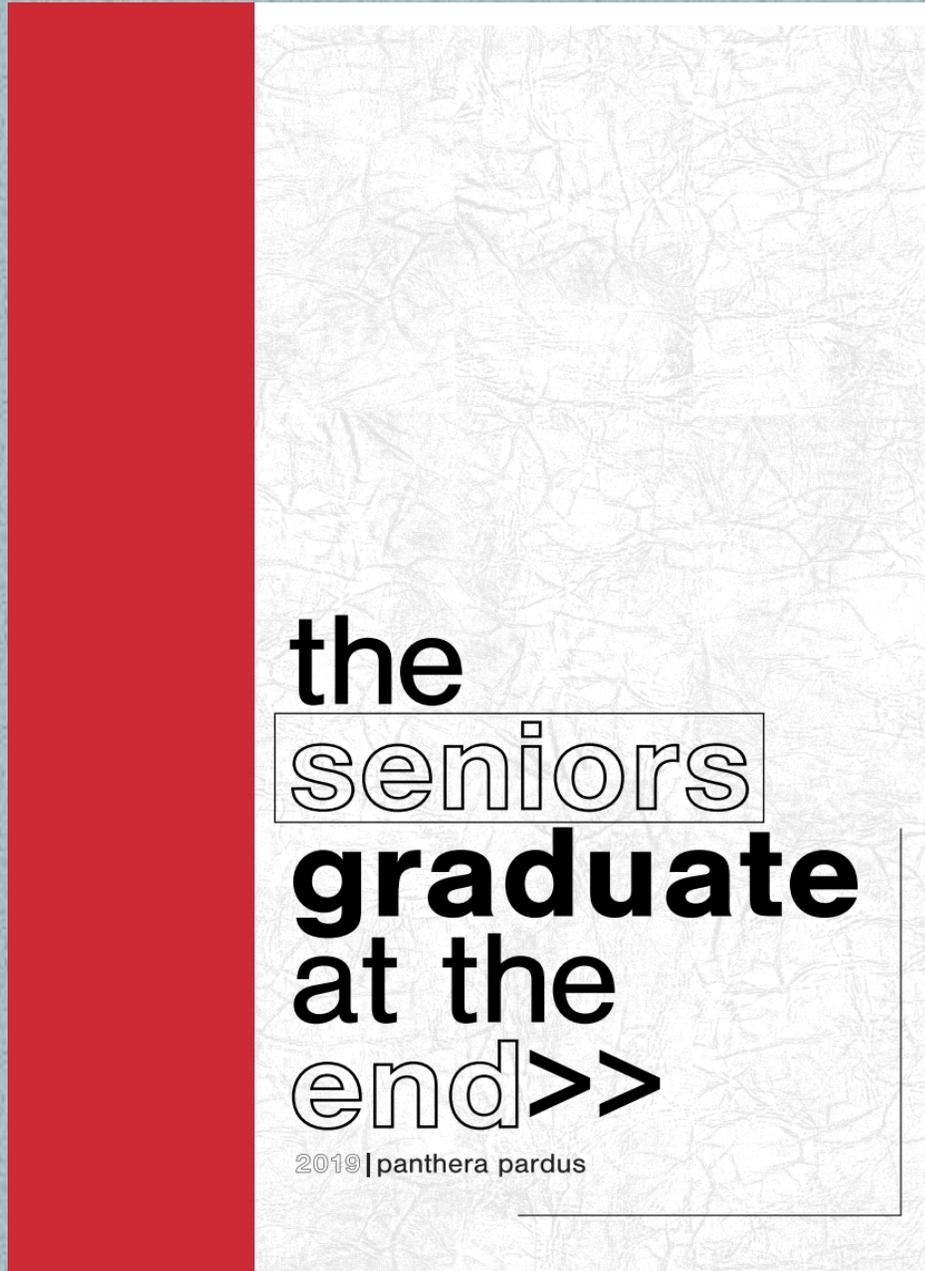
1. **Hurrying to capture the moment.** Students get in a crowd. "I had so much fun because I went with many of my friends," Carter said. Students who weren't friends before came close during moments like these at homecoming.
2. **Joining the students.** The police showed their dance moves. "It's not something you get to see everyday," said Bode. Even the police were able to enjoy the night.
3. **The dj takes a photo of the crowd.** "The dj played a lot of my favorite songs," Bode recalled. The music was a big part of the whole experience.
4. **Jamming to the music.** Seniors Noah Johnson and Ariel Rodriguez dance their hearts out. "I think the seniors really enjoyed their time because it was their last," Carter mentioned. Whether a senior or a freshman, students of all grades had fun together.
Photos 1, 2, 3, 4 by Masabco Torres





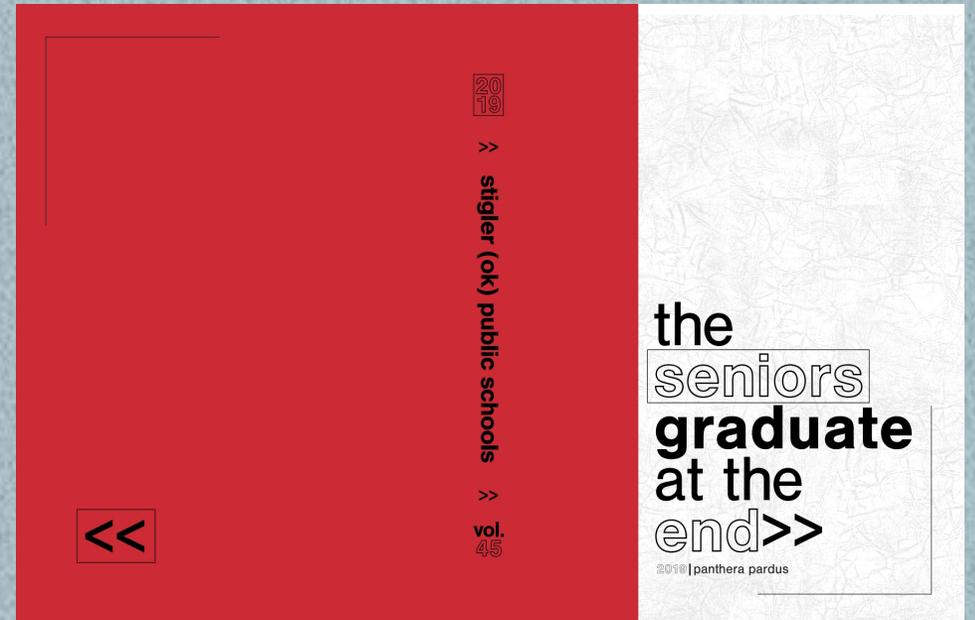
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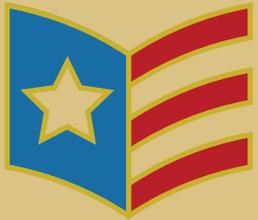
> COVER



> PANTHERA PARDUS

*Stigler High School
Oklahoma*





GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

the seniors graduate at the end>>

But what you don't know might be that the first pep assembly of the year was space-themed.

Or the fresh-baked cookie smell coming from the Biology I class in room fifteen was actually a smores lab.

Or the first graders experienced a field trip at Wild Things Farm where one class stomped through a mud-filled corn maze.

While a school year full of the same events and activities might seem monotonous, there are so many other things that happen that sometimes get overlooked.

So let's look at the things you know and some things you don't. Something expected, and some things unexpected.

Now turn the page and watch your year unfold before your eyes.

The Loud Crowd >> At a basketball pep assembly, seniors **Nikkie Cole, Alyssa Xiong, Saylor Thornton, Georgia Stevens, and Roslynn Franks** try to win the spirit stick. After the shouts, it was announced that the seniors did win the spirit stick.
photo by Jessie Bohanan



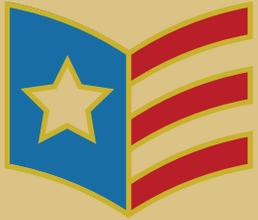
> **OPENING**

002

the seniors graduate at the end >>
theme opening
page by Mahaylee Minor

"The one thing I want to do before I graduate is go to the PBR and barrel race."
>> Sadie Belicek, sixth grade

003



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



Cheering
Up the
Crowd >>
Sophomore
Madison
Needham cheers
from the track
during a home football
game. The cheer team
had to do fifty-six
kicks while playing
the Checotah
Wildcats.
photo by
Mahaylee
Minor

If you have made it this far, you clearly know how yearbooks work or you just randomly ended up on this page. Either way, we would like to officially welcome you to the sports section.

Get ready to see senior **Sarah Busse** throw a fastball, and sophomore **Braden Drewry** score a touchdown, and junior **Mattie Self** shoot a lay-up, and senior **Parker Rose** sink a putt.

And don't get your pom-poms in a ruffle, we have cheerleading covered too. (Yes, it's a sport.) Plus we have all the other sports we played.

Homeruns, first downs, cheers, free throws, birdie putts, crossing the finish line: we've got them all. We won some, we lost some, but who's keeping score? (Actually, we have scoreboards here, too.)

From our big football playoff game against Heritage Hall to the basketball homecoming game against Hartshorne, the sports we played will forever tie us to the teammates, coaches, and fans that helped make these events more than a sports memory, more than just a game.

the sports we played

I Want My Ball Back >> Sophomore **Bruce Engle** brings down Checotah Wildcat junior **Jacob Barrett** to keep him from getting a first down. His job as middle linebacker was to get to the football as fast as possible. photo by Mahaylee Minor

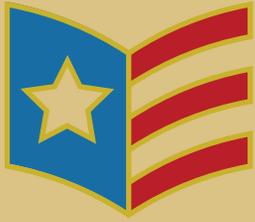
> DIVIDER

050

the sports we played >> sports
section opening
page by Mahaylee Minor

"Something I wish people knew about me is that I can do front flips on the trampoline."
>> Christian Williams, kindergarten

051



Camo You See Me Now? >> Dressed in his hunting gear, sixth grader **Brian Lopez** participates in Camo Day at the middle school. **Lopez** wore his camouflage shirt to support Red Ribbon Week. *photo by Breawna Starkey*



Happy Hippy >> Throwing up a peace sign, sixth grader **Presley Thomas** dresses in her 70's themed outfit. **Thomas** chose the hip look for Decades Day of Red Ribbon Week. *photo by Rilee Decker*

the red-ribbon treatment

Middle school campus acknowledges that dangers of drugs through awareness



Jersey Boys >> Representing their favorite professional football teams, sixth graders **Kaden Huggins** and **Austin Cantrell** dress up with jerseys for Favorite Sports Team Day. *photo by Arianna Eakle*

Exceedingly Well Red >> On the final day of Red Ribbon Week, fifth grader **Emma Autrey** participates in wearing red on the traditional final day of the week, Red Day. *photo by Scout Powell*

but what you don't know



Running late to his deer stand, senior **Carson Gray** had the mindset that he had ruined the hunt for the day.

"As soon as I got there I had my eyes on a doe, but she got spooked and ran off. At that point, I just knew that it wasn't going to be a good hunting day," **Gray** said.

It wasn't long until his view of the morning prospects changed.

"I saw the doe come back, and so I started to load my weapon. Then I saw the buck following right behind her, so I hit him and then thanked God right after," **Gray** said. *photo by Cody Gray*

the best that you can

Donating canned goods shows students the importance of giving to those in need



Having the Upper Canned >> Proud of his overall class' accomplishment, eighth grader **Luke Adcock** helps organize all of the donated canned food. The canned food drive at the middle school was also a competition between classes. "I was so proud at the amount of cans my grade brought. Winning an ice cream party was great, but being able to donate around 1,900 cans to children in need was better than anything," **Adcock** said. *photo by Arianna Eakle*



Feel Good, Give Cans >> Sixth grader **Janelle Hurst** unloads her canned goods and adds them to the rest. During the food drive, **Hurst's** donated about fifteen cans. "The thing with donating cans is that it seems like a small thing, but those couple of cans could change someone's life. I feel like I am helping myself every time that I help others," **Hurst** said. *photo by Jessie Bohanan*



Donate Away >> Emptying his sack of cans, eighth grader **Will Griffith** donates to the food drive. **Griffith** gathered all the cans possible and entered them into the contest for charity. "The food drive is something I always take part in because it feels good to give back, and because I love the competitive feeling of the contest between the classes," **Griffith** said. *photo by Arianna Eakle*



A Twist in the Tail >> Having been a member of Future Farmers of America for four years, senior **Saylor Thornton** maintains control of her hog during her moment in the ring. "When I won reserve grand champion at a show, I was beyond shocked," **Thornton** said. *photo by Breawna Starkey*

Champ Act >> Guiding the pig with her prod, seventh grader **Jordyn Cantrell** shows off her hog to the judges during the lamb and hog show at the Haskell County Fair Barn. "A lot goes into showing pigs, but winning reserve champion made all the hard work worth it," **Cantrell** said. *photo by Breawna Starkey*



swine flew around the ring

4H, Future Farmers of America students practice, hone animal husbandry skills

>> The ringing of an alarm in the early hours of the morning is something all students experience on a school day, but for senior **Brooke Hodges**, it rang earlier and louder, reminding her of the responsibilities that awaited her.

Hodges showed pigs since her freshman year of high school and raised approximately forty pigs over that time.

"Showing has taught me so many things, but responsibility is at the top of

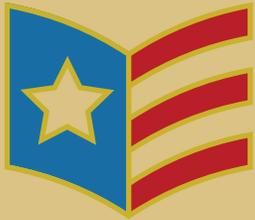
the list. I have missed out on a lot of social events due to the amount of time I have had to dedicate to my pig," **Hodges** said.

While **Hodges'** senior year was the last to show, sixth grader **Brody Rowland** was just getting started in the animal showing process.

"Not everyone realizes just exactly how much time, energy, and money goes into it," **Rowland** said.

"One thing I wish more people knew about me is that I can break dance because I do it all of the time."

>> Ryland Davis, third grade



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP

locker & loaded

High school locker etiquette includes design, use of space, overall functionality

Next Door Neighbors >>

"It's pretty cool to be locker neighbors with [sophomore] Michael McCormick. We talk about what's going on in the class he came out of. On breaks we talk even if we do have classes together," sophomore Gabriel Chapman said.

Shelf Space >> "I keep a shelf in my locker so everything stays organized for my classes. I also have really bad OCD about my locker and if anything is out of order I have to fix it. The shelves help prevent things from being unorganized," freshman Daylee Sloan said.

There's a Book for That >> "I keep my books in my locker so I do not have to carry them or lose them. I also do not want to chance tearing them up or forgetting them at home or in a vehicle and needing them. It also relieves stress off of my shoulders," junior Brandon Hale said.

Snacks on the Go >> "I am always hungry for [granola bars] so having them in [my locker] helps me. I also keep [the bars] in my locker so if my friends get hungry they can have one too. They also help me to not be hungry during class," freshman Carson Turner said.



Note to Self >> "My friends like to leave their names and write the dates on [my magnetic whiteboard]. I like to also keep cute little notes on it. I actually have been keeping one in my locker since middle school as a little tradition," freshman Emma Upton said.

Mirror, Mirror on the Wall >> "I keep a mirror in my locker so when I get back from track I can fix my hair if I need to, and so my friends can fix their make-up or hair as well. I have kept a mirror in my locker every year basically. It is an essential part of my locker," freshman Jada Bray said.

Picture This >> "I keep pictures of my best friend [sophomore] Zandria Martin in my locker. At the beginning of the year, I decided I did not want my locker to look plain, so I put pictures in there. This is my first year keeping any kind of pictures in my locker," sophomore Bailee Dunham said.



junior
Miranda Nance

Bubble Blower >> "One time in fifth grade I ate a piece of bubble gum from underneath the table in the middle of class for two pieces of chicken. My sister doesn't like when I pop my gum. I always have Big League in my truck. I only like original gum flavor," sophomore Cole Highfill said.



I Can't Hold It Any More >> "I have to use the bathroom before going to [my English III] class because if not I have to sign up for detention and I don't want to do that. I've never had to sign up for detention for using the bathroom so I'm not going to start now," junior Hannah Dunkin said.



May I Have Your Attention? >> "Towards the end of class I'm always trying to wrap up what I'm doing like trying to get the last finishing touches and then the intercom turns on and I get totally distracted and it gets my mind off the subject," freshman Miranda Taylor said.



The Next Text >> "When people are like laughing at their phone, it's really distracting, but I really want to know what's on there and I'm dying to know what they're laughing at. Then they just don't tell you at all and they just keep it to themselves," freshman Sydney Shelton said.

classroom distractions & infractions

Student minds compete with a variety of unavoidable, intentional interruptions

Drill Versus Chill >>

"The fire drill makes me distracted because when I'm in class working and trying to be a good student the alarm goes off and it gets me out of my zone. The alarm is really loud and it catches you off guard but it also signals danger," junior Nick Birchell said.



Too Hot or Cold? >> "The classroom being cold distracts me because I spend my whole class trying to get warm and I cannot focus on getting my work done or what the teacher is saying. When the class is hot, it distracts me because I get real cozy and super tired," sophomore Ryleigh Guthrie said.



sophomore Ethan Nance & freshman Michael Smith



Can't Stop Watching >> "The jellyfish [in my teacher's class] are distracting because they are colorful and move constantly. Their bright colors catch my eye when I'm working sometimes. The way they move is calming but they can make someone's time go quickly," junior Hailey Hunter said.

Coughing Up a Storm >> "When people cough in class it doesn't bother me until they start doing it to be annoying, but I get it if you're sick and I'll give you a cough drop. When they cough because their buddy is across the room and they [start talking] is when it's distracting," junior Kacie Hamilton said.



junior
Maltison Powell

> SECTION
DESIGN

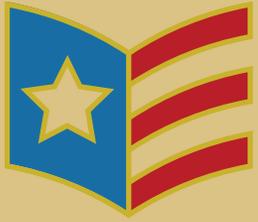
044

stuff that happened in our life >> student life lockers, classroom distractions page by Breawna Starkey and Morgan Stout

"The most unexpected thing that ever happened to me at school was I got a gift card for my good grades." >> Quametrius Jim, fourth grade

045

All photos by Ethan Jarvis



GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



the seniors graduate at the end>>

And what you know now is that a school year of predictability sometimes turns out to be a lot different than you expected.

Classes peopled with the same, but different people.

Pep assemblies with that same old magic, but new feelings of enthusiasm.

Cafeteria food that looks like the same old cafeteria food. (Hey, not everything can change, okay?)

But a lot does change. Why? Because we change. Inevitably we strive for the same place in the end, but the paths we take to get there are not always what we expect.

We adapt, we grow, and we transform. We become and continue to be us. The us we have always been, but never the us we were before.

But after it is all over, the seniors graduate at the end.

**Red,
White, &
You >>**

Donning their caps and gowns, seniors **Jacob Moore, Alyssa Xiong, Caedon Shelton, Erica Gann, and Grace Self** prepare to graduate. Graduation commencement was held on May 14 at 8:00 p.m.
photo by Ethan Jarvis

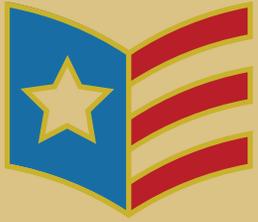
> **CLOSING**

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the seniors graduate at the end >>
theme closing
page by Mahaylee Minor

"The one thing I want to do before I graduate is make all A's on my report card."
>> **Kaytee Hackman, third grade**

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GLORIA SHIELDS
NSPA MEDIA
WORKSHOP



senior Jacob Moore photo by Ethan Jarvis

they graduated ...now what?

With their tassels turned, the seniors decided their next step forward. Some went to college, some went straight to work, and some were not sure what they were going to do. (Can't we just live with our parents forever?)

"I am going to Carl Albert for the first two years, then to NSU," **Hailey Zachry** said.

It was that time in their life when the possibilities for the future had no limits. That time where they were forced to make a decision: sink or swim?

"Live your lives with confidence, love, and self-discipline, and you'll be successful in anything you choose," Mrs. **Courtney Henson** said.

But what about everyone else? The kindergartners and fourth graders advanced to new buildings. And the eighth graders were no longer defined by just a number. (Welcome to high

school, freshmen.)

"I feel confident going into high school. I may have a few troubles in the beginning but by the second or third week I'll be good. The upperclassmen make me nervous [though]," eighth grader **Joshua Decker** said.

No one ever said it was going to be easy, but it wouldn't be as exciting if wasn't a challenge.

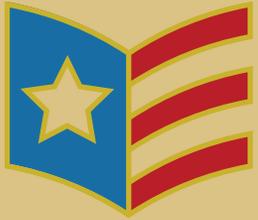
For those that didn't advance to new buildings, those students encountered new teachers, new classes, and new experiences.

And the following year, the senior class graduated again, but the year 2020 was an entirely different story.

> PARTING
PAGE

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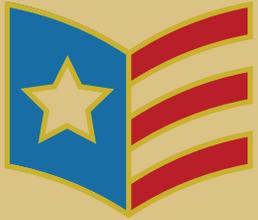
the seniors graduate at the end >>
theme closing finale
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- > *White space*
- > *Freestyle modular design*
- > *People-focused storytelling, profiles*
- > *Calendars*
- > *A variety of story presentations*

TRENDING



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BOOK LOOKS



What's trending in 2019 yearbooks

glorishieldsworkshop.com